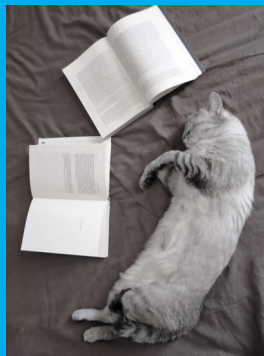
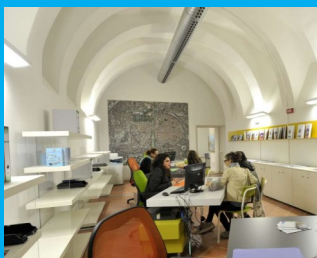


# WELCOME PACKAGE 2015-2016 ERASMUS & INTERNATIONAL STUDENTS



UNIVERSITÀ DEGLI STUDI DI PARMA





# WELCOME TO THE UNIVERSITY OF PARMA

**We are delighted that you have chosen to study at the University of Parma.**

**We hope that your time here will be challenging, academically rewarding and enjoyable.**

**This Welcome Guide is designed to help you manage the process of planning and moving to Parma for your studying experience. It provides you with instructions and guidance on visa application, registration procedures, admission requirements for the courses and on the services and facilities at your disposal.**

**Moreover, this booklet includes practical information for your arrival and your stay in Parma, as well as maps and important contact details. We have also added a specific section on Parma, containing handy tips on what to see and do in your free time.**

**We look forward to meeting and welcoming you to the University of Parma.**



**ECTS Label**

2013 — 2016

Awarded by the European Commission to

UNIVERSITÀ DEGLI STUDI DI PARMA

**The University of Parma has been awarded the ECTS Label twice in a row, for the period 2009-2013 and 2013-2016.**

**The University of Parma is a State University. As such, it is self-governing and has administrative, organisational, and accountancy autonomy, while providing tailored services for students.**

The ideal size of the University (30,000 students, with more than 5,000 graduates per year, and about 2000 faculty and staff members), together with the quality of life in Parma, has always attracted a large number of students from all over Italy. More than two-thirds of our enrolled students come from outside Parma and its province: for this reason, the University deserves top ranking for attracting the highest number of non-resident students nationwide.

## OUR UNIVERSITY

The different structures of the University allow students to study in a comfortable and efficient way, in the heart of the city (e.g. the Departments of the areas of Arts and Humanities, Law or Economics) or near green areas (the University Campus, where most scientific Departments are located). The activities and services provided by the University of Parma attract an ever-growing number of students. There are information offices and career counselling services to help students in their university course choice, a strong international network for didactic activities and research, and a lively exchange of students thanks to community programmes and scholarships.

We promote knowledge creation, transfer and progress to meet the increasing demand of advanced education and research in our society.

## OUR MISSION

We are a scientific community of a long tradition, made up by professors and researchers; we all work in the broader context of the international scientific community. We are an independent forward-looking community, open to the world and to the future.

## OUR VALUES

We foster study as a key factor for personal development and individual enrichment. Our aim is to guide and encourage students to make the most of their capacities.

We firmly believe in scientific progress and do our best for its enhancement. We give our contribution for the improvement and welfare of our society, through the diffusion of knowledge and educational tools.



Many **services and facilities** are available to students to enhance the quality of their studies and university life:

- ✓ **18 Departments** conducting high-quality research and didactic activities in all scientific-disciplinary areas.
- ✓ **36 First Cycle degree courses, 6 Single-cycle degree courses, 38 Second Cycle degree courses (2 totally held in English), as well as many Postgraduate schools, Postgraduate Teacher Training courses, several Master Programmes and PhD Research Projects**
- ✓ A 77 hectare University Campus, considered as a unique example in Italy; the Campus features 9 of the 18 Departments, study areas, libraries, computer and IT laboratories, canteens and sport facilities.
- ✓ Studying opportunities abroad, thanks to a number of agreements with hundreds of international universities.
- ✓ Undergraduate and postgraduate traineeships, on-the-job training in different companies and guidance for a better integration into the professional world.
- ✓ 16 Libraries equipped with study rooms and internet access points, boasting a rich catalogue of more than a half million books. The Library system offers a number of online services accessible from home, including a digital catalogue with electronic journals, online databases and e-books.
- ✓ A system of Museums and Research Centres
- ✓ Computer laboratories and Wi-Fi areas in most University structures.
- ✓ Large study rooms in each University building.
- ✓ Online services to register for exams and manage the bureaucratic aspects of the studying career.
- ✓ A personal e-mail account for each student, to constantly keep in touch with UNIPR.
- ✓ The University website [www.unipr.it](http://www.unipr.it), providing updated information and the latest news on UNIPR.
- ✓ The University Language Centre, to learn foreign languages at different levels.
- ✓ The Erasmus and International Home
- ✓ Part-time work (150 hours) in University structures
- ✓ Total or partial exemption from tuition fees, according to merit and/or economic status
- ✓ Services and support for students with disabilities and learning difficulties
- ✓ Tutor students helping other students in their academic life
- ✓ The University Choir and Orchestra, for students wishing to develop their passion for music
- ✓ Psychological counselling, to help students in difficult situations
- ✓ An online newspaper and a radio for students willing to develop their creativity in the communication field
- ✓ Top-level sport activities, courses and cutting-edge sport facilities managed by CUS Parma (University Sports Centre)

## OUR OFFER



## How to read this booklet

This booklet has been conceived for both Incoming Exchange Students (= students coming within the frame of Erasmus+, Traineeships or other International Agreements) and International Degree-seeking Students regularly enrolling on the University of Parma.

Please, carefully read the First Section for necessary information for your study period in Parma and follow the instructions according to your profile: procedures are different whether you are an exchange student or an international degree-seeking student and whether you come from the EU or not.

For this reason, we have expressly indicated to which type of student our instructions refer to; this way, we can better help you in finding all that you need.

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# Academic calendar

Lectures normally **begin in September/October and end in May/June**.

Lectures are held for two semesters, and each semester includes a teaching and an evaluation period.

The semesters are organised as follows:

**1st Semester** (September/October – January)

**2nd Semester** (February/March – June)

Examinations are usually held in winter (January and February), summer (June and July) and autumn (September and October). Some courses also have a spring session (March-April). However, the detailed calendar varies depending on each study area: according to your course choice, check on the right Department website, where any information about lecture timetables, exams and programmes are published when available.

Lectures are also suspended for two weeks over the Christmas period and for one week at Easter.

The **academic calendar** (containing all national holidays as well as closures) is posted every year on the University website.



# Areas of Study

## DEPARTMENT OF ARTS AND LITERATURE, HISTORY AND SOCIAL STUDIES

Head of the Department: prof Luigi Allegri  
P.le della Pace, 7/A  
Phone number: +39 0521 903501

**First Cycle Degree Courses:** Artistic and Performing Art Heritage; Arts and Humanities

**Second Cycle Degree Courses:** History and Critic of Arts and Spectacle; Journalism and Publishing Culture; Social and Clinical Applied Psychology

## Arts and Humanities

## DEPARTMENT OF CLASSICS, MODERN LANGUAGES, EDUCATION, PHILOSOPHY

Head of the Department: prof Giuseppe Biondi  
Via M. D'Azeglio, 85  
Phone number: +39 0521 902542

**First Cycle Degree Courses:** Educational Sciences; Modern Foreign Languages and Civilizations; Philosophical Studies

**Second Cycle Degree Courses:** Classical and Modern Philology and Literature; Design and Coordination of Educational Services; Languages, Cultures, Communication; Philosophy

## DEPARTMENT OF ECONOMICS

Head of the Department: prof Luca Di Nella  
Via J. Kennedy, 6  
Phone number: +39 0521 902412 / 902510

**First Cycle Degree Courses:** Economics and Management

**Second Cycle Degree Courses:** Company Administration and Management; Finance and Risk Management; International Business and Development; Trade Marketing and Commercial Strategies

## Economics

## DEPARTMENT OF INDUSTRIAL ENGINEERING

Head of the Department: prof Rinaldo Garziera  
Parco Area delle Scienze, 181/A  
Phone number: +39 0521 905701

**First Cycle Degree Courses:** Management Engineering; Mechanical Engineering

**Second Cycle Degree Courses:** Management Engineering; Mechanical Engineering; Mechanical Engineering for Food Industry

## Engineering and Architecture

## DEPARTMENT OF CIVIL, ENVIRONMENTAL, LAND MANAGEMENT, ENGINEERING AND ARCHITECTURE - DICATEA

Head of the Department: prof Paolo Mignosa  
Parco Area delle Scienze, 181/A  
Phone number: +39 0521 905922 / 905923

**First Cycle Degree Courses:** Architectural Science; Civil and Environmental Engineering

**Second Cycle Degree Courses:** Architecture; Civil Engineering; Environmental and Land Management Engineering

## DEPARTMENT OF INFORMATION ENGINEERING

Head of the Department: prof Stefano Selleri  
Parco Area delle Scienze, 181/A  
Phone number: +39 0521 905801

**First Cycle Degree Courses:** Computer, Electronic and Communications Engineering

**Second Cycle Degree Courses:** Communication Engineering; Computer Engineering; Electronic Engineering



## Food and Agriculture

### DEPARTMENT OF FOOD SCIENCE

Head of the Department: prof Arnaldo Dossena

Parco Area delle Scienze, 95/A

Phone number: +39 0521 906356 / 905965

**First Cycle Degree Courses:** Food Science and Technology; Gastronomic Science

**Second Cycle Degree Courses:** Food Science and Technology

### DEPARTMENT OF LAW

Head of the Department: prof Giovanni Bonilini

Via Università, 12

Phone number: +39 0521 904575

**First Cycle Degree Courses:** Political Science and International Relations; Social Work

**Second Cycle Degree Courses:** International and European Relations; Management in Social Work

**Single Cycle Degree Courses:** Law

## Law and Social Studies

### DEPARTMENT OF MATHEMATICS AND COMPUTER SCIENCE

Head of the Department: prof Adriano Tomassini

Parco Area delle Scienze, 53/A

Phone number: +39 0521 906900

**First Cycle Degree Courses:** Mathematics; Computer Science

**Second Cycle Degree Courses:** Mathematics

### DEPARTMENT OF CHEMISTRY

Head of the Department: prof Maria Careri

Parco Area delle Scienze, 17/A

Phone number: +39 0521 905445

**First Cycle Degree Courses:** Chemistry

**Second Cycle Degree Courses:** Chemistry; Industrial Chemistry

## Mathematical, Physical and Natural Science

### DEPARTMENT OF PHYSICS AND EARTH SCIENCES "MACEDONIO MELLONI"

Head of the Department: prof Roberto De Renzi

Parco Area delle Scienze, 7/A

Phone number: +39 0521 905259 / 905296

**First Cycle Degree Courses:** Physics; Geological Sciences

**Second Cycle Degree Courses:** Physics; Geological Sciences and Technologies; Sciences for Conservation and Restoration

### DEPARTMENT OF LIFE SCIENCES

Head of the Department: prof Nelson Marmioli

Parco Area delle Scienze, 11/A

Phone number: +39 0521 905631 / 905693

**First Cycle Degree Courses:** Biology; Biotechnology; Natural and Environmental Sciences

**Second Cycle Degree Courses:** Biology and Biomedical Applications; Ecology and Nature Conservation; Industrial Biotechnology; Molecular Biology; Sciences and Technologies for Environment and Resources

## DEPARTMENT OF BIOMEDICAL, BIOTECHNOLOGICAL AND TRANSLATIONAL SCIENCES - S.BI.BI.T.

Head of the Department: prof Marco Vitale  
Via Gramsci, 14  
Phone number: + 39 0521 903038 / 903107

**First Cycle Degree Courses:** Orthoptic and Ophthalmologic Assistance; Sport Sciences, Physical Exercise and Human Health

**Second Cycle Degree Courses:** Medical, Veterinary and Pharmaceutical Biotechnologies; Theory And Methods of Preventive and Adapted Physical Activities

**Single Cycle Degree Courses:** School of Dental Medicine

## DEPARTMENT OF SURGERY

Head of the Department: prof Pierfranco Salcuni

Via Gramsci, 14  
Phone number: +39 0521 904908 / 903530

**First Cycle Degree Courses:** Imaging and Radiotherapy techniques; Midwifery; Nursing

**Second Cycle Degree Courses:** Nursing and Midwifery Sciences

# Medicine and Surgery

## DEPARTMENT OF CLINICAL AND EXPERIMENTAL MEDICINE

Head of the Department: prof Antonio Mutti  
Via Gramsci, 14  
Phone number: +39 0521 903184

**First Cycle Degree Courses:** Audioprothetic Techniques; Biomedical Laboratory Techniques; Environment and Workplace Prevention Techniques; Speech and Language Therapy

**Single Cycle Degree Courses:** Medicine and Surgery (\*)

## (\*) FACULTY OF MEDICINE AND SURGERY

Dean prof Gian Paolo Ceda  
Via Gramsci, 14  
Phone number: +39 0521 903425

## DEPARTMENT OF NEUROSCIENCE

Head of the Department: prof Giuseppe Luppino

Via Volturmo, 39  
Phone number: +39 0521 903879

**First Cycle Degree Courses:** Physiotherapy; Psychology: Theory and Techniques

**Second Cycle Degree Courses:** Psychobiology and Cognitive Neuroscience

## DEPARTMENT OF PHARMACY

Head of the Department: prof Patrizia Santi  
Parco Area delle Scienze, 27/A  
Phone number: +39 0521 905010

**Single Cycle Degree Courses:** Pharmaceutical Chemistry and Technology; Pharmacy

# Pharmacy

# Veterinary Medicine

## DEPARTMENT OF VETERINARY SCIENCE

Head of the Department: prof. Attilio Corradi  
Via del Taglio, 8  
Phone number: +39 0521 902641

**First Cycle Degree Courses:** Livestock Science and Animal Production Technologies

**Single Cycle Degree Courses:** Veterinary Medicine



**1.**

# **Administrative Information**



# What will you need?

## If you are an Exchange student...

- ✓ Application Form (page 13)
  - ✓ Learning Agreement (pages 13; 26)
  - ✓ Certificate of Arrival/Departure/Attendance (pages 26; 27)
  - ✓ Entry Visa (Non-EU students only) - (pages 21-22)
- When in Italy:
- ✓ Residence Permit (Non-EU students only) - (pages 23-25)

## If you are an International Degree-seeking student

- ✓ High school qualification/Degree or equivalent school or academic qualification translated and legalized (pages 14-20)
  - ✓ Declaration of Value - *Dichiarazione di valore in Loco* (pages 14-20)
  - ✓ Pre-application to the course (Non-EU students only) - (pages 14-20)
  - ✓ Entry Visa (Non-EU students only) - (pages 21-22)
  - ✓ Check the application procedure and follow instructions (pages 14-20)
- When in Italy:
- ✓ Residence Permit (Non-EU students only) - (page (pages 23-25)

## Everybody!

- ✓ Your Identity Documents
- ✓ Money, credit card, etc.
- ✓ ...all the common things you bring when travelling!!
- ✓ Enthusiasm for your new and unforgettable experience!

Check if you have brought everything with you...now you are ready to go!!



# How to Apply – Exchange students

The main office for Exchange students at the University of Parma is the [Erasmus and International Home \(EIH\)](#), located in P.le San Francesco 3 - 43121 Parma. The EIH manages application procedures, and provides information and assistance as regards Erasmus Plus and other Exchange Programmes, including international agreements (see section “Advice and Support - Erasmus and International Home”).

## Application procedure

The application procedure is available online in two different periods: one session is dedicated to students arriving in the first semester or for the full academic year; the other session is for students arriving in the second semester.

You must submit your application and the required documents according to the registration deadlines for the first and/or second semester (usually published on the website). The nominated students will be informed by e-mail about details of the deadlines.

[The guidelines available on the University website \(on the page dedicated to Incoming students\)](#) will help you with the online application procedure.

The online procedure includes 3 steps:

[REGISTRATION](#), [PASSWORD ACTIVATION](#), [APPLICATION FORM](#).

Fill in every field with the requested data, then click on PRINT at the end of the whole procedure to print the Application Form. Once this process is complete, the printed form must be filled in by hand with the remaining data, signed and sent together with the other application documents to the following postal address:

**Università degli Studi di Parma**  
**Ufficio Protocollo**  
**Via Università, 12**  
**43121 Parma**  
**ITALY**

The required documents to be posted in order to finalize your application are:

- Application Form (fully and correctly completed, and signed)
- a copy of your ID (e.g. identity card, passport)
- 4 passport-size photos (photocopies or prints are not accepted)
- Learning Agreement in the new Erasmus+ format (fully and correctly completed, signed by yourself and by your Home University coordinator)

Medical students must also send an official copy of their most recent academic Transcript of Records.

Before sending your documents, make a copy of the Application Form and the Learning Agreement for personal reference in case the originals get lost; remember to bring a copy of all these documents when you come to Parma.

Upon receipt of your Application documents you will be formally added to our University database as an exchange student.

If you have any further queries, contact the EIH at [incoming@unipr.it](mailto:incoming@unipr.it).

## Remember!

- ✓ The Application Form for incoming students must be submitted only by students who have previously been nominated by their Home University in the frame of the Erasmus Plus Programme or other international agreements between their University and the University of Parma.
- ✓ It is important that you keep the password you create during the online procedure: you will need it for the student e-mail account you will be given after coming to our Erasmus and International Home to complete your enrolment upon your arrival in Parma.

**[Congratulations! You can now start preparing your stay in Parma](#)**



# How to Apply – International Degree-seeking students

Access and enrolment rules vary depending on the degree course. Courses can be grouped into:

- ✓ **free-access courses** (standard application and enrolment)
- ✓ **courses with national admission test** (application for national admission test + standard application and enrolment)
- ✓ **courses with local admission test** (application for local admission test + standard application and enrolment)
- ✓ **courses with locally-regulated enrolment** (standard application + acceptance based on the chronological order of enrolments)

**Second Cycle Degree Courses** also include a preliminary assessment of the admission requirements prior to application and enrolment

Each course has its own deadlines as regards admission procedures and payment of tuition fees. The dates for the admission test also vary depending on the course and the area of study. The admission rules of the Degree Course of choice must be verified on the website or (if available) on the call for applications.

Enrolment procedures vary depending on whether you are:

**an EU or EU-equated applicant** (\*) (independently of your place of residence),  
including **Non-EU applicants living in Italy on a regular residence permit** (\*\*)

OR

**a Non-EU applicant living outside Italy**

For both categories, foreign documents and certificates must be officially issued by the competent authority of the awarding institution and translated into Italian. Documents must then be certified and notarized by the competent Italian Embassy/Consulate of the country where the awarding institution is located; the Italian Embassy/Consulate will issue the “Declaration of Value” (*DV - Dichiarazione di Valore in Loco*).

The documents to be translated and certified are:

- ✓ **High school qualification – for enrolments on First Cycle or Single Cycle Degree Courses:** the (original or duplicate) school-leaving certificate or equivalent qualification obtained abroad which allows the student to access Higher Education and University Studies (only if the qualification was achieved on completion of at least 12 years of previous education).

OR

**First cycle degree – for enrolments on Second Cycle Degree Courses or 1st level Master Programmes:** prospective students need a First Cycle or three-year university degree, or any another qualification obtained abroad and recognised as equivalent

OR

**Second cycle degree or Single Cycle Degree or 2nd level Master Programme** or equivalent qualifications obtained abroad for students wishing to pursue their studies in postgraduate programmes (PhDs, Postgraduate Schools, 2nd level Master Programmes).

- ✓ (only if the educational system in your country lasts less than 12 years) the certificate attesting the completion of academic studies or a post-higher education qualification issued by a non-academic higher education institution;
- ✓ (only if entry exams are mandatory for admission to university in your country) the relevant university access (e.g. the “Selectividad” in Spain).

In addition to the aforementioned documents, **Non-EU students** must submit the **pre-application for the degree course of their choice (original copy)** to the competent Italian Embassy or Consulate in order to obtain their **Entry visa for study purposes** (see section “Visa Application”).

Once the required documents have been notarized, the Italian Embassy/Consulate will issue the **Declaration of Value (Dichiarazione di Valore in Loco)**: it is an official document (written in Italian) which briefly describes and certifies the validity of a qualification awarded by an institution which does not belong to the Italian Educational System. The DV usually includes the following information:

- legal status and description of the awarding institution;
- requirements for admission to the programme leading to the qualification obtained;
- length of the programme and/or global workload in hours/credits;
- validity of the qualification in the awarding country to academic and/or professional ends.

**Please note:** Italian Embassies/Consulates do not submit any documents to the Italian Universities: students must submit the validated applications and **attached documents** to the University.

### Non-EU students must also:

- ✓ Apply for the degree course of their choice in the **quota of places reserved for Non-EU students resident abroad holding a residence permit for Italy**. The quota is set every year by the Italian Ministry of Education, University and Research, and varies depending on the degree course.

The quota reserved for non-EU students may entail an admission test for free-access courses too if the number of applications exceeds the number of reserved places.

A specific quota is reserved for **Chinese students** participating in the **Marco Polo project**; Chinese students who are not part of this project must apply in the general quota for non-EU students.

- ✓ Sit the Italian language proficiency test (generally scheduled at the beginning of September) **before** enrolling on a course (or taking an admission test), if such a competence is required. In any case, be aware of the fact that your level of Italian must be quite good: you must be able to understand, speak and write both general and academic Italian. However, the University of Parma organizes intensive Italian Courses for incoming students (see section: Italian Language Courses for Incoming Students).

Detailed information about the location of the Italian language test is available either in the call for applications or by contacting the Students Registry Office of the degree course of choice.

- ✓ The Italian language test is **not required** for students enrolling on **one of the courses entirely held in English** (Second Cycle Degree Courses in Communication Engineering and in International Business and Development).
- ✓ EU and EU-Equated students **are not required to sit** the Italian proficiency test.

Further information can be retrieved on [www.universitaly.it](http://www.universitaly.it) and <http://www.studiare-in-italia.it/studentistranieri/>

## Further notes:

(\*)**EU citizens:** from all the member states of the EU

**Eu-Equated citizens, i.e. citizens from:**

- a) the EEA (Iceland, Liechtenstein, Norway)
- b) Switzerland
- c) the Republic of San Marino

share the same treatment as EU nationals, independently of their place of residence (in Italy / outside Italy).

The same provisions (also regarding admission tests) apply to the following categories of citizens:

(\*\*) d) **Non-EU citizens legally living in Italy on a regular residence permit** issued for study, work, or family reasons; **Non-EU citizens who have legally lived in Italy for at least one year and obtained a high-school certificate or academic qualification in Italy or from an Italian institution in their home country** (according to specific agreements); **Non-EU citizens in Italy on a regular residence permit for study purposes if previously enrolled on a degree course in any Italian university;**

e) political refugees;

f) staff of foreign diplomatic offices (Embassies/Consulates) as well as International Organizations based in Italy— accredited either by either the Italian Government or Vatican City— and their family members (spouse and children).

The abovementioned Non-EU citizens are thus included in the number of general enrolments on the course, not in the quota reserved for other Non-EU citizens.

## Remember!

If you have **double nationality (Italian and other)**, you must follow the provisions for Italian citizens (i.e. **the Italian citizenship prevails**).





## APPLICATION PROCEDURE:

### STEP 1:

#### **Translation and Notarization of Documents (for both EU and Non-EU degree-seeking students who have obtained their school/academic qualifications abroad and are enrolling on the University of Parma for the first time)**

You need to:

- ✓ have your foreign documents (high school certificate – or equivalent - if enrolling on a First or Single Cycle Degree Course; First Cycle Degree – or Bachelor’s Degree or equivalent – if enrolling on a Second Cycle Degree Course) officially translated into Italian and approved by the competent authority of the awarding country;
- ✓ submit the abovementioned documents **to the Italian Embassy/Consulate of your country of residence, which will then notarize your documents and issue the “Declaration of Value”**

If you are **Non-EU student**, you must also submit the **pre-application form**. The Italian Embassy/Consulate will also issue the visa for study purposes (see section: “Visa Application”). If required by your degree course, you also have to pass the Italian language proficiency test (scheduled at the beginning of September) before starting the online application.

**Non-EU students** will also need to have a passport-size photo signed on the back and validated by the Italian Embassy/Consulate.

### STEP 2: **Online registration**

#### **Remember!**

If you have obtained your school/academic qualification in Italy you are not required to have your documents translated and the Declaration of Value (thus skip Step 1).

You will need:

- ✓ A computer with Internet access
- ✓ A printer
- ✓ A valid ID document (ID card or passport)
- ✓ Your tax code or health card (if you do not have one, the system will automatically work out your tax code, which is to be retained for the whole procedure)
- ✓ Data on your high school career (or Bachelor’s Degree)
- ✓ A valid e-mail address (to receive enrolment confirmation)
- ✓ A credit card, if you are paying from abroad (credit cards accepted: CARTA SÌ, JCB, MAESTRO; MASTERCARD; VISA; VISA ELECTRON; or payment by PAGOBANCOMAT cash card). If you are in Italy, you can also pay with the MAV)
- ✓ A passport-size photo

You can now register on the ESSE 3 system of the University of Parma, at <http://unipr.esse3.cineca.it> (click on the UK flag for the English version). Follow the instructions and insert all the data requested. At the end of this procedure, the system will issue your access credentials for you to log in for the online application procedure.

## STEP 3:

### Online application

The online application procedure is similar for all degree courses. However, courses with admission test or second cycle degrees require further steps to be taken before the standard online application procedure.

- **Free-access courses and courses with locally-regulated enrolment: standard online application procedure (most First Cycle Degree Courses)**

- ✓ Log in with your credentials on [www.unipr.it](http://www.unipr.it) and click on the banner " **Iscrizioni On Line**" (Online enrolments)
- ✓ Choose the course
- ✓ Enter the required data
- ✓ When requested, upload:
  - a passport-size photo
  - a copy of the ID document used for registration (both inner and outer side)
  - a copy of your tax code/health card or the tax code issued during registration
  - for Non-EU students: a copy of your residence permit or of the receipt for its renewal
- ✓ Print the online application form and add the date and your signature
- ✓ Pay the first instalment of the tuition fees, either by credit card (online) or by downloading the MAV form and paying the sum in a bank in Italy. **Payment made abroad must be by credit card.**

- **Courses with national admission test**

Access to the degree courses in **Architectural Science, Veterinary Medicine, Medicine and Surgery, School of Dental Medicine and the courses of Health Professions** is regulated by a national admission test

Before starting your standard online application procedure, you must apply for and pass the national admission test.

You will have to:

- ✓ register on the [Universitaly website \(www.universitaly.it\)](http://www.universitaly.it) for your pre-application to the admission test. Follow the instructions and enter all the necessary information
- ✓ log in with your credentials on [www.unipr.it](http://www.unipr.it) and click on the banner " **Iscrizioni On Line** " (Online enrolments) at least 24 hours after completing the pre-application procedure
- ✓ choose the course
- ✓ enter the required data
- ✓ print the receipt of the online application for the national admission test
- ✓ pay the admission test fee (€ 50.00 – not refundable), either by credit card (online) or by downloading the MAV form and paying the sum in a bank in Italy. **Payment made abroad must be by credit card.**
- ✓ sit the admission test on the scheduled date. Bring your Identity Document (the same indicated in the online application), the receipt of the online application and the receipt of payment of the admission test fee

Further details are indicated in the call for applications.

On passing the test, you will then have to follow the standard online application procedure.

**Please note:** Non-EU students who have to pass the Italian proficiency test, must do so **before** sitting the national admission test.

- **Courses with local admission test**

Access to the degree courses in **Psychology: Theory and Techniques, Business Management and Trade Marketing and Commercial Strategies** is regulated by a local admission test.

For the degree course in **Psychology: Theory and Techniques**, you must enrol at the University of Modena and Reggio Emilia and follow the instructions on the call for applications at: <http://www.unimore.it/AZdoc/abstractinenglish.pdf>  
Before starting your standard online application procedure, you must apply for and pass a local admission Test.

You will have to:

- ✓ log in with your credentials on [www.unipr.it](http://www.unipr.it) and click on the banner " **Iscrizioni On Line** " (Online enrolments)
- ✓ choose the course
- ✓ enter the required data
- ✓ print the receipt of the online application for the local admission test
- ✓ pay the admission test fee (€ 50.00 – not refundable), either by credit card (online) or by downloading the MAV form and paying the sum in a bank in Italy. **Payment made abroad must be by credit card.**
- ✓ sit the admission test on the scheduled date. Bring your Identity Document (the same used for the online application), the receipt of the online application, the receipt of payment of the admission test fee and any other documents specified in the call for application.

#### Second Cycle Degree Courses

- ✓ Before starting the online application procedure, contact the Student Registry Office of the course you have chosen to have your academic qualification and pre-requisites assessed.
- ✓ Once you have obtained approval, you can start your online registration and **application procedure as indicated** (standard application procedure for free-access courses / admission test application, then standard application procedure for courses with national or local admission test).

On passing the test you will have to follow the standard online application procedure.

**Please note:** Non-EU students who must pass the Italian proficiency test, must do so **before** sitting the local admission test.

### STEP 4:

#### **Definitive enrolment**

##### **If you are an EU or EU-equated student:**

- ✓ send **an e-mail** to the Student Registry Office of the degree course of your choice (full list available at <http://www.unipr.it/didattica/info-amministrative/segreteria-studenti>) by the deadline, attaching the following:
  - a copy of the receipt for the first instalment of the tuition fees
  - your application form, with the date and your signature
  - a copy of the "Declaration of Value"

The **Subject** of the e-mail must bear your **FAMILY NAME, NAME, DEGREE COURSE CHOSEN (in Italian)**

On receiving this e-mail and all the documents, the University will reply by e-mail confirming your enrolment: you will receive your student ID number (registration number) and your University e-mail address (name.familyname@unipr.it).

Once this procedure is complete and you have arrived in Italy you will also be required to submit a copy of your school career certificate and of the Declaration of Value to the Student Registry Office of your degree course within the deadline (varying depending on the degree course chosen).



### If you are a Non-EU student:

- ✓ **Within a short time** send an e-mail to the Student Registry Office of the degree course of your choice (full list available at <http://www.unipr.it/didattica/info-amministrative/segreteria-studenti>), attaching the following:
  - a copy of the payment receipt for the first instalment of the tuition fees
  - your application form with the date and your signature.

The **Subject** of the e-mail must bear your **FAMILY NAME, NAME, DEGREE COURSE CHOSEN (in Italian)**

- ✓ go to the Student Registry Office of the course selected **before the established deadline (11 September 2015)** and hand in the following documents:
  - original copy of the foreign high school certificate (or academic qualification) translated into Italian and notarized by the Italian Embassy/Consulate
  - any other document concerning your previous school (or academic) career (if required by the educational system of your country), translated and notarized by the Italian Embassy/Consulate
  - "Declaration of Value"
  - a copy of your Identity Card or Passport (include all pages containing your personal data)
  - Residence permit or receipt for its renewal

On receiving your e-mail and all the documents, the Student Registry Office will confirm your enrolment: you will receive your student ID number (registration number) and your University e-mail address (name.familyname@unipr.it).

### • **Courses with locally-regulated enrolment**

Follow the instructions for definitive enrolment as above (depending on your profile: EU or Non-EU). Bear in mind that:

- ✓ the e-mail to the Student Registry Office of the degree course you have chosen must be compulsorily sent **within 3 working days**
- ✓ the Student Registry Office will send you confirmation of enrolment **within 5 working days**

## FURTHER NOTES

### **For free-access courses:**

- ✓ admission to free-access courses beyond the deadline may be exceptionally approved upon a justified request to the Rector.

### **For courses with national or local admission tests:**

- ✓ on the basis of both ministerial provisions for nationally planned courses and local planning regarding admissions, the University publishes the dates of the admissions tests and the prerequisites for participation. The tests are supervised special commissions, as

identified in the regulation of the different courses, in compliance with current national legislation. The results are publicised as early as possible.

- ✓ Non-EU candidates taking part in admission tests are admitted to the tests even with a Shenghen short-stay Visa. However, they must have a regular long-stay Visa when starting their application procedure.

### **For Non-EU students:**

- ✓ definitive enrolment is possible only on submitting the necessary **residence permit**
- ✓ if you need to take an Italian proficiency test (if required by your course), this is generally scheduled before the admission test of the course selected. If you already have a certificate of Italian language (at least of B2 level), ask your University if you need to take the Italian test anyway.

# Visa Application

An entry visa is the authorization which enables you to enter Italy and is generally mandatory for Non- EU citizens. It is a printed visa sticker that is attached to your passport or other valid travel document.

## EU and EU-equated students

If you are an EU citizen, you do not need a visa to enter Italy.

Also exempted from needing an Italian visa are citizens from:

- a) the EEA (Iceland, Liechtenstein, Norway)
- b) Switzerland
- c) the Republic of San Marino.

The same provisions as those concerning EU nations apply to the following categories of citizens too:

- (\*\*) d) non-Eu citizens legally living in Italy on a regular residence permit issued for study, work, or family reasons; non-EU citizens who have legally lived in Italy for at least one year and obtained a school certificate or academic qualification in Italy or from an Italian institution in their home country (according to specific agreements); non-EU citizens in Italy on a regular residence permit for study purposes if previously enrolled on a degree course in any Italian university
- e) political refugees;
- f) staff of foreign diplomatic offices (Embassies/ Consulates) as well as International Organisations based in Italy — accredited by either the Italian Government or Vatican City — along with their family members (spouse and children).

If you have **double citizenship** (one of which Italian), **Italian citizenship prevails** and you do not need a visa.

### Please note...

If your citizenship does not coincide with your residence, you might be asked to apply for your visa at the Italian Embassy/Consulate of your country of origin, since not every Country issues visas for foreign residents.

In case your country of residence (and/or of origin) does not have an Italian Embassy/Consulate, you will need to apply to the Italian Embassy/Consulate of the nearest country. We strongly recommend you get all necessary information in due time in order to submit your visa request to the relevant Italian Embassy/Consulate.

## Non-EU students (*Exchange/ International Degree-seeking*)

Students from a NON-EU Country generally need an entry visa for Italy, especially if their stay in Italy exceeds 90 days.

The visa request must be submitted to the closest Italian diplomatic representative (Italian Embassy, Consulate, etc...) in your country of residence. The visa can be obtained from Italian Embassies and Consulates upon production of a Letter of Acceptance or an official document from the University of Parma stating that you have been accepted as an exchange student or as an international degree-seeking student enrolling at the University.

If you need either of the abovementioned documents:

- ✓ **for Exchange students:** email a request to the Erasmus and International Home at [incoming@unipr.it](mailto:incoming@unipr.it) in due time (at least two months before arrival) and include all the necessary data.
- ✓ **for International Degree-seeking students:** submit the original copy of your pre-application for the degree course you have chosen to the Italian Embassy/Consulate of your Country of residence (see section: How to Apply – International Degree-seeking Students)

We strongly recommend that you familiarise yourself with the rules regarding your arrival and stay in Italy.

**Have all the documents required ready well ahead of your arrival date, since the visa must be obtained before coming to Italy.**

Check if you need a visa for Italy on the website of the Italian Ministry of Foreign Affairs, on <http://vistoperitalia.esteri.it/home/en> and enter your details.

For the type of visa (reasons of your stay), select:

- “study – EXCHANGE AND MOBILITY PROGRAM if you are an Exchange student
- “ study – UNIVERSITY REGISTRATION if you are an International Degree-seeking student

The website will give you all the necessary information on documents needed, fees and address of the Italian Embassy/ Consulate where you must apply for the visa.

You may not need to apply for a visa if you are from some specific countries (including Non-EU ones) and are staying in Italy for less than 90 days from arrival.

#### **If you need to obtain the entry visa for study purposes, you generally need:**

- ✓ thoroughly completed and signed Application Form for the Schengen visa
- ✓ passport or travel document valid for at least three months after the visa expiry date
- ✓ two recent passport-size photos
- ✓ proof of having been accepted as either an Exchange student (=Letter of Acceptance) or an International Degree-seeking student enrolling at the University/ admitted to take the entry tests, if required by the course you are enrolling on (= original copy of the pre-application)
- ✓ proof of economic means of sustenance in Italy (check the link above for the correct amount). This may be through:
  - proof of personal or family resources
  - guarantee of financial resources by accredited Italian institutions or agencies, local governments, or foreign institutions or agencies considered reliable by the Italian Diplomatic Representation
  - bank or insurance warranty, or equivalent credit instrument (bank letter of credit valid in Italy), or traveller's cheques or other documentation proving the availability of sources of income in Italy (by means of bank transfer or deposit from abroad)
- ✓ evidence of suitable accommodation in Italy
- ✓ proof of adequate health and accident insurance coverage for medical care and hospitalisation by means of:
  - confirmation from the relevant Consulate that the insurance is valid in Italy thanks to specific agreements between Italy and the applicant's country of origin
  - or
  - foreign insurance or insurance taken out with Italian bodies or companies with no limitation or exception to the fees for any emergency hospitalisation.

Check for all the details and correct application procedure on the website of the Italian Ministry for Foreign Affairs. Additional checks of the documents required should be done directly by the Italian authorities in the country of origin.



# Residence permit

## EU and EU-equated students

If you come from an EU country and you are spending 90 days or less in Italy, you do not need to proceed with official registration.

If you are spending more than 90 days in Italy, you must carry out their “Iscrizione Anagrafica” by registering at the **Town Council Register (Anagrafe)**:

DUC Direzionale Uffici Comunali (Piano -1)  
Largo Torello de Strada n. 11/A (viale Mentana) - Parma

You need the following documents:

- ⇒ your passport or identity document
- ⇒ self-certified statement of enrolment at the University of Parma
- ⇒ your European Health Card or health insurance (recognised as valid in Italy) covering the entire length of your stay
- ⇒ documentation proving the availability of adequate financial resources (e.g. proof of a scholarship, details of your bank account, etc.)

The Register Office will issue a document certifying your registration in the Civil Records (“Iscrizione Anagrafica”) approximately 30 days after your request of registration.

All details are available on the Town Council Website, at <http://www.comune.parma.it> (“Servizi” – “Servizi Demografici” – “Anagrafe” – “Rilascio attestazione di iscrizione di cittadino dell'Unione Europea”)

## Non-EU students

If you come from a Non-EU country and you are spending 90 days or less in Italy, you do not need to apply for a Residence Permit (*Permesso di Soggiorno*).

If you are spending more than 90 days in Italy, you must apply to the Italian authorities for a Residence Permit for study purposes within 8 days of your arrival in Italy.

### The first time that you apply for a residence permit, you need to:

- ⇒ collect the **KIT envelope** (which includes forms and information) for requesting a residence permit for study purposes from a post office featuring a “Sportello Amico”.
- ⇒ complete and sign the application for the residence permit for study purposes (Form 1 in the KIT envelope) and return the KIT to the post office along with copies of the following documents:
  - your valid passport or any other equivalent travel document bearing an entry visa, if required (make sure you provide a copy of all the pages of your passport containing personal data, stamp duty, seals and visa stamps of the countries visited)
  - an official document stating your status as exchange student (e.g. Letter of Acceptance) or enrolment at the University you are going to attend abroad (e.g. Pre-application form ) approved and stamped by the Italian Embassy/Consulate upon the issue of your VISA
  - declaration of hospitality

- your health and accident insurance valid all over Italy and covering the whole length of your stay
- proof of sufficient financial means for your stay in Italy (e.g. copy of your bank statement)
- a € 16 “*marca da bollo*” (electronic revenue stamp), available at any tobacconist’s, which will then be affixed on your residence permit application

⇒ At the post office you will need to pay:

- € 107.50 for the issue of an electronic residence permit (lasting over 90 days and up to one year) by using the postal payment slip (“*bollettino*”) provided in the KIT
- € 30 for post office service and postage of the KIT

The post office will then issue a receipt attesting your presence in Italy. The receipt also bears date and time of an [appointment for fingerprint recording at the Immigration Office of the \*Questura\*](#) (Police Headquarters Immigration Office), in [via Chiavari 15 - Parma](#). You will have to submit a copy of this receipt to:

The Erasmus and International Home, if you are an **Exchange student**

OR

The Student Registry Office of your degree course when matriculating to the University,  
if you are an **International Degree-seeking Student**

The complete electronic Residence Permit (which contains your personal data, photograph and fingerprints) will be definitively issued by the Immigration Office - *Questura*, generally within 30 days from the application. Your residence permit has the same validity as your visa. However, the residence permit can be renewed if you need to pursue your studies.

Remember that copies of the requested documents must be included in the KIT while the original ones must be retained as you will have to show them at the Immigration Office - *Questura* on your appointment, together with 4 recent and identical passport-size photographs.

**Remember!**  
You must submit a copy of your Residence Permit to the Erasmus and International Home (Exchange students) or to the Student Registry Office of your Degree Course (International Degree-seeking students).

### If you need to renew your Residence Permit you must:

- ⇒ go to the post office to request the KIT
- ⇒ fill in the application form in the KIT, specifying that it is a renewal
- ⇒ return the KIT to the post office along with the copies of the following documents:
  - your valid passport or any other equivalent travel document bearing an entry visa, if required
  - your residence permit
  - your health and accident insurance valid all over Italy and covering the whole length of your stay
  - proof of sufficient financial means for your stay in Italy (e.g. copy of your bank statement)
  - **for International Degree-seeking students only:** a certificate of enrolment listing the exams taken. If this is your first renewal, photocopy the documents which prove that you have passed at least 1 exam. For subsequent renewal requests, the document must prove that you have passed at least 2 exams. This document may not be necessary in cases of force majeure
  - **for Exchange students only:** a document issued by the University attesting that you need to pursue your studies (“extension form”) which must be signed by both the sending and receiving institutions ( i.e. your Home University and the University of Parma).

Renewal of the Residence Permit has the same cost as the first issue. We strongly recommend that you begin the renewal procedure at least 30 days before the expiry date.

For further information, visit the following websites:

- ✓ [www.poliziadistato.it](http://www.poliziadistato.it)
- ✓ [www.portaleimmigrazione.it](http://www.portaleimmigrazione.it)
- ✓ [www.stranieriinitalia.it](http://www.stranieriinitalia.it)



# On arrival

Welcome to Parma! Now that you have arrived in the city, there are some important things you need to do:

## Exchange Students

First, you must come to the Erasmus and International Home (Piazzale San Francesco 3) as soon as you arrive in Parma in order to complete your enrolment. [The EIH is open from 9 to 12 on Monday, Tuesday, Wednesday and Friday, and from 9 to 13 on Thursday.](#)

- ✓ [The EIH staff will sign your Certificate of Arrival, if you already have one from your Home University](#) (please bring a printed version). Otherwise, you can use our University Certificate, available at the EIH. The Certificate will be signed with the date of your **arrival at the EIH**.
- ✓ The Erasmus and International Home can also help you find accommodation in private flats (which you can share with other students) or halls of residence and provide assistance with any other problem you may have (e.g. information on your Department, assistance in filling in forms or applying for the residence permit, etc.).
- ✓ After registration as an exchange student at the University of Parma, you will be given a student card and your personal exam booklet. This booklet contains your personal data and will be filled in with your exam grades and credits by your Professors each time you pass an exam listed in your Learning Agreement. You must take good care of this booklet. You will also receive your student account, accessible with the same personal password you used for the online application procedure.
- ✓ If you need to **make amendments to your Learning Agreement**, you can do so now: in the “Section to be completed DURING THE MOBILITY” of your Learning Agreement form, complete the part “Changes to the Learning Agreement” with the exams you wish to delete or add. At the end, it must be dated and signed by:
  1. yourself;
  2. your Erasmus Departmental Coordinator at the University of Parma (Receiving Institution);
  3. your coordinator at your Home University (Sending Institution).

The Learning Agreement can be changed once only and before the deadline only. If you pass an exam which is not on the Learning Agreement, it will be neither considered valid nor included in the Transcript of Records. Remember to submit a copy of your Learning Agreement (or Changes to the Learning Agreement) to the Erasmus and International Home by the deadline (further information will be available on the University Website - page dedicated to Incoming students) .

## International Degree-seeking students

### If you are a Non-EU Student (exchange/degree-seeking)...

... you must make your request for the Residence Permit for study purposes (if you stay longer than 90 days) within 8 days from your arrival in Italy (see section: “Residence Permit”).

Go to your Department Registry Office to complete your enrolment with all the documents required (see section: How to Apply – International Degree-seeking Students)

### For everybody:

We suggest you arrive in Parma a few days before the courses begin in order to arrange your stay. It is highly important that you arrive in Parma during the week, so that Offices are open and you can get all the assistance you need. If you do not have accommodation on your arrival, we suggest you book a room at the youth hostel for your first days in Parma (see section Practicalities - Accommodation).

### Erasmus and International Home

P.le San Francesco, 3 - 43121 Parma (Italy)  
e-mail: [incoming@unipr.it](mailto:incoming@unipr.it)  
Phone: +39 0521 904203

### Administrative Services Opening Hours

MON, TUE, WED, FRI: 9.00 a.m. -12.00 p.m.  
THU: 9.00 a.m. - 1.00 p.m.



## Before returning home

This last section is for Exchange Students only (Erasmus Plus or International Agreements students).

Before returning to your home Country, it is very important that you go to the Erasmus and International Home (Piazzale San Francesco,3) in order to complete all the procedures for concluding your exchange period. You need to:

- ⇒ hand in your exam booklet to the EIH staff;
- ⇒ fill in the form for the request of the Transcript of Academic Records with the list of the exams you passed and the e-mail and postal address of the Erasmus Office of your Home University where the Transcript of Records should be sent;
- ⇒ fill in the Questionnaire on your exchange experience in Parma;
- ⇒ submit your Certificate of Departure/ Attendance, which will be signed by the EIH staff. If your Home University has not given you a specific Certificate of Arrival, you can use our University certificate, available at the EIH.

Once this procedure is complete and after your departure, the EIH will issue your Transcript of Records and send it to the Erasmus Office of your Home University, to the addresses indicated in the request form you have filled in.



**2.**

# **Studying**

# Course Catalogue 2015 - 2016

Area of

## Arts and Humanities



### FIRST CYCLE DEGREES (3 years)

Artistic and Performing Art Heritage  
Arts and Humanities  
Educational Sciences  
Italian Language and Culture for Foreigners  
(*distance learning course*)  
Modern Foreign Languages and Civilisations  
Philosophical Studies

### SECOND CYCLE DEGREES (2 years)

Classical and Modern Philology and Literature  
Design and Coordination of Educational Services  
History and Critic of Arts and Spectacle  
Journalism and Publishing Culture  
Languages, Cultures, Communication  
Philosophy  
Social and Clinical Applied Psychology \*\*

### FIRST CYCLE DEGREES (3 years)

Economics and Management

### SECOND CYCLE DEGREES (2 years)

Business Administration \*\*  
Finance and Risk Management  
International Business and Development (ENG)  
Trade Marketing and Commercial Strategies\*\*

Area of

## Economics



Area of

## Engineering and Architecture



### FIRST CYCLE DEGREES (3 years)

Architectural Science \*  
Civil and Environmental Engineering  
Computer, Electronic and Communications Engineering  
Management Engineering  
Mechanical Engineering

### SECOND CYCLE DEGREES (2 years)

Architecture  
Civil Engineering  
Communication Engineering (ENG)  
Computer Engineering  
Electronic Engineering  
Environmental and Land Management Engineering  
Management Engineering  
Mechanical Engineering  
Mechanical Engineering for Food Industry

\* = National Entrance Test

\*\* = Locally-regulated admission

(ENG) = course entirely held in English

Area of

## Food and Agriculture

### FIRST CYCLE DEGREES (3 years)

Food Science and Technology\*\*  
Gastronomic Science\*\*

### SECOND CYCLE DEGREES (2 years)

Food Science and Technology



Area of

## Law and Social Studies



### FIRST CYCLE DEGREES (3 years)

Political Science and International Relations  
Social Work

### SECOND CYCLE DEGREES (2 years)

International and European Relations  
Management in Social Work

### SINGLE CYCLE DEGREES (5 years)

Law

Area of

## Mathematical, Physical and Natural Science

### FIRST CYCLE DEGREES (3 years)

Biology \*\*  
Biotechnology \*\*  
Chemistry \*\*  
Computer Science  
Geological Sciences  
Mathematics  
Natural and Environmental Sciences  
Physics

### SECOND CYCLE DEGREES (2 years)

Biology and Biomedical Applications  
Chemistry  
Ecology and Nature Conservation  
Geological Sciences and Technologies  
Industrial Biotechnology  
Industrial Chemistry  
Mathematics  
Molecular Biology  
Physics  
Sciences and Technologies for Environment and Resources  
Sciences for Conservation and Restoration



\* = National Entrance Test

\*\* = Locally-regulated admission

(ENG) = course entirely held in English



Area of

## Medicine and Surgery



### FIRST CYCLE DEGREES (3 years)

Psychology: Theory and Techniques \*\*  
Sport Sciences, Physical Exercise and Human Health \*\*

#### Health Professions

Audioprothetic Techniques \*  
Biomedical Laboratory Techniques \*  
Environment and Workplace Prevention Techniques \*  
Imaging and Radiotherapy Techniques \*  
Midwifery \*  
Nursing \*  
Orthoptic and Ophthalmologic Assistance \*  
Physiotherapy \*  
Speech and Language Therapy \*

### SECOND CYCLE DEGREES (2 years)

Medical, Veterinary and Pharmaceutical Biotechnologies  
Psychobiology and Cognitive Neuroscience \*\*  
Theory and Methods of Preventive and Adapted Physical Activities

#### Health Professions

Nursing and Midwifery Sciences \*

### SINGLE CYCLE DEGREES (6 years)

Medicine and Surgery \*  
School of Dental Medicine \*

Area of

## Pharmacy

### SINGLE CYCLE DEGREES (5 years)

Pharmaceutical Chemistry and Technology \*\*  
Pharmacy \*\*



Area of

## Veterinary Medicine



### FIRST CYCLE DEGREES (3 years)

Livestock Science and Animal Production Technologies \*\*

### SINGLE CYCLE DEGREES (5 years)

Veterinary Medicine \*

\* = National Entrance Test

\*\* = Locally-regulated admission

(ENG) = course entirely held in English

# The Italian Higher Education System

Degree Qualification	Duration	Credits	Objectives	Admission requirements
First Cycle Degree (Bachelor's Degree)	3 years	180	Basic knowledge and highly professional subjects	5-year Italian high school certificate or equivalent
Single Cycle Degree	5-6 years	300-360	Advanced knowledge for professions in specific fields	5-year Italian high school certificate or equivalent
Second Cycle Degree (Master's Degree)	2 years	120	Advanced knowledge for professions in specific fields	First cycle degree or equivalent
PhD Course	3-4 years	60 per year	High level of specialization	Second cycle degree or equivalent
1 <sup>st</sup> and 2 <sup>nd</sup> level Master Programmes	1-2 years	60 per year	High level of professionalization	First cycle degree or equivalent/ Second cycle degree or equivalent
Postgraduate School	varying	varying	Advanced knowledge for professions in specific fields	Single Cycle Degree/ Second cycle degree or equivalent



# ECTS credit allocation – CFU

## General information

In the University credit system, **one CFU - University Credit equals one ECTS credit and represents a student's workload for educational activities aimed at passing exams.**

Educational activities include individual study, class time (lectures, seminars, mock tests), laboratory and practical activities (professional training and traineeships in a company). The average quantity of training activities for a full-time student with adequate initial preparation in **one academic year** is worth **60 CFU credits.**

**25 hours dedicated to study purposes** (individual study, lectures, laboratory activities, traineeships) **correspond to 1 CFU.**

If after the First cycle degree a student chooses a Second cycle degree belonging to a different class, then a university educational gap may occur (e.g.: your First cycle degree is in Physics and you apply for a Second cycle degree in Mathematics). In this case, the gap is expressed as a university educational debt which must be met by the student. The credit system allows students to change degree course: the educational authority is responsible for assessing the valid credits and those to be achieved within a given period of time.

## How are the educational activities organised?

Students may dedicate 1,500 hours per year to study purposes (individual study, lectures, laboratory activities, traineeships).

**1,500 hours correspond to 60 CFU - ECTS credits.** This means 1 credit CFU - ECTS credit quantifies the commitment/study required to reach given educational goals: higher CFU - ECTS credits correspond to more difficult courses (and related exams). At the end of each course, the student's quality of learning is assessed with an examination. Such assessment is expressed as a fraction of 30.

The CFU - ECTS credits (the quantity of learning) corresponding to each course are awarded on passing the examination, regardless of the mark.

The credit system is applied to all educational activities, whether related to study, practice or experiments: basically, credits are awarded for activities which do not involve final examinations too (e.g. professional training and traineeships).

## ECTS credit allocation at the University of Parma

The Academic Regulations of the University show the relationship between hours and credits (ECTS). Each credit corresponds to a number of class hours comprised between 5 and 8, except for courses that need to comply with European directives. Each department establishes the hours / credits correspondence for their courses of study, while taking into account the aforementioned proportion.

## ECTS Credits for Erasmus Students

Since Erasmus students generally spend a semester or a year at the host University they are supposed to obtain 30 credits-ECTS in the former case and 60 credits-ECTS in the latter case.

Learning Agreements showing a slightly different amount of ECTS credits might even be exceptionally accepted and approved by the Erasmus coordinator, depending on the Faculty/ University of origin and/or the Department selected for the Erasmus period.

**First cycle degrees** are awarded on reaching **180 CFU credits (3 years)**

**Second cycle degrees** are awarded on reaching **120 CFU credits (2 years)** after the First Cycle Degree (the **total amount** should be **at least 300 CFU credits**)

**Single Cycle Degrees** are awarded on reaching **300 (for 5-year degrees) or 360 CFU credits (for 6-year degrees)**

**First and Second level Masters**, of the duration of 1 year, are awarded with **60 additional CFU credits.**

# Master Programmes 2015-2016

## First level Master Programmes

- ✓ Advanced Competences in Paediatric Nursing
- ✓ Breeding and feeding of dairy cows
- ✓ Canine cognitive zoo-anthropological training
- ✓ Culture, organization and marketing of territorial enogastronomy
- ✓ Digital library learning - *International Master Programme*
- ✓ Food service store management
- ✓ Intensive care unit (ICU) nursing
- ✓ International business
- ✓ Management and conservation of the environment and wildlife - *Inter-University Master Programme*
- ✓ Management functions in the health professions
- ✓ Managing in Emerging Markets – *Inter-University Master Programme*
- ✓ Music Technology
- ✓ Narrative Therapy: innovative tools and methods for qualitative research and assistance
- ✓ Nursing and obstetrics case/care management in the hospital and in community care
- ✓ Nursing management of chronic diseases
- ✓ Packaging
- ✓ Palliative care and pain treatment for healthcare professions
- ✓ Physiopathology and treatment of critically ill patients with respiratory disease
- ✓ Protection and enhancement of the Italian cultural heritage abroad
- ✓ Risk management of healthcare associated infections
- ✓ Strategy and planning of sport organizations, events and facilities - *International Master Programme*
- ✓ Training of clinical tutors
- ✓ Web communications and social media for journalists and communicators

## Second level Master Programmes

- ✓ ABA: Applied Behaviour Analysis
- ✓ Advanced periodontology and implantology
- ✓ Applied planning for integrated systems of arts
- ✓ Aesthetic medicine
- ✓ Audiovisual translation - *European Master Programme*
- ✓ Breeding, handling and treatment of non-conventional animals
- ✓ Clinical psychology: Individual-based evaluation and counselling
- ✓ Continuing education in dentistry– Master “on demand”
- ✓ Food technology science - *International Master Programme*
- ✓ Health, environment and food safety: European law and risk regulation
- ✓ Health services management



- ✓ Hematopoietic stem cells and regenerative medicine
- ✓ Herd Health and business management - *International Master Programme*
- ✓ Implantology
- ✓ Interceptive orthodontics
- ✓ Internal medicine of cats and dogs
- ✓ Medicine and Biostatistics: fundamentals in research methodology
- ✓ Oral and perioral aesthetic medicine
- ✓ Oral surgery and pathology
- ✓ Orofacial pain, temporomandibular dysfunction and sleep disorders
- ✓ Pain treatment
- ✓ Palliative Care
- ✓ Performance analysis in sports, prevention and functional recovery - *International Master Programme*
- ✓ Periodontology
- ✓ Pharmaceutical technologies and regulatory affairs
- ✓ Restorative dentistry CAD - CAM
- ✓ Thermal dermatology, dermo-cosmetics and wellness
- ✓ Urban regeneration planning - analysis techniques for the safeguard and enhancement of the built environment - *European Master Programme*
- ✓ Veterinary management of wildlife resources

## Postgraduate schools 2015

### Arts and Humanities

- ✓ Historical and artistic heritage

### Law

- ✓ Legal professions

### Medicine and Surgery

- ✓ Anaesthesia, resuscitation and intensive care
- ✓ Cardiac surgery (*University of Bologna, with Parma and Modena and Reggio Emilia*)
- ✓ Clinical allergology and immunology (*University Politecnica delle Marche, with Parma and Modena and Reggio Emilia*)
- ✓ Clinical biochemistry and pathology (*University of Modena and Reggio Emilia, with Parma and Ferrara*)
- ✓ Dermatology and venereology (*University of Modena and Reggio Emilia, with Parma*)
- ✓ Food science (*University of Bologna, with Parma, Politecnica delle Marche, and Modena and Reggio Emilia*)
- ✓ Emergency medicine
- ✓ Endocrinology and metabolic diseases (*University of Modena and Reggio Emilia, with Parma*)
- ✓ General surgery
- ✓ Geriatrics
- ✓ Gynaecology and obstetrics

- ✓ Hematology (*University of Modena and Reggio Emilia, with Parma*)
- ✓ Hygiene and preventive medicine
- ✓ Illnesses of the cardiovascular apparatus
- ✓ Illnesses of the digestive system (*University of Bologna, with Parma, Ferrara, and Modena and Reggio Emilia*)
- ✓ Illnesses of the respiratory apparatus (*University of Parma, with Ferrara*)
- ✓ Infant neuropsychiatry (*University of Modena and Reggio Emilia, with Bologna, and Parma*)
- ✓ Infectious and tropical diseases (*University of Bologna, with Parma, Ferrara, and Modena and Reggio Emilia*)
- ✓ Internal medicine
- ✓ Legal medicine (*University of Ferrara, with Parma*)
- ✓ Maxillo-facial surgery (*University of Parma, with Bologna and Ferrara*)
- ✓ Medical oncology (*University of Modena and Reggio Emilia, with Parma*)
- ✓ Microbiology and virology (*University of Bologna, with Parma, Politecnica delle Marche, and Modena and Reggio Emilia*)
- ✓ Nephrology
- ✓ Neurology
- ✓ Occupational medicine
- ✓ Ophthalmology (*University of Parma, with Ferrara, and Modena and Reggio Emilia*)
- ✓ Orthopaedics and traumatology
- ✓ Otorhinolaryngology (*University of Ferrara, with Parma, and Modena and Reggio Emilia*)
- ✓ Paediatrics
- ✓ Pathological anatomy (*University of Parma, with Modena and Reggio Emilia*)
- ✓ Physical medicine and rehabilitation
- ✓ Psychiatry
- ✓ Radiodiagnostics
- ✓ Radiotherapy (*University of Parma, with Modena and Reggio Emilia*)
- ✓ Reconstructive and aesthetic plastic surgery (*University of Genoa, with Parma*)
- ✓ Thermal medicine (*University of Rome –La Sapienza, with Parma, Bari, Florence, Naples – Federico II, Pisa, Siena, Milan, Bologna, Padua, and Pavia*)
- ✓ Thoracic surgery (*University of Modena and Reggio Emilia, with Parma, Politecnica delle Marche and Bologna*)
- ✓ Urology (*University of Modena and Reggio Emilia, with Parma*)
- ✓ Vascular surgery (*University of Bologna, with Parma, Politecnica delle Marche, Ferrara, and Modena and Reggio Emilia*)

## Pharmacy

- ✓ Hospital pharmaceuticals

## Veterinary Medicine

- ✓ Animal and livestock welfare, breeding and production
- ✓ Inspection of animal-based foodstuffs

# PhD Courses 2015-2016

- ✓ Biotechnologies and Life Sciences
- ✓ Chemical Sciences
- ✓ Civil Engineering and Architecture
- ✓ Drugs, Biomolecules and Health Products
- ✓ Earth Sciences
- ✓ Economics and Management of Innovation and Sustainability (*headquarters: University of Ferrara; other partners: University of Florence*)
- ✓ Evolutionary Biology and Ecology (*headquarters: University of Ferrara*)
- ✓ Food Sciences
- ✓ Industrial Engineering
- ✓ Information Technologies
- ✓ Law Science (*headquarters: University of Modena and Reggio Emilia*)
- ✓ Materials Science and Technology (*in partnership with the CNR – National Research Centre and with Cape Town University - South Africa*)
- ✓ Mathematics (*headquarters: University of Ferrara*)
- ✓ Medical Sciences
- ✓ Molecular Medicine
- ✓ Neuroscience (*in partnership with the University of Modena and Reggio Emilia*)
- ✓ Philological-Literary, Historical-Philosophical and Artistic Studies
- ✓ Physics
- ✓ Psychology
- ✓ Surgical and Microbiological Sciences
- ✓ Veterinary Sciences



# Degrees and Programmes in English

The University of Parma keeps up with the educational needs of the increasingly globalised contemporary world. A strong belief in internationalisation, together with a growing demand for fluent English speakers in the work domain, has led the University of Parma to expand its offer of English-medium Degree Courses and Programmes. The list is not just limited to individual subjects (especially in the fields of Engineering and Architecture, Economics and Arts and Humanities), but also includes Degree Courses held entirely in English, i.e. the courses of International Business and Development and Communication Engineering.

If you are an International degree-seeking student, you can thus get the chance to study and live in Italy without having to worry about learning Italian in a short time to attend courses. The Italian Language test is, in fact, not required for students enrolling in one of the courses entirely held in English.

Moreover, the international dimension of the courses adequately prepares students for future professions in today's world.



## Second cycle degree courses entirely held in English

### **International Business and Development – IBD (Department of Economics):**

Held entirely in English, this course is designed to produce professionals with specialised knowledge concerning the various aspects of international economics and global development. Graduates will be able to operate in different contexts, namely: companies dealing with International markets and/or import-export contexts and fair trade; multinational companies; non-governmental organisations for cooperation and development; major institutions and European and supranational organisations; national and regional institutions implementing EU projects. The course syllabus covers basic subjects regarding international statistics, fundamentals in international markets and laws, history of globalisation processes and the great macro-economic contexts. With English as the language of the course allows students to acquire excellent command of this language, since it is a fundamental requirement for most professions nowadays.

### **Communication Engineering – IBD (Department of Information Engineering):**

Held entirely in English, this course is designed for candidates from different academic backgrounds and aims to provide a thorough grounding in Information and Communication Technology (ICT). Graduates will be trained to work in companies involved in the global technology competition, in multinational corporations, European and supranational organizations and national and regional institutions operating internationally. The main aim of the Communication Engineering course is to provide advanced insight into state-of-the-art information and communications technology, while simultaneously emphasizing a methodological approach to the analysis and design of complex systems - an essential skill in a fast moving world.

The flyers of the courses are available on the University website.



## English-medium individual subjects

### First Cycle Degree Courses

Department	Degree Course(s)	Discipline(s)
Arts and Literature, History and Social Studies	Artistic and Performing Arts Heritage	Contemporary History ( <i>e-learning modality</i> ) Early Modern History ( <i>e-learning modality</i> ) Film History and Criticism ( <i>e-learning modality</i> ) Geography ( <i>e-learning modality</i> ) History of Contemporary Theatre ( <i>e-learning modality</i> ) History of Medieval Art ( <i>e-learning modality</i> ) History of Modern Art ( <i>e-learning modality</i> ) History of Photography ( <i>e-learning modality</i> ) Medieval History ( <i>e-learning modality</i> ) Musical Drama ( <i>e-learning modality</i> )
	Arts and Humanities	Contemporary Italian Literature - Unit A ( <i>e-learning modality</i> ) Fundamentals of General Linguistics ( <i>e-learning modality</i> ) Literary Theory ( <i>e-learning modality</i> ) Teaching of Italian ( <i>e-learning modality</i> )
Biomedical, Biotechnological and Translational Sciences	Sport Sciences, Physical Exercise and Human Health	English for Sport Medical Science
Classics, Modern Languages, Education, Philosophy	Modern Foreign Languages and Civilisations	English Literature 2 English Literature 3 Language and Translation – English 2 Language and Translation – English 3
Economics	Economics and Management	Business English Marketing Management Microeconomics

### Second Cycle Degree Courses

Department	Degree Course(s)	Discipline(s)
Biomedical, Biotechnological and Translational Sciences	Theory and Methods of Preventive and Adapted Physical Activities	English
Chemistry	Chemistry	Bioinorganic Chemistry Solid State Chemistry
	Industrial Chemistry	Functional Materials
Economics	International Business and Development	<i>Entirely in English</i>
	Company Administration and Management	Competitiveness and Business Strategy Advanced Management Accounting
	Trade Marketing and Commercial Strategies	Relational Marketing: Database and Internet Marketing + Social Media Marketing
Food Science	Food Science and Technology	Chemistry and Biotechnology of Food Proteins Food Choice and Consumer Behaviour Xenobiotics in Food

Civil, Environmental, Land Management Engineering and Architecture - DICATeA	Architecture	Architectural Design Studio: Architectural Composition + Architecture and Landscape Conservation and Restoration Studio: Restoration and Consolidation of Architecture + Lithology and Geology for Architecture Executive Design Studio: Architectural Digital Drawing + Graphic Design Structural Building Design Studio: Design of Structures 1 + Design of Structures 2 + Geotechnics Urban Planning and Design Studio: Urban Planning and Design + Urban Ecology and Outdoor Design Architectural and Urban Design Studio: Architectural Design + Architectural Restoration + Architectural Survey for Urban Regeneration + Building Technology + Land Use Planning + Methodology of the Urban Project + Real Estate and Economics + Regional and Urban Planning + Structural Design + Urban Survey
Information Engineering	Communication Engineering	<i>Entirely in English</i>
	Electronic Engineering	Power Circuits and Systems
Industrial Engineering Economics Economics	Management Engineering	Business English A Business English B
	Mechanical Engineering	Business English Applied Acoustics
	Mechanical Engineering for Food Industry	Business English Heat and Mass Transfer in Food Processing
Law	International and European Relations	European Legal Roots History of Italian Foreign Policy

### Second Cycle Degree Courses

Department	Degree Course(s)	Discipline(s)
Law	Law	Economics & Law European & Comparative Criminal Law European & International Labour Law
Veterinary Science	Veterinary Medicine	Botany Informatics



# Traineeship Opportunities

The University of Parma offers incoming students a wide variety of traineeship opportunities to gain some professional experience in an international environment and put the knowledge acquired during their education into practice in specific workplace settings. Thanks to a three-year university project which aims to promote international mobility and increase internship opportunities for foreign students, students can choose from a broad spectrum of traineeships in many different sectors: administrative offices and services, museums, hospital wards, and schools. Whichever the area, a supervisor will guide students through the whole period, helping them focus on a specific project from the very first steps to the final assessment stage.

We regard the traineeship opportunities as a highly educational experience for incoming students as they have to deal with a different work environment and culture.

There are specific requirements for each sector and traineeship. You can check them out on the University website at the section "Traineeship Opportunities".

**The University of Parma offers very challenging traineeship opportunities, such as...**



**...and a lot more!**

- ⇒ University libraries in different departments
- ⇒ Communications Sector
- ⇒ Erasmus and International Home
- ⇒ Research Centres ...



## The TEACHING PLACEMENT

Exchange students who would like to teach or simply be involved in the Italian school system, will find in the **TEACHING PLACEMENT PROGRAMME** THE chance to experience Italian life and culture fully! The programme gives Exchange students the opportunity to work with a foreign language teacher in a school in Parma (4th and 5th grades in primary school, middle school and high school) for a semester or the whole school year. The languages they can teach are English, French, Spanish and German.

The T.P. consists of 125-hours' work (covered by insurance), 45 of which are spent in class with the teacher; at the end, the student obtains 5 ECTS and an academic score. The Erasmus and International Home selects the T.P. applicants, provides the training (10 hours) and teaching materials, finds the school where the students will work, assesses their final essays and collects the teachers' reports. International students from any Department can benefit from this opportunity which allows them to enter the Italian socio-cultural fabric by closely cooperating with teachers. On their part, teachers are always enthusiastic about the T.P. because it gives them the chance to brush up their own language skills and fluency by interacting with young native speakers and helping them to introduce their pupils to the idiomatic and colloquial aspects of the foreign language.

The University of Parma is currently examining the possibility of extending the Teaching Placement Programme to nursery schools, too.

## CLERKSHIP AND RESEARCH

Medical students are given further placement opportunities in Parma based on either a professional or research exchange. A **Professional Exchange** is a clinical and preclinical experience abroad, while a **Research Exchange** is based on a Research Project managed on a theoretical and practical level, under the careful supervision of a qualified Tutor. There are three types of Research Projects: Basic Research Project, Clinical Research Project, Clinical Research Project + Laboratory Research. Students will gain practical experience and improve their skills while fostering the knowledge and the integration with new cultures and realities as an essential aspect for the training of new medical professionals. Future doctors will also become aware of the structure and organization of another country's Healthcare System.

Further details are available at [www.sism.org](http://www.sism.org) and [www.ifmsa.org](http://www.ifmsa.org).

## SPREADING RESEARCH

### Traineeship and internship in a museum

Exchange students will have the opportunity to get an internship in one of the 8 University museums, located in various urban sites and in the university departments (read the section: Living in Parma - "Museums" for a detailed description):

- Natural History Museum (Department of Life Sciences)
- Botanical garden (Department of Life Sciences)
- Museum of Physics and Earth Sciences (Department of Physics and Earth Sciences)
- Museum of Biomedical, Biotechnological and Translational Sciences - S.Bi.Bi.T. (Department of Biomedical, Biotechnological and Translational Sciences)
- "A. Lemoigne" Veterinary Anatomical Museum (Department of Veterinary Medicine)
- Museum of Mathematics and Information Technology (Department of Mathematics and Computer Science)
- CSAC (Study Centre and Communication Archive)

In each of these museums incoming students may take part in different activities including: cataloguing and preservation of finds, creation of apps, specific research and teaching projects, didactics of sciences and environment and dissemination of knowledge related to science, culture and Parma heritage among its students and citizens.

## THE TRAININCOMING PROJECT

The University of Parma is promoting the TRAININCOMING Project, open to students enrolled at one of the Universities having a running international agreement with the University of Parma, and who wish to experience a traineeship in Parma for a minimum period of two months.

The TRAININCOMING Project offers 30 trainees the opportunity to gain invaluable work experience in an international and challenging environment and to put into practice the knowledge acquired during their studies. Furthermore, TRAININCOMING participants will be involved in a specific educational programme which will allow them to acquire the basics of EU Strategies and Policies, European Labour Law, Workplace Safety, Italian Language and Culture. The language used during the programme will be English.

The TRAININCOMING Programme is open to any higher education student (Bachelor- or Master level) interested in acquiring a productive training experience within University premises (labs, administration structures, museums, libraries, academic spin-offs, etc.) or one of the relevant companies/enterprises/ institutions that have a formal agreement with the University of Parma.



# International students' traineeship Vade-Mecum

## BEFORE MOBILITY

### Administrative requirements

Once you have decided which Traineeship you would like to do at the University of Parma, please contact the Erasmus and International Home and send your C.V. to [internship@unipr.it](mailto:internship@unipr.it).

- ✓ Fill in the **Proposed Mobility Programme** form (*Learning Agreement for Traineeship*).
- ✓ Your sending Institution fills in the section with its details (*The sending institution*).
- ✓ The receiving Department/Office/Organisation fills in the section with its details (*The receiving organisation/enterprise*) and identifies a Supervisor.
- ✓ By signing the Commitment (III. COMMITMENT OF THE THREE PARTIES), the trainee, the sending Institution and the receiving Department/Office/Organisation approve the proposed Learning Agreement and confirm they will comply with all the arrangements agreed on.

### Insurance

You must be insured by either your sending Institution or yourself. The receiving Department/Office/Organisation undertakes to grant the trainee minimum insurance coverage only if necessary (covering damages caused by the student at the work place).

### Accommodation

If you need help in finding accommodation, please contact the Head of the Erasmus and International Home, Ms Tiziana Cordaro ([tiziana.cordaro@unipr.it](mailto:tiziana.cordaro@unipr.it)).

## DURING THE MOBILITY

When in Parma, please go to the Erasmus and International Home, Piazzale San Francesco, 3 – 43121 Parma for registration. You will need to have 2 passport photos, the Learning Agreement for Traineeship duly signed and a copy of your Identity Card/Passport.

- ✓ You will receive your Personal Student Card which allows you to be identified as a student - trainee of the University of Parma. The office will enrol you at the university. The registration provides you with minimum insurance only if necessary.
- ✓ You will meet your Supervisor and start your Traineeship.
- ✓ If changes need to be made to the original Learning Agreement, all parties must confirm that they approve of the amendments proposed by signing the form (original signatures are not necessary, the documents can be scanned) (EXCEPTIONAL CHANGES TO THE PROPOSED MOBILITY PROGRAMME).

## AFTER MOBILITY

The receiving Department/Office/Organisation issues a Traineeship Certificate usually within 5 weeks after completion of the traineeship; the Certificate will include the start and end dates.

- ✓ Before leaving, please take the Learning Agreement for Traineeship (After the Mobility section) duly signed to the Erasmus and International Home. If you are leaving and the document is not ready yet, your Supervisor will sign the section showing start and end dates only. The complete document will be mailed to your University within 5 weeks.
- ✓ The receiving Department/Office/Organisation will give you an Employer's Assessment Form which includes a full evaluation of your traineeship period and activity.
- ✓ Before leaving, you will be asked to fill in the Trainee/Student's Traineeship Evaluation Form.

# Erasmus Plus Exchange Programme

If you are an International degree-seeking student regularly enrolled at the University of Parma (i.e. not through the Erasmus Programme or any Bilateral Agreement, you can apply for the Erasmus Plus Exchange Programme just like Italian students.

Awarding about 600 grants every year, the Erasmus Plus Programme gives students the opportunity to study for a given period, variable from 3 to 12 months, in one of the best European (or some Extra-European) universities in partnership with the University of Parma.

The advantages to be gained from the Programme are:

- ✓ full academic recognition of the activities carried out in the foreign country
- ✓ the chance to face a new reality and interact with the people, customs and language of a foreign country
- ✓ a rewarding experience from both a personal and professional point of view, as it will be particularly important for a future career.

Within Erasmus Plus students can also prepare their final thesis or pursue their studies through a PhD in a partner University. The programme also includes traineeship opportunities from 2 to 12 months in companies, research and educational centres or other institutions in Europe.

For further information, visit the official website [ec.europa.eu/erasmus-plus](http://ec.europa.eu/erasmus-plus) or contact the **Erasmus and International Home**.



## Erasmus and International Home

P.le San Francesco, 3 - 43121 Parma (Italy)

e-mail: [erasmus@unipr.it](mailto:erasmus@unipr.it)

Phone: +39 0521 904203

## Opening Hours

MON, TUE, WED, FRI: 9.00 a.m. -12.00 p.m.

THU: 9.00 a.m. - 1.00 p.m.



# Double Degrees and International Agreements

The University of Parma offers its students the possibility to attend courses in prestigious international universities through double degree programmes or international Master's Programmes in different disciplines, thereby enriching their academic path and setting the basis for a future career at an international level. Such projects are managed by both the institutions involved in the agreement so that students can spend a period of study in the partner University and achieve a double academic qualification valid in both Italy and in the host country too.

Our broad offer includes Europe and even goes beyond, to the United States, Brazil, Argentina, South Africa, Japan...

Check if your area of study or course is included in one of these programmes, read about the requisites and follow the instructions for the application and testing modalities. Once you have passed the test...you are ready for this unforgettable experience!

## DOUBLE DEGREES

### First Cycle Degree Courses

Department	Degree Course	Partner(s)
Economics	Economics and Management	Pamukkale University (Turkey)
Information Engineering	Computer, Electronic and Communication Engineering	Université Paris Sud – Paris (France) Supélec – Paris (France) Université de Nantes – Nantes (France) École Polytechnique Universitaire de l' Université de Nantes – Nantes (France) École Polytechnique Universitaire de Nice-Sophia Antipolis – Nice (France) Université Joiseph Fourier – Grenoble (France) École Centrale – Nantes (France) École Nationale Supérieure de l' Électronique et des ses Applications – Cergy (France) Université Paul Sabatier – Toulouse (France) Université de Nice Sophia-Antipolis – Nice (France)
Industrial Engineering	Management Engineering	Universidad de Extremadura (Spain) New Jersey's Institute of Technology (USA) Rutgers University (USA)
Surgery	Nursing	Pamukkale University (Turkey)
	Midwifery	Universidade de São Paulo (Brazil)

## Second Cycle Degree Courses

Department	Degree Course	Partner(s)
Chemistry	Chemistry	Cape Town University (South Africa)
Economics	International Business and Development	University of Vilnius (Lithuania)
		Grenoble École de Management (France)
		Pamukkale University (Turkey)
	Trade Marketing and Commercial Strategies	Pamukkale University (Turkey)
		Université Jean Moulin Lyon 3 (France)
	Company Administration and Management	Grenoble École de Management (France)
	Pamukkale University (Turkey)	
Information Engineering	Computer Engineering	Université Paris Sud – Paris (France)
		Supélec – Paris (France)
		Université de Nantes – Nantes (France)
	Electronic Engineering	École Polytechnique Universitaire de l' Université de Nantes – Nantes (France)
		École Polytechnique Universitaire de Nice-Sophia Antipolis – Nice (France)
		Université Joseph Fourier – Grenoble (France)
Communication Engineering	École Centrale – Nantes (France)	
	École Nationale Supérieure de l' Électronique et des ses Applications – Cergy (France)	
	Université Paul Sabatier – Toulouse (France)	
	Université de Nice Sophia-Antipolis – Nice (France)	
Industrial Engineering	Mechanical Engineering for Food Industry	Yildiz Technical University of Istanbul (Turkey)

## Single Cycle Degree Courses

Department	Degree Course	Partner
Law and Social Studies	Law	Pontificia Universidade Catolica de Rio Grande do Sul (Brazil)



## INTERNATIONAL MASTER PROGRAMMES AND AGREEMENTS

### International and European Master Programmes

Department	Master Programme	Partner(s)
Biomedical, Biotechnological and Translational Sciences – S.BI.BI.T	European Second Level Master Programme in Oral Laser Applications	RWT Aachen (Germany) Université de Liège (Belgium) Universitat de Barcelona (Spain)
Civil, Environmental, Land Management Engineering and Architecture - DICATeA	International Second Level Master Programme in Urban Regeneration - Analysis techniques for the protection and requalification of the built environment	Universidad Politecnica de Madrid (Spain)
Food Science	International Second Level Master Programme in Food Technology	Universidad de Buenos Aires (Argentina)
Information Engineering	International First Level Master Programme “DILL – Information and Library Science”	University of Tallinn (Estonia)

### International PhDs

Department	PhD	Partner
Chemistry	Materials Science and Technology	Cape Town University (South Africa)

### International Agreements

The University of Parma has signed over 170 agreements with international partner universities where you can spend a study period and attend courses which will be part of your whole study programme. The long list of prestigious partnerships include Boston College, Cornell University, Pitzer College, EACLE Law Network (USA); Universidade de São Paulo (Brazil); Universidad de Buenos Aires (Argentina); the main universities in Moscow (Russia); Kobe University (Japan) and many others.



## Credits for sports activities

The University of Parma is committed to promoting wellbeing and healthy lifestyles by encouraging students to play sports at all levels, and by providing access to structured programmes in different sports. Since the 2014-2015 academic year, the University of Parma has recognized sports activities as valid educational components in all university degrees. Students can submit their sports achievements, activities and career for validation to academic authorities and may be granted **up to 6 ECTS credits** for elective subjects (25 sport hours correspond to 1 ECTS credit). It is possible to validate professional, semi-professional or amateur sport activities only if carried out during the University career. Pursuant to Regulations XX S.D.R.N. N.894, dated 24 April 2014, students must submit their requests for validation to CUS (University Sports Centre) Parma, at [creditisportiviunipr@cusparma.it](mailto:creditisportiviunipr@cusparma.it).

Exchange and International degree-seeking students can benefit from the same opportunity by joining the sports programme of the University of Parma. However, as regards Exchange students, only professional/semi-professional and amateur activities carried out with the University CUS can be validated.

Please remember:

CUS will verify and validate all applications concerning:

- ✓ professional/ semi-professional sports activities carried out during your University career whether with or outside the CUS Parma (the latter only for International degree-seeking students).
- ✓ amateur sports activities only if carried out with the CUS Parma

CUS cannot validate:

- ✓ applications for sports activities carried out before enrolling on your degree course.
- ✓ applications for amateur sports activities done outside the CUS
- ✓ Erasmus students' applications concerning professional/semi-professional sports activities done outside the University CUS

CUS will then submit your applications to the Course Council of Sports Sciences, Physical Exercise and Human Health and to the Course Council of your degree course (or to the Erasmus Delegates) for definite approval and assignment of ECTS credits.

### Further information...

...on sports activities, credits, courses and facilities:

#### CUS PARMA – University Sports Centre

Campus - Parco Area delle Scienze, 95

Phone number: +39 0521 905532

e-mail: [segreteria@cusparma.it](mailto:segreteria@cusparma.it)

[www.cusparma.it](http://www.cusparma.it)

#### Secretary Office Opening Times:

MON - FRI 10.30 a.m. – 6.30 p.m.

#### Credits for Sport Activities:

e-mail: [creditisportiviunipr@cusparma.it](mailto:creditisportiviunipr@cusparma.it)

Mr Giovanni Guareschi – Contact Person for University Sports Committee

e-mail: [giovanni.guareschi@unipr.it](mailto:giovanni.guareschi@unipr.it)

More on Cus Parma in the  
Section **Services and Facilities**—  
**Sports facilities**

## Procedure for credit validation of sports activities for International Degree-seeking and Exchange students

### Procedure I

#### (International Degree-seeking Students)

##### Validation of activities

Validation of certified sports activities carried out during the curriculum of studies, at different levels.

**The student** must contact the CUS ([creditisportiviunipr@cusparma.it](mailto:creditisportiviunipr@cusparma.it)) and send all documents certifying the activity, with the form "**autocertificazione pratica sportiva**"

**The CUS** will take care of the documentation certifying the performance of sports activities, will check and verify it in compliance with the requisites of the regulation, and prepare a report for the **Council of the First Cycle Degree Course in Sport Sciences, Physical Exercise and Human Health**.

**The Council of the First Cycle Degree Course in Sport Sciences, Physical Exercise and Human Health** will take care of the documents sent by CUS and will then suggest a number of credits for the sports activity, according to the regulation: <http://www.unipr.it/node/9319> .

**The Council of the Study Course, or the Erasmus delegates** who are responsible for the student, will certify the sports activity according to the number of credits suggested, taking into consideration the global features of the activities and the learning agreement.

### Procedure II

#### (Exchange and International Degree-seeking Students)

##### Registration to CUS activities

Registration to Courses/Laboratories organized by CUS Parma.

**The student** must send to CUS ([creditisportiviunipr@cusparma.it](mailto:creditisportiviunipr@cusparma.it)) the form "**domanda di iscrizione ai corsi**" by choosing among those available on the website [www.cusparma.it](http://www.cusparma.it)

**The CUS**, based on subscriptions, will start "sport laboratories"; at the end, the attendance and participation will be verified. After that, the documents and a report will be sent to the **Council of the First Cycle Degree Course in Sport Sciences, Physical Exercise and Human Health**.

## Credits for volunteer activities

From the 2015-2016 academic year students who take part in certified volunteer activities may be granted **up to 6 ECTS credits for elective subjects**. The activities can be validated only if carried out during the academic career with associations in Parma endorsed by the Volunteering Service Centre “Forum Solidarietà – Centro Servizi per il Volontariato”. All activities entail both theory and practice. Volunteer activities will be first certified by Forum Solidarietà, then validated by the Course Council of the Degree Course in Social Work and finally approved by the Course Council of the student's degree course.

## Credits for artistic and cultural activities

The University of Parma recognizes cultural and artistic activities as a significant component in students' study programmes. Students engaged in cultural and artistic activities may be granted **up to 6 ECTS credits for elective subjects** (25 hours correspond to 1 ECTS credit). Cultural and artistic activities can be validated only if carried out during the University career and within institutions or organizations in the fields of theatre, music, art, media and communications which either belong to or have an agreement with the University of Parma.

Students must submit the necessary documentation and apply for validation of their activities to Centro per le Attività e le Professioni delle Arti e dello Spettacolo - CAPAS (Centre for Activities and Professions related to Arts and Performing Arts). The Centre will then submit their assessment of the activities to the Unified Course Council of the Degree Courses in Artistic and Performing Arts Heritage and History of Arts and Spectacle for definite approval.

**Further details are available on the University website [www.unipr.it](http://www.unipr.it)**

## Part-time students

Students who cannot attend lessons regularly due to work, health or other personal reasons can ask for part-time enrolment, i.e. an academic study programme with a total amount of credits reduced by 50% compared to the standard programme of their degree course. These students have a 50% discount on tuition fees.

Part-time enrolment applies to:

- ✓ Students who have worked for at least 6 months;
- ✓ Students with 45% or higher certified disability or students with Specific Learning Difficulties (D.S.A.);
- ✓ Students acting as carers for parents/ close relatives (Italian Act 104/92);
- ✓ Pregnant students or students with children up to 3 years of age;
- ✓ Students playing sports at a high national or international level.

Part-time enrolment cannot be requested for the following degree courses: Pharmacy, Pharmaceutical Chemistry and Technology, Law, Medicine and Surgery, School of Dental Medicine, Veterinary Medicine, Architectural Science, Health Profession courses (Audioprothetic Techniques, Biomedical Laboratory Techniques, Environment and Workplace Prevention Techniques, Imaging and Radiotherapy Techniques, Midwifery, Nursing, Orthoptic and Ophthalmologic Assistance, Physiotherapy, Speech and Language Therapy), Nursing and Midwifery Sciences.



**3.**

# **Finance**

## Tuition Fees (International Degree-seeking Students)

Tuition fees include:

- ⇒ regional tax: € 140.00
- ⇒ virtual stamp duty: € 32.00
- ⇒ tuition fee: € 199.58
- ⇒ duties: amount depending on the degree course, to be paid in two instalments

Payment is made in two instalments:

**1<sup>st</sup> Instalment:** to be paid when enrolling, by the deadline. The amount has already been calculated for each degree course. The first instalment must be paid for the registration procedure to be complete.

**2<sup>nd</sup> Instalment:** to be paid by the deadline (31<sup>st</sup> May 2016). The amount varies depending on the degree course chosen and the student's economic status.

Delayed payments after the established deadlines will be charged a further 50€ fee.

All students, whether EU or Non-EU, must submit a **Self-certified Statement of their Economic Status, both ISEEU (Indicatore Situazione Economica Equivalente) i.e. family income, and ISPEU (Indicatore Situazione Patrimoniale Equivalente) i.e. family property**. This statement is necessary to ascertain the amount of the surcharge (or discount) on the 2<sup>nd</sup> Instalment of the tuition fees.

Depending on the amount of your ISEEU and ISPEU, you will fall into one of the following 6 bands:

FEE BANDS	ISEEU Amount		ISPEU Amount	
F1 – Band 1	0	18,000.99	0	35,000.99
F2 – Band 2	18,001.00	28,000.99	35,001.00	44,800.99
F3 – Band 3	28,001.00	38,000.99	44,801.00	57,000.99
F4 – Band 4	38,001.00	54,000.99	57,001.00	81,000.99
F5 – Band 5	54,001.00	65,000.99	81,001.00	91,000.99
F6 – Band 6	≥65,001.00		≥91,001.00	

You must fill in the online self-certified statement on [www.er-go.it](http://www.er-go.it), the ER.GO. (Regional Authority for the Right to Higher Education) website by **18 November 2015**.

If you have already enrolled at the University of Parma, you can access the online self-certified statement by logging in on the ER.GO. website with your Unipr credentials (click on the UK flag and follow the instructions). If you have not enrolled yet, you must register on the ER.GO website and follow the instructions.

For enrolments in the 2015-2016 Academic Year, you must submit the ISEEU and ISPEU amounts of year **2014**.

### Please note:

- ✓ If the self-certified statement is not submitted by the deadline, you will be charged the maximum amount of tuition fees (i.e. you will fall into F6 – Band 6)
- ✓ Should you provide a false statement, you will:
  - be charged an amount which is triple the correct one;
  - lose all rights to other benefits and/or reductions on tuition fees during your whole career;
  - risk incurring other penalties.

If your ISEEU and your ISPEU fall into different bands, you must consider the higher band:

E.g. ISEEU = 40,000.00 = F4 – Band 4  
 ISPEU = 50,000.00 = F3 – Band 3  
 Your fee band is F4 – Band 4

ER.GO. will verify the truthfulness of the statements according to current legislation.

## Requirements and documents needed

Foreign students from both EU and non-EU Countries must follow specific rules regarding the assessment of their family's income and assets.

### EU students

Students from EU Countries can self-certify their income and assets in the online application form, by declaring:

- ⇒ their family's income (in euros) earned abroad in the year prior to the application (2014);
- ⇒ the amount of their family's properties owned abroad by 31/12/2014

The documentation must be translated into Italian and, if necessary, the translation must be certified and notarized, or apostille certification must be obtained (an apostille is a stamp affixed on the original document issued by the competent Authority of the Countries concerned), pursuant to the law in force.

In order to finalize the application the relative corresponding original documentation (Family Status Declaration and documentation regarding the self-certified incomes and assets) must be then sent to ER.GO.(vicolo Grossardi 4, 43125 Parma) by **23 November 2015**.

### Non-EU students

Students who come from **non-EU Countries** must fill in the online self-certified statement, then provide the necessary documentation regarding their family's income and assets, issued by the competent Authority of the Country where the incomes have been earned and assets are owned (in the year 2014).

The documentation must then be translated into Italian and the translation must be certified and notarized by the Italian Consulate/Embassy in their Country of origin or, if necessary, apostille certification must be obtained from the competent Authority in their Country, pursuant to the law in force.

For Countries where the Italian Embassy has difficulty issuing the aforementioned certification, the documentation may be replaced by a certificate issued in Italian by the foreign Country's Embassy/ Consulate in Italy, which must then be certified by the local Prefecture.

To apply for the required documentation students can use the facsimile available on the website [www.ergo.it](http://www.ergo.it).

The documentation must include:

- ⇒ a Family Status Declaration;
- ⇒ the occupation of each individual member of the family unit in 2014, including brothers/sisters of legal age. If no member has an income, an unemployment declaration is needed, stating the amount of unemployment benefits received (if any);
- ⇒ the number of months each individual family member worked in 2014 (indicating whether for a period shorter or longer than six months);
- ⇒ the gross income for each family member in legal age in 2014, or of the family as a whole;
- ⇒ the floor area of the family home and of any other family-owned building. If the family owns no property, a document issued by the competent authority is needed, certifying that no one in the family owns real estate;
- ⇒ the amount of any residual bank loan by 31/12/2014 on the family home and/or other property;
- ⇒ the assets of each individual family member of legal age.

**Incomes, properties, assets and the amount of the residual bank loan must refer to the year prior to the application (2014).**

In order to finalize the application, students must send to ER.GO. (vicolo Grossardi 4, 43125 Parma) the original documentation by **23 November 2015**.

## Non-EU students from particularly poor or developing countries

Foreign students coming from "particularly poor" non-EU Countries must provide a certification issued by the Italian Diplomatic Authority in their Country of origin, stating that they are not from a wealthy high-class family.

Students can apply on-line only, either independently or through a CAF office (centre of tax assistance) that has an agreement with ER.GO.

In either case, it is compulsory to apply on-line before the deadlines of the different limited-availability benefits and to send ER.GO a signed copy of the application and the certificate that states he/she does not belong to a high-income or a high-class family.

Such certificate is issued by the Italian Embassy in the country of origin.

### List of particularly poor or developing countries:

Afghanistan	Guinea-Bissau	Samoa
Angola	Haiti	Sao-Tome & Principe
Bangladesh	Kenya	Senegal
Benin	Kiribati	Sierra-Leone
Bhutan	Korea Democratic People's Republic	Solomon Islands
Burkina-Faso	Kyrgyz Republic	Somalia
Burundi	Laos	South Sudan
Cambodia	Lesotho	Sudan
Central-African Republic	Liberia	Tanzania
Chad	Madagascar	Tajikistan
Comoros	Malawi	Timor Leste
Congo Democratic Republic	Mali	Togo
Djibouti	Mauritania	Tuvalu
Equatorial Guinea	Mozambique	Uganda
Eritrea	Myanmar	Vanuatu
Ethiopia	Nepal	Yemen
Gambia	Niger	Zambia
Guinea	Rwanda	Zimbabwe

### Other cases

- ✓ **Foreign students, whose family is resident and receives incomes and/or owns assets in Italy** must apply according to the procedure for Italian students (i.e. fill in the online self-certified statement on the ER.GO. website [www.er-go.it](http://www.er-go.it) by 18 November 2015).
- ✓ **Stateless students or political refugees** are equated to Italian citizens. They are exempt from having to provide statements from embassies or consulates, since any income and/or property in Italy only is taken into consideration to assess their economic condition. Therefore, they may self-certify their economic status following to the procedure for Italian students. The students must prove their status of stateless or political refugee with official documentation issued by the Civil Court (for stateless students), or by the specific Commission at the Ministry of the Internal Affairs (for political refugees).
- ✓ **Foreign students with dual citizenship** must apply choosing one of the two citizenships. Italian citizenship prevails if one of the two is Italian.

For further information about the translation and notarization of foreign documents, check out the website of the **Italian Ministry of Foreign Affairs** on: [http://www.esteri.it/mae/en/italiani\\_nel\\_mondo/serviziconsolari/traduzionelegalizzazioneedocumenti.html](http://www.esteri.it/mae/en/italiani_nel_mondo/serviziconsolari/traduzionelegalizzazioneedocumenti.html)

**In any case, for the finalization of the application the original notarized documentation stating economic and financial condition must be sent to ER.GO by the deadline, or the application shall be considered invalid. Please note that, even students who submit their application through a CAF recognized by ER.GO are required to send their original notarized documentation stating their family's economic and financial condition by the deadline, or the application shall be considered invalid.**

More details on tuition fees are available every year on the University Study Programmes, i.e. **Manifesto degli Studi** (on the website).



# Tuition Fees Amounts 2015-2016

## Area of Arts and Humanities

### FIRST CYCLE DEGREES (3 years)

Artistic and Performing Art Heritage  
Arts and Humanities  
Educational Sciences  
Italian Language and Culture for Foreigners  
(*distance learning course*)  
Modern Foreign Languages and Civilisations  
Philosophical Studies

### SECOND CYCLE DEGREES (2 years)

Classical and Modern Philology and Literature  
Design and Coordination of Educational Services  
History and Critic of Arts and Spectacle  
Journalism and Publishing Culture  
Philosophy  
Social and Clinical Applied Psychology

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 381.34)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 381.34) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 553.34	€ 281.34	€ 834.68
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 553.34	€ 331.34	€ 884.68
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 553.34	€ 481.34	€ 1,034.68
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 553.34	€ 581.34	€ 1,134.68
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 553.34	€ 681.34	€ 1,234.68
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 553.34	€ 881.34	€ 1,434.68

For the inter-University Second Cycle Degree Course in **Languages, Cultures, Communication**, tuition fees amounts are defined by the University of Modena and Reggio Emilia (administrative headquarter of the course).

Details on the course are available at this link: <http://www.dslc.unimore.it/site/home/didattica/corsi-di-laurea-magistrale/lingue-culture-comunicazione-interateneo.html>

For tuition fees, check on <http://www.unimore.it/ammissione/tasse.html>

## Area of **Economics**

### FIRST CYCLE DEGREES (3 years)

Economics and Management

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 381.34)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 381.34) depending on the fee band assigned

### SECOND CYCLE DEGREES (2 years)

Business Administration  
Finance and Risk Management  
International Business and Development **(ENG)**  
Trade Marketing and Commercial Strategies

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 553.34	€ 281.34	€ 834.68
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 553.34	€ 331.34	€ 884.68
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 553.34	€ 481.34	€ 1,034.68
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 553.34	€ 581.34	€ 1,134.68
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 553.34	€ 681.34	€ 1,234.68
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 553.34	€ 881.34	€ 1,434.68

## Area of **Engineering and Architecture**

### FIRST CYCLE DEGREES (3 years)

Architectural Science \*  
Civil and Environmental Engineering  
Computer, Electronic and Communications Engineering  
Management Engineering  
Mechanical Engineering

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 439.25)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 439.25) depending on the fee band assigned

### SECOND CYCLE DEGREES (2 years)

Architecture  
Civil Engineering  
Communication Engineering **(ENG)**  
Computer Engineering  
Electronic Engineering  
Environmental and Land Management Engineering  
Management Engineering  
Mechanical Engineering  
Mechanical Engineering for Food Industry

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 611.25	€ 339.25	€ 950.50
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 611.25	€ 389.25	€ 1,000.50
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 611.25	€ 539.25	€ 1,150.50
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 611.25	€ 639.25	€ 1,250.50
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 611.25	€ 739.25	€ 1,350.50
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 611.25	€ 939.25	€ 1,550.50

## Area of **Food and Agriculture**

### FIRST CYCLE DEGREES (3 years)

Food Science and Technology\*\*  
Gastronomic Science\*\*

### SECOND CYCLE DEGREES (2 years)

Food Science and Technology

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 439.25)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 439.25) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 611.25	€ 339.25	€ 950.50
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 611.25	€ 389.25	€ 1,000.50
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 611.25	€ 539.25	€ 1,150.50
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 611.25	€ 639.25	€ 1,250.50
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 611.25	€ 739.25	€ 1,350.50
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 611.25	€ 939.25	€ 1,550.50

## Area of **Law and Social Studies**

### FIRST CYCLE DEGREES (3 years)

Political Science and International Relations  
Social Work

### SECOND CYCLE DEGREES (2 years)

International and European Relations  
Management in Social Work

### SINGLE CYCLE DEGREES (5 years)

Law

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 381.34)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 381.34) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 553.34	€ 281.34	€ 834.68
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 553.34	€ 331.34	€ 884.68
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 553.34	€ 481.34	€ 1,034.68
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 553.34	€ 581.34	€ 1,134.68
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 553.34	€ 681.34	€ 1,234.68
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 553.34	€ 881.34	€ 1,434.68

## Area of **Mathematical, Physical and Natural Science**

### FIRST CYCLE DEGREES (3 years)

Biology \*\*  
 Biotechnology \*\*  
 Chemistry \*\*  
 Computer Science  
 Geological Sciences  
 Mathematics  
 Natural and Environmental Sciences  
 Physics

### SECOND CYCLE DEGREES (2 years)

Biology and Biomedical Applications  
 Chemistry  
 Ecology and Nature Conservation  
 Geological Sciences and Technologies  
 Industrial Biotechnology  
 Industrial Chemistry  
 Mathematics  
 Molecular Biology  
 Physics  
 Sciences and Technologies for Environment and Resources  
 Sciences for Conservation and Restoration

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 439.25)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 439.25) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 611.25	€ 339.25	€ 950.50
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 611.25	€ 389.25	€ 1,000.50
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 611.25	€ 539.25	€ 1,150.50
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 611.25	€ 639.25	€ 1,250.50
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 611.25	€ 739.25	€ 1,350.50
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 611.25	€ 939.25	€ 1,550.50

## Area of **Pharmacy**

### SINGLE CYCLE DEGREES (5 years)

Pharmaceutical Chemistry and Technology  
 Pharmacy

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 439.25)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 439.25) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 611.25	€ 339.25	€ 950.50
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 611.25	€ 389.25	€ 1,000.50
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 611.25	€ 539.25	€ 1,150.50
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 611.25	€ 639.25	€ 1,250.50
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 611.25	€ 739.25	€ 1,350.50
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 611.25	€ 939.25	€ 1,550.50



## Area of **Medicine and Surgery**

### FIRST CYCLE DEGREES (3 years)

Sport Sciences, Physical Exercise and Human Health

#### Health Professions

Audioprothetic Techniques  
Biomedical Laboratory Techniques  
Environment and Workplace Prevention Techniques  
Imaging and Radiotherapy Techniques  
Midwifery  
Nursing  
Orthoptic and Ophthalmologic Assistance  
Physiotherapy  
Speech and Language Therapy

### SECOND CYCLE DEGREES (2 years)

Medical, Veterinary and Pharmaceutical Biotechnologies  
Theory and Methods of Preventive and Adapted Physical Activities

#### Health Professions

Nursing and Midwifery Sciences

### SINGLE CYCLE DEGREES (6 years)

Medicine and Surgery

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 497.21)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 497.21) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 669.21	€ 397.21	€ 1,066.42
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 669.21	€ 447.21	€ 1,116.42
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 669.21	€ 597.21	€ 1,266.42
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 669.21	€ 697.21	€ 1,366.42
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 669.21	€ 797.21	€ 1,466.42
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 669.21	€ 997.21	€ 1,666.42

### SECOND CYCLE DEGREES (2 years)

Psychobiology and Cognitive Neuroscience

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 381.34)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 381.34) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
<b>F1</b> – discount of € 100.00 on 2nd Instalment	€ 553.34	€ 281.34	€ 834.68
<b>F2</b> – discount of € 50.00 on 2nd Instalment	€ 553.34	€ 331.34	€ 884.68
<b>F3</b> – surcharge of € 100.00 on 2nd Instalment	€ 553.34	€ 481.34	€ 1,034.68
<b>F4</b> – surcharge of € 200.00 on 2nd Instalment	€ 553.34	€ 581.34	€ 1,134.68
<b>F5</b> – surcharge of € 300.00 on 2nd Instalment	€ 553.34	€ 681.34	€ 1,234.68
<b>F6</b> – surcharge of € 500.00 on 2nd Instalment	€ 553.34	€ 881.34	€ 1,434.68

For the inter-University Second Cycle Degree Course in **Psychology: Theory and Techniques**, tuition fees amounts are defined by the University of Modena and Reggio Emilia (administrative headquarter of the course).

Details on the course are available at these links: <http://www.psicologia.unimore.it> and <http://www.unimore.it/bandi/dettaglioalbo.html?IDBS=3650>

For tuition fees, check on <http://www.unimore.it/ammissione/tasse.html>

### SINGLE CYCLE DEGREES (6 years)

School of Dental Medicine

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 757.95)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 757.95) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
F1 – discount of € 100.00 on 2nd Instalment	€ 929.95	€ 657.95	€ 1,587.90
F2 – discount of € 50.00 on 2nd Instalment	€ 929.95	€ 707.95	€ 1,637.90
F3 – surcharge of € 100.00 on 2nd Instalment	€ 929.95	€ 857.95	€ 1,787.90
F4 – surcharge of € 200.00 on 2nd Instalment	€ 929.95	€ 957.95	€ 1,887.90
F5 – surcharge of € 300.00 on 2nd Instalment	€ 929.95	€ 1,057.95	€ 1,987.90
F6 – surcharge of € 500.00 on 2nd Instalment	€ 929.95	€ 1,257.95	€ 2,187.90

## Area of **Veterinary Medicine**

### FIRST CYCLE DEGREES (3 years)

Livestock Science and Animal Production Technologies

### SINGLE CYCLE DEGREES (5 years)

Veterinary Medicine

**1st Instalment:** fixed amount including regional tax (€ 140.00), virtual stamp duty (€ 32.00) and tuition fee + duties (€ 439.25)

**2nd Instalment:** variable amount: discount/surcharge on duties (again, € 439.25) depending on the fee band assigned

	1st Instalment	2nd Instalment	TOTAL
F1 – discount of € 100.00 on 2nd Instalment	€ 611.25	€ 339.25	€ 950.50
F2 – discount of € 50.00 on 2nd Instalment	€ 611.25	€ 389.25	€ 1,000.50
F3 – surcharge of € 100.00 on 2nd Instalment	€ 611.25	€ 539.25	€ 1,150.50
F4 – surcharge of € 200.00 on 2nd Instalment	€ 611.25	€ 639.25	€ 1,250.50
F5 – surcharge of € 300.00 on 2nd Instalment	€ 611.25	€ 739.25	€ 1,350.50
F6 – surcharge of € 500.00 on 2nd Instalment	€ 611.25	€ 939.25	€ 1,550.50

# Financial support, scholarships and grants

If you are an **International degree-seeking student** (whether EU or Non-EU) you may qualify for full or partial exemption from payment of tuition fees, depending on your economic status and academic achievements. In order to obtain such benefits you must submit a self-certified statement of your economic status, as indicated in the section “Tuition Fees”.

The main agency for students’ economic support is **ER.GO, the Regional Authority for the right to Higher Education in Emilia Romagna**.

## **For foreign (EU/Non-EU) or Italian students whose immediate family earn their income and/or own property abroad:**

You can apply for ER.GO benefits online only on the website [www.er-go.it](http://www.er-go.it), either independently or through a CAF office (centre for tax assistance) that has an agreement with ER.GO (a complete list is available on the ER.GO website). It is compulsory to apply on-line before the deadlines of the different limited-availability benefits and to send ER.GO the necessary documentation and a signed copy of the application.

Documents required to apply for ER.GO benefits:

- gross income of each individual family member of legal age. If no member has an income, an unemployment declaration is needed;
- floor area of the family home and of any other family-owned building. If your family does not have any property, you must present a document issued by the competent authority in your country certifying that no one in the family owns a real estate;
- amount of any residual bank loan on the family home and/or other property;
- assets of each individual family member of legal age.

Documents must be issued by the competent foreign Authority and translated into Italian; the translation must be certified and notarized at the Italian Consulate/Embassy in your Country, or apostilled certification by the competent Authority in your Country must be obtained and affixed.

In order to be eligible for a scholarship for “Non-Resident Student” or “Commuter Student”, foreign students must also fill in the “Self-Certified Statement of Temporary Residence (Domicile)” and send the required documentation by the specified deadlines.

You may apply for a **study grant and full exemption** from tuition fees if you meet the income and merit requirements laid down in the ER.GO call for applications and in the University Manifesto degli Studi, i.e. Study Programmes (generally published in July). If the amounts of the ISEE (i.e. your immediate family’s income) and ISPE (i.e. your immediate family’s properties) are higher than the ones required to obtain a study grant/ total exemption, check if you are eligible for a **reduction on tuition fees**: you may meet the financial and merit requirements to apply for them.

## **TOTAL EXEMPTION FROM TUITION FEES**

Students are entitled to total exemption from tuition fees if they are:

- Students with 66% or higher certified disability
- Students under Italian Act 104/92, paragraph 3, clause 1
- Students benefiting from a scholarship from the Italian Government (see page 63)
- Students benefiting from a scholarship from ER.GO.

### **Remember!**

Even if you obtain total exemption from tuition fees, you must still pay the regional tax for the right to higher education (€ 140.00) and the virtual stamp duty (€ 32.00). You are exempted from tuition fees and duties.

Students enrolling at the University of Parma from the first time must pay the first instalment of tuition fees following the standard procedure. If they fall into one of the categories above and are entitled to full exemption, the first instalment will be fully reimbursed and they will not have to pay the second instalment.

Procedure, documents required and further instructions are indicated on the University website.

## PARTIAL EXEMPTION FROM TUITION FEES

Students entitled to **partial exemption from tuition fees** either are not required to pay the second instalment or get a further discount on it.

Total exemption from the second instalment is for:

- Students enrolling on the First Year of a First Cycle or Single Cycle Degree Course if their high school final grade is equivalent to the Italian top grade (i.e. 100/100 or 100/100 with merit).
- Students enrolling on the First Year of a Second Cycle Degree Course if the final grade of their First Cycle degree (i.e. Bachelor's) is equivalent to the Italian top grade (i.e. 110/110 or 110/110 with honours).

The exemption applies automatically upon presentation of all the documents required.

### Partial exemption from the second instalment

*Reductions applicable from the first year of enrolment to:*

- Students enrolling on the First Year of a Second Cycle Degree Course if the final grade of their First Cycle degree (i.e. Bachelor's) is equivalent to the Italian grades 108/110 or 109/110

These students are granted a 25% reduction on the second instalment. The reduction applies automatically upon presentation of all the documents required.

- Students who have worked for at least 6 months and are still working when applying for the reduction (not for part-time workers)

These students need to apply to obtain a € 300.00 reduction on the second instalment (cf. [www.er-go.it](http://www.er-go.it)).

- Students with another family member enrolled at the University of Parma

These students are granted up to a € 300.00 reduction on the second instalment. The youngest member enrolled needs to apply for the reduction she/he is entitled to (cf. [www.er-go.it](http://www.er-go.it)).

*Reductions applicable from the second year of enrolment to:*

- Students meeting specific requirements of merit and seniority (i.e. not exceeding the legal duration of the degree course) may be entitled to a reduction from 20% to 80% on the second instalment, or even full exemption from it. Further details are available on the University website. The reduction/ full exemption applies automatically.

*Reimbursement of the second instalment applicable from the second year of enrolment to*

- Female students giving birth during the academic year.

They are entitled to up to € 300.00 reimbursement on the second instalment and need to apply for the reduction (cf. [www.er-go.it](http://www.er-go.it)).

- Students hospitalized for over 30 consecutive days in the previous academic year.

They are entitled to up to € 300.00 reimbursement on the second instalment and need to apply for the reduction (cf. [www.er-go.it](http://www.er-go.it)).

Procedures, documents required and further instructions for all the abovementioned categories are indicated on the University website [www.unipr.it](http://www.unipr.it) and the ER.GO. website [www.er-go.it](http://www.er-go.it)



## Further possibilities to apply for a scholarship or a study grant:

**Your Country's Government:** check if your Government grants any scholarship for outgoing students wishing to enrol on a foreign university. Some scholarships may cover the whole duration of your studies in Italy in the framework of agreements between Italian universities and those of your own country. Scholarships are generally assigned upon specific conditions.

**The Italian Government:** as a foreign incoming student, you can benefit from scholarships allocated by the Italian Government on the basis of protocols executing cultural agreements, or of development cooperation programmes. In this case, you will obtain total exemption from tuition fees, provided that you submit all the necessary documentation to the Student Registry Office of your degree course or to the UOS Contributi, Diritto allo Studio e Benessere Studentesco (Organization Unit for Tuition Fees, Right to Study and Students' Welfare). Remember that a good level of Italian is an essential pre-requisite for application.

Further information is available on the website of the Italian Ministry for Foreign Affairs, at: [http://www.esteri.it/mae/en/ministero/servizi/stranieri/opportunita/borsestudio\\_stranieri.html/](http://www.esteri.it/mae/en/ministero/servizi/stranieri/opportunita/borsestudio_stranieri.html/)

### For any further information, details or queries, contact...

- **ER.GO. Regional Authority for the right to Higher Education in Emilia Romagna**  
Website: [www.er-go.it](http://www.er-go.it)  
Phone numbers: Parla con ER.GO from Monday to Friday, from 9.30 a.m. to 04.00 p.m.  
+39 051 6436900 for first year students  
+39 051 19907580 for all other students  
  
To write to ER.GO: [www.er-go.it](http://www.er-go.it) , click on ER.GO Risponde SCRIVICI!  
To chat with ER.GO Staff: [www.er-go.it](http://www.er-go.it) click on Assistenza live! - chat on line from Monday to Friday, from 10.00 a.m. to 12.00 p.m.  
**International Desk:** [ergoid@er-go.it](mailto:ergoid@er-go.it)
- **ER.GO. office in Parma:**  
Vicolo Grossardi, 4 – 43125 Parma (Italy)  
Phone Number +39 0521 2139  
Fax Number +39 0521 213620  
Certified e-mail address: [info@postacert.er-go.it](mailto:info@postacert.er-go.it)
- **University of Parma - UOS Contributi, Diritto allo Studio e Benessere Studentesco (Specialised Organization Unit on Fees, Right to Study and Students' Welfare)**  
P.le San Francesco, 2 – 43121 Parma  
Website: <http://www.unipr.it/contributi-diritto-allo-studio>  
Phone number: +39 0521 034035  
E-mail: [150ore@unipr.it](mailto:150ore@unipr.it)  
Certified e-mail address: [sett.contributidirittoallostudio@pec.unipr.it](mailto:sett.contributidirittoallostudio@pec.unipr.it)  
Opening Times: TUE - THU from 9.00 a.m. to 01.00 p.m.

**4.**

# **Advice and Support**

# Erasmus & International Home

## A new and innovative space for intercultural exchange

The University of Parma welcomes all students to the "**Erasmus and International Home**", the new service and centre for international activities and exchanges. Inaugurated on 26th September 2014, it is located in the impressive setting of Piazzale San Francesco, in the heart of Parma.

The Erasmus and International Home primarily offers information and a front-office service for both outgoing and incoming students and staff (academic and administrative). The EIH team provides assistance as regards Erasmus and other Exchange Programmes, deals with international mobility, bilateral agreements and visiting programmes, and manages contacts with partner universities. The staff can also offer support and advice on a range of queries and issues including visas and immigration, employment regulations, accommodation, academic concerns, culture shock and money matters.

Such service is available to all International students, both EU and non-EU.

However, the Erasmus and International Home is much more than just an office giving administrative support: as the name itself implies, it has been conceived so as to be a welcoming friendly place fostering intercultural exchange and dialogue,



### Erasmus and International Home

P.le San Francesco, 3 - 43121 Parma (Italy)

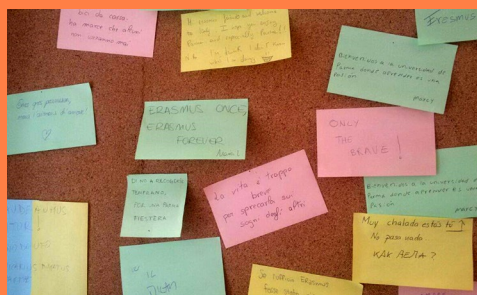
e-mail: [incoming@unipr.it](mailto:incoming@unipr.it)

Phone: +39 0521 904203

### Opening Hours

MON, TUE, WED, FRI: 9.00 a.m. -12.00 p.m.

THU: 9.00 a.m. - 1.00 p.m.



a "home" where students from different countries can meet and share their experiences. Even the rooms and furniture have been designed to convey a sense of "welcoming" and "openness" with their bright colours, the absence of architectural barriers, and the creation of gathering areas equipped with multimedia devices and a coffee-break corner.

The Erasmus and International Home is part of the University's student support network. We always like to hear from international students and will do whatever we can to support you throughout your studies.

# ESN – Erasmus Students’ Network

ESN-ASSI Parma is part of two non-profit networks: ESN (Erasmus Student Network) Italy and ESN International. ESN-ASSI Parma thus coordinates its activities with other University student associations in Italy and abroad, to keep up with the latest projects.

Just like all other Italian and international ESN sections, ESN-ASSI Parma’s mission is to foster student mobility to/from Higher Education Institutions by providing prospective, current and former exchange students with services, support and guidance so that their experience abroad is a success.

In particular, ESN-ASSI Parma volunteers (former Erasmus students) offer daily assistance to both incoming international and Exchange students and to outgoing Italian students wishing to add to their academic curriculum through an experience in a foreign University.

ESN-ASSI mainly helps incoming exchange students in their academic, social and practical integration process, as they often have to face problems in their new environment (and feel abandoned). This is done through activities which promote cultural and social exchange such as excursions, film nights, language projects, international food festivals and last, but not least, parties.

ESN-ASSI also supports students returning from an exchange in their reintegration process by remaining in contact with an international environment. It also provides relevant information and encourages future exchange students to gain from the international experience.

## ESN-ASSI Parma

<http://assi.unipr.it/>

[assi@unipr.it](mailto:assi@unipr.it)

[parma@esn.it](mailto:parma@esn.it)

### Registered Office (Headquarters)

Via Università, 12  
43121 Parma - Italy

### Office

Via Massimo D’Azeglio 85  
43125 Parma - Italy



## ESN Card

The ESN card is the Erasmus Student Network’s membership card . It proves membership in an ESN section and indirectly the entire ESN Network. It provides access to all services and discounts offered by ESN and its partners to international students.

The card is necessary to participate in any ESN-ASSI Parma activity. If you do not own the ESN card, you can ask request it from ESN-ASSI Parma. The card:

- ✓ costs 5 euros
- ✓ is valid 12 months
- ✓ is strictly personal and cannot be used by anybody other than the card holder (photo and personal data are on the card)
- ✓ entitles the holder to discounts in partner shops, bars, cafés, cinemas, etc.
- ✓ allows the holder to take part in all activities and events organised by local, national and international ESN Sections.



## ESN Projects:

**Social Erasmus** is one of the Erasmus Student Network's international projects with the aim of involving international exchange students in social and volunteer activities focusing on charity, environment and education in their host countries. The project promotes a social attitude among international students, and facilitates their integration into the local community while enhancing cultural understanding and self-development. International students contribute to the local community, proving that mobility does not only mean travelling or studying abroad, but also being actively engaged. Local communities are thus encouraged to host international students, thereby enhancing cultural exchange and supporting international mobility.



An Erasmus exchange is an opportunity to learn about new cultures and education systems, and to develop new unforgettable friendships. Social Erasmus is a further occasion for self-enrichment, as well as an inspiration for a new perspective on life.

ESN-ASSI Parma implemented this project in 2012. Since then, it has promoted a number of projects: "Green Wave", to clean the banks of the stream Parma; entertainment for a children's shelter; a dog-sitting service (including the course to obtain the license), to walk the dogs of the Municipal Pound; help to the local charity association "Caritas", by donating what Erasmus and international Students could not pack in their suitcases before returning home (ESN collected 7 large bags filled with quilts, sheets, clothes and shoes thanks to generous students!).

Social Erasmus goes under the slogan: Reach higher! Go further! Go social!

## Tandem Project

Would you like to improve your Italian? ESN-ASSI Parma can help you in finding a Tandem Partner.

Tandem is a project that matches you with an Italian student of the University of Parma who wants to speak your language. We provide you with the contact information of your Tandem Partner, then...it's up to you! You can meet wherever and whenever you want to learn or improve a new language and teach yours (we generally suggest meeting for at least one hour per week and speak entirely in one language only each time). Join the Tandem project and improve your Italian for free!



For any further information, do not hesitate to contact the ESN at: [tandem.esnassiparma@gmail.com](mailto:tandem.esnassiparma@gmail.com)



# Welcome Days ESN

Every academic year, at the beginning of each semester (September and February/March) the University and ESN-ASSI Parma organise the Welcome Days with a varied vibrant programme of activities and events designed to welcome new students to the University of Parma. These events are designed to help you become familiar with the city of Parma, the University and to help you make friends with other students: parties, appetizers, excursions around Parma and a lot more!

A number of events are for Erasmus and International students so that they have the opportunity to meet new people, find out more about ESN (Erasmus Students' Network) and learn about the city of Parma, its neighbourhood and other places in Italy.

During the Welcome Days, the University and ESN provide a range of activities that you can attend.

For the full programmes of the activities and events, visit the ESN-ASSI Parma website: <http://assi.unipr.it/> (check the News section) or visit the ESN-ASSI Parma Facebook page.



## Keep calm and wait for the ESN-ASSI Parma Welcome Days!

# Italian Language Courses for Incoming Students

Learning Italian might be a problem for foreign incoming students...but don't worry! We can help you!

Our University organises free Italian courses for both Exchange (with Erasmus or other International Agreements) and regularly enrolling foreign students, specifically tailored for their needs.

The Italian Language Courses take place in both semesters, and are organised in two modules, each corresponding to a different level:

- ✓ **1st Module:** Intensive course, beginning in September (1<sup>st</sup> semester) and February (2<sup>nd</sup> semester) – taking students from an A2+ to a B1 level
- ✓ **2nd Module:** Extensive course, beginning in the second half of October (1<sup>st</sup> semester) and of March (2<sup>nd</sup> semester) – taking students from a B1 to a B2 level

Every module course is provided in a blended modality: 30 in-class hours of face-to-face lessons + a 15-hour online part consisting in guided self-access lessons on teaching materials aimed at developing competences in Italian Language for study purposes.

Students attending a module and passing the final test are awarded 4 ECTS credits. Every student can acquire up to 8 ECTS credits by attending two modules and passing the final tests (e.g. if a student attends the 1<sup>st</sup> module and obtains the B1 level, he/she can then attend the 2<sup>nd</sup> module to obtain the B2 level).

In the final exam at the end of each module, students are tested on their written and oral comprehension, grammar and writing skills. The test does not include a speaking session.

Students can also choose to get a Certificate of Italian Language (similar to IELTS or TOEFL) for the competences of Reading, Writing, Listening and Use of Italian. This Certificate is then submitted to the President of the student's degree course: upon assessment of this document, the President evaluates whether the student should take the exams of his/her degree course in Italian. Please, remember that this Certificate is not compulsory.

The Italian Language Courses for incoming students take place at the Department of Arts and Literature, History and Social Studies (via D'Azeglio, 85/ Via Kennedy); they are open to all degree courses and completely free of charge.

Updated class schedule is published at [www.lass.parma.it](http://www.lass.parma.it)

Individual learning opportunities for Italian as a foreign language are also available on request.

Before starting the course, you will need to take a **Placement Test**, which will indicate your language level in order to place you in the appropriate module.

The test is taken at the Erasmus and International Home (P.le San Francesco 3) on your arrival.

## Please remember:

Students who attended a course in the first semester can attend another course (of the same or higher level) in the second semester, without taking the placement test again

**For Erasmus students:** please, do not forget that the Italian Language Courses should be approved in your Learning Agreement by the responsible person at your Home University!



## Tutor service – Help for Erasmus



Thanks to “**Help for Erasmus**”, our University puts you in touch with a student from your same Department at the University of Parma who can help you before and during your stay in Parma.

Our programme aims to pair an Erasmus foreign student with a student enrolled at the University of Parma, who will act as a “tutor student”. The tutor student selected attends the same course and/or faculty and ideally has the same experience in the country the foreign student comes from.

Every Erasmus student can ask to be assigned a tutor who will assist him/her in solving any practical problems before arrival and during their stay and who will help him/her integrate into the new environment.

The tutor students contact the Erasmus students even before their arrival in Parma in order to welcome them. They accompany them to the Erasmus and International Home and help them find their way around the city and the University Departments. The tutor students also guide the Erasmus students through their own Department and assist them when they contact the lecturers or the coordinator of their Department.

Considering that very often Erasmus students arrive in Parma without having any prior knowledge of the Italian language and culture and only little information about our University, Help for Erasmus is an excellent opportunity for both Italian and foreign students to overcome any difficulty they might find, especially from a linguistic and cultural point of view. This invaluable service is indeed a challenging

and enriching experience, a real chance to practise a foreign language, to discover Parma and its University...and to make a lot of new international friends!

You can contact our Erasmus and International Home ([incoming@unipr.it](mailto:incoming@unipr.it)) before your arrival or as soon as you are in Parma to request a tutor.

You will receive an e-mail with your tutor's contact details.



**5.**

# **Services and Facilities**

# Student Registry Offices

Student registry offices deal with the administrative aspects of student careers (admission/enrolment, exam registration, certificates, transfer, admission to final examinations, etc.).

All Student registry offices follow the same timetable:

## Opening hours:

Monday, Tuesday, Wednesday and Friday: from 9 a.m. to 12 p.m.

Thursday: from 9 a.m. to 1 p.m.

### Arts and Humanities

Strada D'Azeglio, 85  
Phone number: 0039/0521/903707  
Fax number: 0039/0521/902322  
e-mail: [segrlett@unipr.it](mailto:segrlett@unipr.it)

### Economics and Political Science

Strada D'Azeglio, 85  
Phone number: 0039/0521/902377  
Fax number: 0039/0521/902227  
e-mail: [segrstec@unipr.it](mailto:segrstec@unipr.it) ; [segrsp@unipr.it](mailto:segrsp@unipr.it)

### Engineering and Architecture

University Campus -  
Parco Area delle Scienze, 23/A  
Phone number: 0039/0521/905111  
Fax number: 0039/0521/906051  
e-mail: [segimg@unipr.it](mailto:segimg@unipr.it) - [segarc@unipr.it](mailto:segarc@unipr.it)

### Food and Agriculture

University Campus -  
Parco Area delle Scienze, 23/A  
Phone number: 0039/0521/905127  
Fax number: 0039/0521906037  
e-mail: [segagr@unipr.it](mailto:segagr@unipr.it)

### Law and Social Studies

Strada Del Prato, 4/1A  
Phone number: 0039/0521/904099  
Fax number: 0039/0521/347029  
e-mail: [segreteria.giurisprudenza@unipr.it](mailto:segreteria.giurisprudenza@unipr.it)

### Mathematical, Physical and Natural Science

University Campus -  
Parco Area delle Scienze, 23/A  
Phone number: 0039/0521/905116  
Fax number: 0039/0521/906153  
e-mail: [segsmfn@unipr.it](mailto:segsmfn@unipr.it)

### Medicine and Surgery

Via Volturmo, 39  
Phone number: 0039/0521/903700  
Fax number: 0039/0521/347017  
e-mail: [segmed@unipr.it](mailto:segmed@unipr.it)  
**Health Professions:**  
Phone number: 0039/0521/903700

### Pharmacy

University Campus -  
Parco Area delle Scienze, 23/A  
Phone number: 0039/0521/905123  
Fax number: 0039/0521/906037  
e-mail: [ssfarm@unipr.it](mailto:ssfarm@unipr.it)

### Veterinary Medicine

Via del Taglio  
Phone number: 0039/0521/902604  
Fax number: 0039/0521/347036  
e-mail: [segvet@unipr.it](mailto:segvet@unipr.it)

# URP - University Information Office

Do you need help for administration procedures, information on degree courses or specific requests? The **URP - University Information Office** manages direct communication between the University and the public. The office provides first-level information, sorts general users' requests to the right offices and departments, and coordinates the toll-free number.



You can contact the URP through the front office, via telephone or e-mail.

You can also call the University **toll-free number** from either mobile phone or landline. It provides information about the University degree courses, addresses and student services.

## Computer services and facilities

If you do not own a computer or have no access to the Internet at home, don't worry! The University of Parma provides computer facilities with internet access as well as wi-fi areas for study purposes to all students.

But, first...you need your own e-mail account!

### Appost@perte (Students' individual e-mail)

The '[Appost@perte](mailto:Appost@perte)' e-mail service was established by the University of Parma for all registered students: each student is supplied with an e-mail address which is made up as follows: name.surname@studenti.unipr.it (unless there are cases of homonymy).

Each mailbox is free and has a 10 MB capacity. This service is to be used to interact with the University (e.g. to ask for information on your career, the courses attended, etc.). The University uses this e-mail address to send notices in real time. The e-mail account and password are also necessary to log in for online University services.

*Now, you can freely access the Internet points and wi-fi areas of the University!*

### Computer laboratories and Internet access

Computer laboratories are available for students in most university buildings. The University provides several internet stations, which are available for all students for study purposes.

### Wi-Fi service

Wi-Fi is available in almost all areas of the University. The connection is accessible to staff and students by entering their e-mail account and password to log in.

In Parma, you can find other Internet access points, such as at the [Informagiovani](#), in the public libraries and the Biblioteca Palatina, where you can consult on-line catalogues or carry out scientific research.

### URP - University Information Office

Via Università, 12 (main building)  
43121 Parma

Phone number: 0039 0521 904006

Fax number: 0039 0521 347038

E-mail: [urp@unipr.it](mailto:urp@unipr.it)

MON - WED - FRI: 9.00 a.m. - 12.30 p.m.

TUE - THU: 9.00 a.m. - 12.30 p.m.  
2.30 p.m. - 4.30 p.m.

University Toll - free number (within Italy)



available from MON to SAT, 8 a.m.—8 p.m.



An urban wi-fi net (covering approx. 100 areas of the city), provided by the Town Council is available too. Just select the net “Guglielmo” from your electronic device and open a page. You will be asked to log in with your Username and Password. To obtain these credentials, press the grey button on the right “How to get your account via sms”: follow the instructions and enter the details required (including your mobile phone number); you will receive an instant sms containing your credentials to log in. The service is totally free of charge and allows you to use the Internet for up to three hours (consecutive or not) per day.

## Libraries

A good place to study in Parma is in a public or University library. Most libraries are freely accessible and provide study areas where anyone can sit and enjoy the quite pleasant atmosphere.

Further services such as book and journal borrowing, interlibrary loan, Internet access are available upon registration, which is always free of charge.

Here is a list of both public and University libraries: just choose the one that suits you best...and take your seat!

### Public libraries in Parma

The Town Council’s Library Institution manages and coordinates most libraries, the Newspaper Library and the Video Library. These buildings store about 190,000 documents and works, including books and multimedia material. Further information is available on the website [www.biblioteche.comune.parma.it](http://www.biblioteche.comune.parma.it) The local libraries are listed below:

#### Biblioteca Alice

This library is mainly for children and young people, but also professionals or students who deal with children in their field of work/study. There is a section dedicated to adults which is especially devoted to parenthood, childhood psychology and education, paediatrics manuals and childhood literature.

Location: Serre del Parco Ducale (in the Park) – Parma



#### Biblioteca Civica

This is the biggest and oldest local library. Students and citizens can find books and other material on a variety of disciplines. Within the same building, are **Biblioteca Balestrazzi** (which mainly contains books and documents related to social and political sciences), **Biblioteca Bizzozero** (specialised in agriculture, veterinary medicine, zootechnics, food industry, food sciences, nature and environmental protection, gardening) and the **Newspaper Library** (the “Emeroteca”, which contains Italian and foreign newspapers and journals).

Location: vicolo S. Maria 5 (near Parco Ducale and the Department of Economics) – Parma

#### Biblioteca Pavese

This library is mainly for children and young people, but also professionals or students who deal with children in their field of work/study.

Adults will find a rich collection of contemporary literature books and a section on geography and travel guides.

Location: via Newton 8 (near via Emilia Est) – Parma



### **Biblioteca Guanda**

This library mainly offers narrative books displayed on open shelves and reading spaces. It also provides a computer room and wi-fi access. The same building also houses the **Biblioteca Internazionale Ilaria Alpi**, containing more than 600 books in European and Non-European languages, including Esperanto. You will find books on modern and contemporary literature, history, geography, cultures and religions, as well as language courses and dictionaries.



Location: vicolo dell'Asse 5 (near via Cavour) – Parma

### **Biblioteca del Centro Cinema Lino Ventura – Video Library**

The Video Library has a rich collection of films, documentaries, fictions on DVD or VHS. There are also books on cinema and history of cinema. To discover the other activities of the centre (workshops, courses, contests) visit the website [www.centrocinemalinovertura.it](http://www.centrocinemalinovertura.it).

Location: via D'Azeglio 45 – Parma

### **Biblioteca-Mediatheca della Casa della Musica – Music and Multimedia Library**

The Music and Multimedia Library includes the book and multimedia collection of the local municipality and the University's Musicology Section.

The multimedia catalogue, accessible on site, provides about 6000 CDs and nearly 500 DVDs and VHS cassettes. The catalogue resources range from lyrical, symphonic and chamber music to jazz, rock and pop music; there are also books on history of music, sheet music, scores, opera librettos and listening guides. Further information at [www.lacasadellamusica.it](http://www.lacasadellamusica.it)

Location: Piazzale S. Francesco 1 (adjacent to the Erasmus & International Home) – Parma



### **Biblioteca Palatina**

This old library, located in the historic Palazzo della Pilotta, was set up in 1761 and is now managed by the Italian Ministry for Artistic and Cultural Heritage. The library boasts an extraordinary collection of manuscripts, printed books, archives, letters, drawings and prints. The music section, located in "A. Boito" Conservatory contains scores, sheet music and books on history and study of music. Further information is available on the website [www.bibpal.unipr.it](http://www.bibpal.unipr.it)

Location: Piazza della Pilotta 3 A (city centre) – Parma

Music section: via del Conservatorio 27 (city centre, near

the University main building)

More on Biblioteca Palatina in the Section **Living in Parma**— **Discover Parma**

## University libraries

The literary resources of the University of Parma are in the libraries of the various centres and departments. The implementation of web information services, including bibliographical data and electronic magazines, has significantly increased the range and quality of the services offered. The literary resources of the libraries account for around 1,000,000 books and 8,000 magazine subscriptions. All these resources are available to visitors, especially students, researchers, professors and lecturers, as well as to the University staff, and also to ordinary citizens with specific research and study needs. The University Librarians help all visitors by providing specialized bibliographical information and advice on specific research in various disciplines.

The University libraries are public and offer free access to catalogues and databases of books and journals for bibliographical research, as well as book loan from the local catalogue or through interlibrary loan. In addition to the specialist libraries of different areas, every Department has its own central library.

The digital resource catalogue can be accessed also via the Internet on [www.biblioteche.unipr.it](http://www.biblioteche.unipr.it)

Phone number: 0039 0521 902954

E-mail: [bibliot@unipr.it](mailto:bibliot@unipr.it)

### Library of Arts and Humanities "Paolotti"

(+ Section of Classic and Medieval Philology –  
Philosophy and History)  
Via D'Azeglio, 85 - 43125

### Library of Arts and Performing Arts

via Bodoni, 8 (in Palazzo della Pilotta) – 43121 Parma

### Library of Modern Foreign Languages and Civilizations

viale S. Michele, 9 – 43121 Parma

### Library of Musicology

Palazzo Cusani, Piazzale S. Francesco 1 – 43121 Parma

### Library of Psychology

Borgo Carissimi, 10 – 43121 Parma

### Library of Educational and Social Sciences

Borgo Carissimi, 10/12 – 43121 Parma

### Library of the Department of Law

via Università, 12 – 43121 Parma

### Library of the Department of Economics

viale Kennedy, 8 – 43125 Parma

### OPAC Online Public Access Catalogue

OPAC is the online catalogue of Parma libraries. By visiting <http://opac.unipr.it> you can easily find the book of your interest and its library location. By logging in with your student e-mail and a library password, you can also access a number of personalised services, such as personal bibliographical research lists or book borrowing records.

Through the OPAC, you can also request the interlibrary loan service, which is free of charge.





### **Polytechnic Library of Engineering and Architecture**

Campus-Parco Area delle Scienze, 181/A – 43124 Parma

### **Library of the Department of Food Science**

Campus-Parco Area delle Scienze, 95/A – 43124 Parma

### **Library of the Department of Life Sciences**

Campus-Parco Area delle Scienze, 11/A – 43124 Parma

### **Library of the Department of Chemistry**

Campus-Parco Area delle Scienze, 17/A – 43124 Parma

### **Library of the Department of Pharmacy**

Campus-Parco Area delle Scienze, 27/A – 43124 Parma

### **Library of the Department of Medicine and Surgery**

via Gramsci, 14 – 43126 Parma

### **Library of the Department of Veterinary Medicine**

via del Taglio,8 – Cornocchio, 43126 Parma

### **Library of Physics**

Campus-Parco Area delle Scienze, 7/A – 43124 Parma

### **Library of the Department of Mathematics and Computer Science**

Campus-Parco Area delle Scienze, 53/A – 43124 Parma

### **Library of Earth Sciences**

Campus-Parco Area delle Scienze, 157/A – 43124 Parma



## **Laboratories and other centres**

The University of Parma boasts top-level scientific research: outstanding results of research teams, articles on the main international scientific journals and successful partnerships with other important universities are just some examples of such quality.

Our research teams excel in a number of fields: from food and agriculture to biotechnologies, from innovative medicine to experimental treatment, not to mention law, economics and arts.

Among our greatest discoveries, are the “mirror neurons” by the Department of Neuroscience and our research in information engineering concerning Intelligent Transportation Systems, which lead to the creation of Intelligent Vehicles.

The University of Parma also features a leading TechnoPole for industrial research, which includes several state-of-the-art research centres and laboratories belonging to the Advanced Technology Network of the region Emilia-Romagna.

## **Inter-department centres for research and special services**

Biopharmanet\_TEC – Inter-department centre for the Innovation of Healthcare Products

Centre for Sleep Medicine

University Centre of General Dentistry

CERIT – Centre of Excellence for Research and Technological Innovation

CeRS – Centre for Sports Research

CERT – Centre of Excellence for Toxicological Research

CIDEA – Inter-department Centre for Energy and Environment

CIM – Inter-department centre of Measurements "Giuseppe Casnati"

CIPACK – Inter-department centre for Packaging

COMT – Inter-department centre for Molecular and Translational Oncology

CUCI – University Centre for International Cooperation

MILC – Inter-department multidisciplinary centre for Milk-derived and Dairy Products

RFID&VIS Labs – Technological transfer and industrial research

SEM – Centre for Sport Medicine and Physical Exercise

SITEIA.PARMA – Inter-department centre for Food and Agricultural Innovation Technology and Safety

UniPR Co-Lab – Inter-department Research Centre for Teaching and Support to Digital Publications

## **Didactic-administrative or research service centres**

CEDI – Centre for Engineering Teaching Services

Service Centre for Health, Hygiene and Safety on the Workplace

CERD – University Centre for Teaching and Research Services

CSAC – Study Centre and Communication Archive

## **Centres involving public and private institutions**

CAPAS – Centre for Arts and Performing Arts Activities and Professions

CENTRO ACQUE.EU – University Centre for Clean Waters

DISS – Inter-department centre for Road Safety



## Services for special needs students

### LE ELI-CHE: service for students with disabilities and disadvantaged people – services for students with Learning Disabilities or Special Educational Needs

Eli-Che, headed by the Delegate of the Rector, Prof. Caronna, provides assistance for personalized academic curriculums as well as grants, the latest equipment and other services required by special needs and disabled students (Act 104/92).

**Students with 66% or higher certified disability** are entitled to exemption from university tuition fees, may apply for transportation, and be provided with a one- or two-seat electric scooter, and can request to be accompanied by a student, tutor or peer who attends the same course and who will be paid for 150 hours' work (Law 17/99). Disabled students also receive priority status for Erasmus scholarships, can co-organize events and take part in sport activities (if a disabled student is accompanied to a CUS course by a tutor peer student, they will both obtain ECTS credits for sport activities). They are also reserved barrier-free accessible accommodation facilities (see the section: Practicalities – Accommodation).

The Eli-Che service also welcomes and helps students with less than 66% certified disability and students in temporary or permanent need, including students with learning disabilities. The service plans specific educational paths for students with Specific learning difficulties (D.S.A.) and/or with Special Educational Needs (B.E.S.). Thanks to special agreements, the Eli-Che also devotes particular attention to students with autistic spectrum disorder.

#### Le Eli-Che

#### Services for special needs students

Vicolo dei Mulini, 5.

Phone number: 0039 0521 033572

e-mail: [dis-abile@unipr.it](mailto:dis-abile@unipr.it)

### Certification of disability for foreign students

The University of Parma and the Local Health Authority Unit (Azienda Unità Sanitaria Locale) have signed an **agreement for the recognition of certifications of disability for Academic purposes only, for foreign disabled students** (with a regular residence permit for study purposes) who do not hold any certification issued by competent authorities of their home Country.

## Part-time employment for students

Students enrolled at the University of Parma may apply for a clerical job at the University. Each year in July, the University and ER.GO. publish the call for applications with all the information and admission requirements.

#### Further information:

#### UOS Contributi, Diritto allo Studio e Benessere Studentesco

(Specialised Organisation Unit on Fees, Right to Study and Students' Welfare)

<http://www.unipr.it/contributi-diritto-allo-studio>

Phone number: +39 0521 034035

e-mail: [150ore@unipr.it](mailto:150ore@unipr.it)

The positions consist in administrative work, support to laboratory, library and technical staff, vigilance surveillance and reception for a maximum of 150 hours per year. The **hourly rate is € 7.00** (exempt from IRPEF - Italian income tax). All working activities last

# University Language Centre

The University Language Centre aims to promote the learning of foreign languages within the university environment.

The courses held by the University Language Centre are open to all students enrolled at the University of Parma, as well as to foreign students and graduates attending the University of Parma for education or research purposes, to all the University staff, and private citizens.



The services provided include:

- ✓ IELTS (International English Certificate) preparation courses
- ✓ DELE (Diploma of Spanish as a Foreign Language)
- ✓ Free standard classes to prepare students for the foreign language tests within their degree courses study plan – free of charge
- ✓ Language consultancy service for students and teachers
- ✓ Library offering a choice of books and additional material for various proficiency levels.
- ✓ Codirected lab for students (individual support for language exams preparation)

All the courses offered by the Language Centre are held by mother-tongue teachers. Classes generally include combined insight into basic grammar and lexis, as well as great attention to communicational and cultural aspects of the language chosen.



## University Language Centre

UOS Apprendimento Abilità Linguistiche  
Campus - Parco Area delle Scienze, 45/A  
Phone number: +39 0521 905578  
e-mail: [c.ling@unipr.it](mailto:c.ling@unipr.it)  
[www.cla.unipr.it](http://www.cla.unipr.it)

### Opening hours:

**Office** MON - WED - FRI 9.00 a.m. – 12.00 p.m.  
TUE - THU 9.00 a.m. – 12.00 p.m.  
3.00 p.m – 5.00 p.m.

**Language Laboratory** TUE - WED - THU 9.30 a.m. – 1.00 p.m.

# Sports facilities

## CUS Parma – University Sports Centre

If you like sports, play at a professional level or you just want to try out some new activities, the University of Parma gives you plenty of opportunities through its **CUS – the University Sports Centre**.

Among the CUS sports facilities, located on the Campus-Parco Area delle Scienze, you will find gyms, volleyball and basketball courts, tennis courts, five-a-side football fields, athletic tracks and lanes, a fitness centre, a six-hole golf course and driving range, a judo hall, 3 football fields and 2 multipurpose facilities. CUS Parma also manages the Club La Raquette (3 outdoor tennis courts and a football field with synthetic grass), the PalaLottici (a volleyball court and indoor athletics tracks) and an artificial lake in Medesano (sailing and canoeing). Every year, CUS Parma organises amateur and competitive sports activities and events, preparatory training sessions and several inter-faculty tournaments for both individual and team sports.

CUS Parma competes in National University Championships (organised by CUSI – the Italian University Sports Centre), obtaining excellent results each year, as well as in championships organised by the various sports leagues. CUS Parma plans sports activities and events in collaboration with Italian and Foreign Universities, with a view to promoting sports and fostering cultural exchanges between Parma University students and students from other universities.



If you do not play any professional sports, but simply want to keep fit or play at an amateur level, you can choose from a wide range of courses at very affordable prices. CUS also organises a large number of activities tailored for people with disabilities.

### How to join the CUS

If you wish to participate in the activities and events organised by CUS, including tournaments and courses, you have to enrol on the CUS programme. You will receive the **CUS card** (price: € 5.00 for students; valid for a year, from 1<sup>st</sup> September to 31<sup>st</sup> August), which entitles you to participation in activities and courses and rental of sports facilities at very reasonable prices.

### CUS PARMA – University Sports Centre

Campus - Parco Area delle Scienze, 95

Phone number: +39 0521 905532

e-mail: [segreteria@cusparma.it](mailto:segreteria@cusparma.it)

[www.cusparma.it](http://www.cusparma.it)

#### Secretary Office Opening Times:

MON - FRI 10.30 a.m. – 6.30 p.m.

#### Other facilities:

##### Club “La Raquette”

Via Racagni 13 (near park Cittadella), 43123 Parma

##### PalaLottici

Via Po, Parma

In order to receive the CUS card, you need a document proving your student status, a passport photo and a valid medical certificate (covering the whole period until 31<sup>st</sup> August) for non-professional sports activities. The certificate is compulsory only if you intend to take part in tournaments and courses; you do not need the certificate to rent the sports facilities.

CUS activities and courses are open to everyone, students or non-students; however, university students enjoy more advantages, discounts and reduced prices for courses.



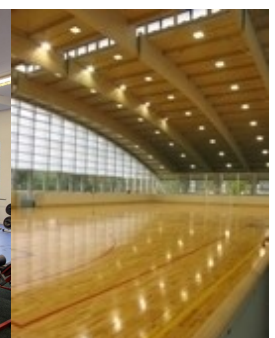
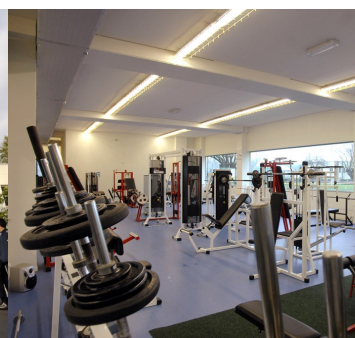
## Sports and related facilities

- ✓ **Athletics:** a 6-lane athletics track, 1 indoor athletics straight track – 4 lanes, 60 m long (on Campus-Parco Area delle Scienze). 1 indoor 5-lane athletics track- 160 m long, 1 indoor athletics straight track – 3 lanes, 60 m long; 1 indoor long jump pit (at Pala-Lottici).
- ✓ **Basketball:** 1 indoor court and 1 outdoor court (on Campus-Parco Area delle Scienze)
- ✓ **Five-a-side football:** 1 natural grass field and 4 outdoor fields, 2 with synthetic grass (on Campus-Parco Area delle Scienze). 1 synthetic field (at Club “La Raquette”)
- ✓ **Football:** 3 football fields (on Campus-Parco Area delle Scienze)
- ✓ **Golf:** 1 six-hole golf course and driving range (on Campus-Parco Area delle Scienze)
- ✓ **Judo:** 1 judo hall with tatami (on Campus-Parco Area delle Scienze)
- ✓ **Gym:** 2 halls for muscle training and pump; 1 hall for aerobics (on Campus-Parco Area delle Scienze)
- ✓ **Volleyball:** 1 indoor court (on Campus-Parco Area delle Scienze). 1 indoor court (at PalaLottici)
- ✓ **Tennis:** 3 outdoor courts: 2 clay courts and 1 synthetic grass court; 4 indoor courts (on Campus-Parco Area delle Scienze); 3 outdoor clay courts (at Club “La Raquette”)
- ✓ **Sailing:** at the lake in Medesano
- ✓ **Rugby:** 1 outdoor field



## Sports Courses available (the list is regularly updated on the CUS website)

- ✓ **Sports:** golf, judo, kickboxing, swimming, orienteering, running-athletics, skiing (with pre-skiing training), tennis, triathlon...
- ✓ **Fitness:** aerobics, cross circuit, gag & bag, jogging, Pilates, postural training, step, total body, Zumba, ...
- ✓ **Team sports:** basketball, volleyball.
- ✓ **Additional courses** Combat sports (such as taekwondo and kickboxing), Latin-American dancing, boxing, dancing, hip-hop and kids' dancing, swimming...
- ✓ **Professional sports** Athletics, basketball, five-a-side football, canoeing, golf, judo, combat sports (kickboxing), orienteering, volleyball, winter sports (alpine skiing and cross-country skiing), tennis, triathlon, sailing...





# University Choir and Orchestra

If you like singing or playing an instrument, why not join the University Choir or the Orchestra? You will have the opportunity to cultivate your musical passion and nurture your talent...while making a lot of new friends!

## "Ildebrando Pizzetti" University Choir

Created in 1968 and named after the local composer Ildebrando Pizzetti, the University Choir is made up of a group of friends who enjoy playing music and singing together. No particular musical competence is required in order to sing: this will be acquired with experience.



Thanks to important collaborations (Teatro La Fenice – Venice; Teatro Regio – Parma; Symphonic Orchestra “Arturo Toscanini” – Parma), over the years the Choir has attracted an increasing number of participants both from Italy and abroad. The Choir holds a series of concerts not only in Parma, but also in prestigious locations around Italy and Europe. Moreover, since 2008, the Choir has organised the festival “Gaudeamus in Musica”, a special occasion to enjoy the performances of the best Italian and European university choirs.

The Choir’s repertoire ranges from medieval to modern music (spirituals, Scottish songs, etc.), but their forte is Renaissance and early Baroque music. This activity is entirely free of charge. The Choir usually rehearses in via Cavour 28 once a week, on Mondays from 9 to 10.30 p.m.

### "Ildebrando Pizzetti" University Choir

Via Cavour, 28 - Parma  
email: [coro@unipr.it](mailto:coro@unipr.it)  
Conductor: Ilaria Poldi

## University Orchestra

The University Orchestra is made up of students from the University of Parma. This initiative started in October 2000 as one of the activities promoted by the Musicology Department and it is open to all students wishing to play an instrument at the University and to perform in concerts. It was officially recognised as a University Music Centre in May 2005 and has so far performed in about 200 concerts, in important theatres and music halls both in Italy and abroad (Teatro Regio – Parma; University of Lübeck; University of Oslo; University of Bologna; Festival International de Musique Universitaire de Belfort). Joining the Orchestra is thus an opportunity for cultural exchanges with students from other Italian and foreign Universities.



### University Orchestra

Via Cavour, 28 - Parma;  
Phone +39 0521 283166  
Conductor: Prof. Luca Aversano  
([luca.aversano@unipr.it](mailto:luca.aversano@unipr.it))

The group includes 25 instruments (violins, violas, cellos, double basses, flutes, clarinets, oboes, horns, trumpets, trombones, and pianos) and studies a "classical" repertoire, prevalently chamber music from Baroque to Classical-Romantic Music and 20<sup>th</sup> Century lyrical and symphonic music. The ensemble rehearses once a week (generally on Tuesdays, at 6.00 p.m.) at the Department of Arts and Literature, History and Social Studies – Theatre Section in via Cavour 28 (2<sup>nd</sup> Floor). To join the Orchestra, you must be able to play an instrument, preferably a classical one (string, wind or woodwind, percussion instruments) even at an amateur level. If you are interested, send an e-mail to the conductor, Prof. Luca Aversano at [laversano@yahoo.it](mailto:laversano@yahoo.it)

**6.**

# **Practicalities**

# How to reach Parma

## By plane

The Airport of Parma “Giuseppe Verdi”, is located just outside Parma, at only a few kilometres from the city centre. It can be easily reached both by car and by bus n°6. The airport provides national flights and a flight for London Stansted Airport.

You can comfortably reach Parma from the main international airports of Northern Italy as well, especially Milan and Bologna. The closest international airports to Parma are:

- Bologna – “Guglielmo Marconi” Airport
- Verona – “Catullo” Airport
- Bergamo – Orio al Serio Airport
- Milan – Linate Airport
- Milan – Malpensa Airport
- Pisa – “Galileo Galilei” Airport
- Genoa – “Cristoforo Colombo” Airport
- Venice – “Marco Polo” Airport



### **"Giuseppe Verdi" Airport - Parma**

Via dell'Aeroporto 44/A, Fontana (PR)

Phone Number 0039 0521 951501

The simplest way to get to Parma from one of these airports is to take a coach to get to the main railway station and then take the train. There are frequent direct trains connecting Bologna and Milan to Parma.



### **Parma Railway Station**

Piazzale Carlo Alberto Dalla  
Chiesa 11, Parma

Phone Number 0039 0521  
771426

### **Useful Tips!**

If you book on the Internet in advance, you can find reduced tickets even for high-speed trains!

## By train

Trains are generally a cheap and rather comfortable means of transport in Italy, even though they sometimes run a little late. They are, nevertheless, the most suitable means for young students. You can choose among a wide range of train types, from local regional ones to high-speed ones, depending on lines and destinations.

Parma lies strategically on one of the main Italian railway lines, thus is easily reachable from most directions. Milan and Bologna are the closest important hubs, connected to Parma by both local or fast trains. Some high-speed trains also link Parma with Florence and Rome, with approx. two- and four-hour journeys respectively, so you can visit two of the most beautiful cities in Italy with just a few hours' ride!

Parma Railway Station has been recently renovated and equipped with modern services and facilities: self-service ticket machines, elevators, cafés, a sheltered bike parking and a bus station.

You can find detailed information on trains and timetables on the Trenitalia – Ferrovie dello Stato Website, or you can contact the Call Center on +39 199 892021.

## By car

Parma can be easily reached by car, as it lies on the main Italian motorway, the A1 Milan-Naples (part of European Route E35). Parma is also served by the A15 Parma- La Spezia motorway (part of European Route E33), which leads to the Ligurian Sea.

The [Italian Motorways Website](#) provides detailed information on the Italian roadways.

In Italy, you must pay a toll based on the length of your trip and the region(s) you travel through when using a motorway.

[www.autostrade.it](http://www.autostrade.it)

### Autostrade S.p.A. - Parma

Phone Number: 0039 0521 273219

**Motorway / Route / Exit**

**A1, Autosole** / Milano-Napoli (E35) / *Parma*

**A15, Autostrada della Cisa** / Parma - La Spezia (E33) / *Parma Ovest Pontetaro*



## DISTANCES

**Parma is located**  
120 km from Milan  
100 km from Bologna  
190 km from Florence  
250 km from Venice  
460 km from Rome

## By coach

Eurolines coaches connect Parma to the main European cities such as London, Paris, Amsterdam, Brussels, Barcelona, and Ljubljana.

If you are travelling alone, the coach may well be the cheapest way to reach Parma. Coaches arrive at and leave from Parma, close to the railway station (P.le Dalla Chiesa) on alternate days.

Further information and ticket booking available on

[www.eurolines.com](http://www.eurolines.com)



# Accommodation

Parma is a medium-sized city with accommodation located in different parts of the city itself. Depending on the length of your stay, your budget and personal requirements, you can choose from a number of different possibilities.

The University of Parma does not automatically provide accommodation in residence halls for Erasmus or International students. However, we can help you find a place to stay through dedicated services. We strongly advise you to look for accommodation well in advance since our University cannot guarantee accommodation for all students right on their arrival.

## ER.GO Accommodation services

The first possibility is offered by **ER.GO.**, the **Regional Authority for the Right to Higher Education**.

ER.GO provides student housing with over 600 rooms in the 6 halls of residence within the city of Parma, usually located at a short distance from the University departments. ER.GO can also provide specially equipped housing for disabled people, located in town.

Every year an announcement of selection for accommodation for degree-seeking students is published, usually in July-August. Foreign students have equal opportunities to apply as Italian students, provided they meet the requisites and submit the necessary documentation as indicated on the ER.GO website [www.er-go.it](http://www.er-go.it).

Application forms must be submitted exclusively online, at [www.er-go.it](http://www.er-go.it). It is also possible to apply for fixed rent benefits, based on income and merit requisites.

Accommodation facilities which have not been assigned and are therefore vacant, can be offered to incoming students, trainees and researchers temporarily studying and/or working in Parma. Such possibilities are published on the 'vacancies board' of the halls of residence called **BORSINO of the "Sportello Unico Casa"** (ER.GO. Housing Office), available on [www.er-go.it](http://www.er-go.it), so that applicants can check the vacant rooms, prices and features in real time and also make a reservation online. The Sportello Unico Casa is a service offered by ER.GO to students or other customers for short periods only. To secure a room contact [residenzepr@er-go.it](mailto:residenzepr@er-go.it) ([www.er-go.it](http://www.er-go.it)).

Accommodation offered by ER.GO has very affordable prices (from € 135 to € 194 per month, including utilities – prices for year 2013/2014). All residences are equipped with Internet Wi-Fi access and common areas (a study room, a TV room and a launderette).

### Appartamenti Residenza Casalegno-Tobagi (residence flats)

Via Casalegno 2, 14, 16 and via Tobagi 2,4,6

7 flats sleeping 3-4 people each, for a total of 25. The flats are located in private blocks. Each flat has single rooms, a kitchen and 1-2 bathrooms.

### Residenza Cavestro

Piazzale Bertozzi, 1

Single or double rooms with private bathrooms sleeping 98 people; 4 rooms for disabled students. Shared kitchens.

### Residenza Montebello

Piazzale Occorsio, 1

Small flats equipped with 3 single rooms, a kitchen and a bathroom each, sleeping 48 people altogether.

### Residenza San Pancrazio

Via Lizzadri

Two-room flats sleeping 110 people altogether (including 8 disabled students). Shared bathrooms and kitchens.

### Residenza Ulivi

Via Pasini, 36

109 single rooms with private bathroom and 12 double rooms with private bathroom sleeping 124 people altogether. Shared kitchen.

### Residenza Voltorno

Via Rossellini, 3

Two-room flats with bathroom and a shared kitchen sleeping 212 people altogether (including 10 disabled students).

## ER.GO

Vicolo Grossardi, 4 - 43125 Parma

Phone Number 0039 0521 2139

Fax Number 0039 0521 213620

Call Center: 0039 051 6436900 (from Monday to Friday: 9 - 16.30)

email: [info@er-go.it](mailto:info@er-go.it) ; [residenzepr@er-go.it](mailto:residenzepr@er-go.it)

[www.er-go.it](http://www.er-go.it)

## University Accommodation agreements

The University has signed an agreement with the following private residences and dormitories:

**Residenza Terzo Millennio:** a modern recently built residence located near the University Campus - Parco Area delle Scienze. A few one-room apartments have been reserved for students. Rent is 450€ per month, all expenses included.

Via Schreiber, 9/D

Phone Number +39 0521 708041

Fax Number +39 0521 708042

[www.rtmliving.com](http://www.rtmliving.com)

[www.residenzaterzomillennio.it](http://www.residenzaterzomillennio.it)

[info.parma@rtmliving.com](mailto:info.parma@rtmliving.com)

facebook.com: Residenza Terzo

Millennio Parma

**Residenze del Campus:** a housing complex for university students, located near the University Campus and several facilities including a shopping center, bus stops, a sports centre etc. The flats are different sizes (50-64-72 square metres).

Via Schreiber, 9-17

Phone Number +39 0521 208959 / +39 393 0397735

[www.leresidenzedelcampus.it](http://www.leresidenzedelcampus.it)

[info@leresidenzedelcampus.it](mailto:info@leresidenzedelcampus.it)

**Residenza Cocconi:** located in the city centre, near via D'Azeglio and the Department of Economics. Each apartment has its own kitchen, bedroom and bathroom. In the building you will also find common areas such as the gym, the lounge/den, the study room and the laundry. Rental includes Wi-Fi and condominium fees (centralised heating included).

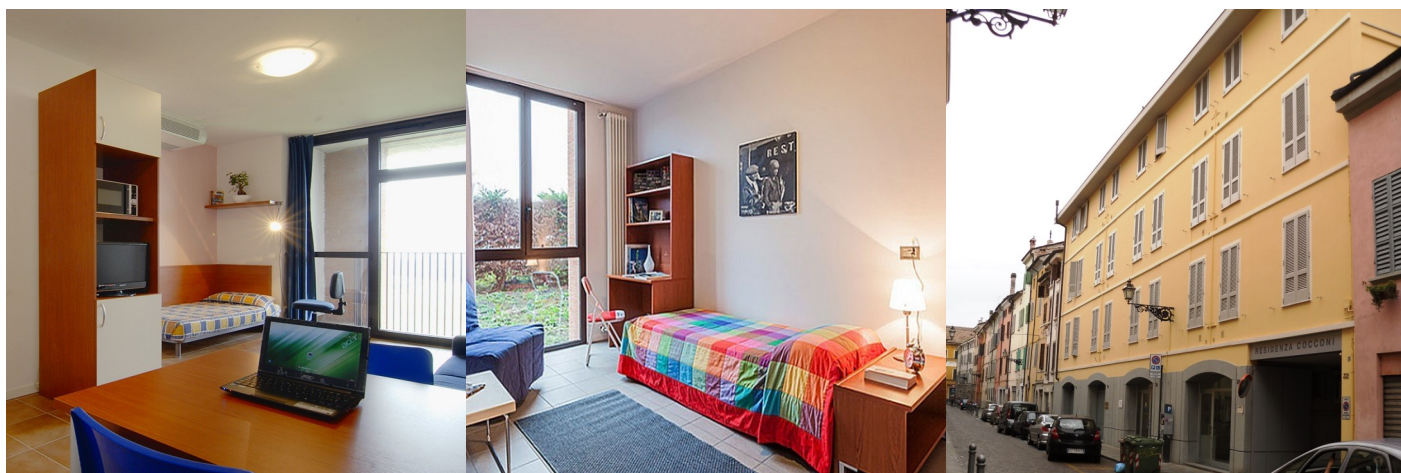
Borgo Pietro Cocconi 30

Phone Number +39 0521

1759384 / +39 0521 034031 (Mo-Fri 9-12.30)

[www.abitaplus.it](http://www.abitaplus.it)

[parma@abitaplus.it](mailto:parma@abitaplus.it)



## Other private dormitories

Another accommodation opportunity is offered by private dormitories, mainly managed by religious institutes. They offer rooms for both a short period and for the whole year.

### **Collegio Universitario Internazionale Giovanni XXIII – (male dormitory)**

Via Garibaldi, 28  
www.collegiogiovanni.it  
Phone Number 0039 0521 641021

### **Istituto Salesiano San Benedetto – (male dormitory)**

Piazzale San Benedetto, 5  
www.salesianiparma.it  
Phone Number 0039 0521 381411

### **Collegio San Anselmo d'Aosta dei Padri Benedettini – (male dormitory)**

Borgo Pipa, 5  
Phone Number 0039 0521 235359

### **Casa della Divina Provvidenza – (female dormitory)**

Piazza Don Dagnino, 1  
www.convittoprovvidenza.com  
Phone Number 0039 0521 282102

### **Pensionato Universitario San Luigi – (female dormitory)**

Via Catalani, 16  
Phone Number 0039 0521 247533

### **Casa della Giovane – (female dormitory)**

Via Conservatorio, 11 -  
www.casadellagiovane.it  
Phone Number 0039 0521 285923

### **Collegio Femminile Santa Cecilia – (female dormitory)**

Via Guasti di Santa Cecilia, 10  
Phone Number 0039 0521 287476

### **Istituto Suore del Buon Pastore – (female dormitory)**

Via Sidoli, 63  
Phone Number 0039 0521 242338

### **Collegio Sant'Angela Merici – (female dormitory)**

Borgo Santa Brigida, 2  
Phone Number 0039 0521 841496 (lunch and dinner time)

## Hostels

A good solution for your first days in Parma, or for friends and relatives visiting, is to book a room in a city hostel. In case on your arrival. Should you not have accommodation on your arrival, you can book a room at the Youth Hostel as Erasmus or International student. The Youth Hostel sleeps 83 people in rooms with 2 to 6 beds, all equipped with ensuite bathrooms and air conditioning. There is a breakfast room with vending machines, a laundry, a chargeable Internet point (on payment), free Wi-fi and a TV room. The Youth Hostel Federation Card is compulsory and can be purchased directly on site.

The Hostel is open all year round. Remember to book your hostel room in advance.

You may also opt for other hotels, B&Bs or other accommodation facilities.

You can find a list on **Parma Tourism Website:**  
[www.turismo.comune.parma.it](http://www.turismo.comune.parma.it).

### **Youth Hostel “Luciano Ferraris” (Ostello della Gioventù)**

Via San Leonardo, 86 - 43122 – PARMA  
(opposite “Centro Torri” shopping centre)

Phone Number 0039 0521 1917547

Fax Number 0039 0521 1917548 –

E-mail: [info@ostelloparma.it](mailto:info@ostelloparma.it)

[www.ostelloparma.it](http://www.ostelloparma.it)

## Private accommodation

Accommodation can also be found in privately owned flats, i.e. one or two-room apartments, perhaps sharing with other students. Adverts offering private accommodation can be found on the boards of the Departments or at the Informagiovani (via Melloni 1/b, near via Cavour). You may also put up your own notice to publicize that you are looking for accommodation.

Other possibilities can be found on the Internet or through real estate and house rental agencies. However, they generally charge a commission fee for their intermediary services.

To receive assistance in finding accommodation students should contact our Erasmus and International Home (Tel. +39 -0521-034632 ) as soon as possible from Monday to Friday between 10:00 a.m. and 12:00 p.m. only. At the beginning of September and February each year, the Erasmus and International Home can help you find a good range of flats available .

Prices generally vary from € 250-300 per month for a single room and €150-200 per month for a bed in a double room.

### Useful tips

When signing a rental agreement for house or room (especially with private owners), always check if utilities are included in the price.

### Useful information

In Parma, recycling is compulsory and the service is handled by IREN. The different types of recyclable waste (plastic materials and aluminium, glass, paper, organic waste) and non-recyclable waste are collected door-to-door on different days.

Days of collection vary according to the area and the type of waste. Please check the internet website ([www.irenemilia.it](http://www.irenemilia.it)) or a notice in your building to find out details.

### Housinganywhere.com

A brand new opportunity of finding a room at affordable prices is the [housinganywhere.com](http://housinganywhere.com) platform. If you are an incoming student in search of accommodation, with this new service you can rent the room of a student from the University of Parma while he/she is abroad for an Erasmus or other studying experience abroad. Through this innovative international system outgoing students sublet their rooms to incoming students for the period they are studying in another country. The advantages:

- ✓ incoming students can find short stay accommodation more easily and more safely;
- ✓ outgoing students help the university by increasing the supply of short stay accommodation and can earn some money and/or avoid paying double rent.



Click on the link [www.HousingAnywhere.com](http://www.HousingAnywhere.com) with your student email address to access the virtual noticeboard and:

- ✓ check if there is a room available;
- ✓ contact the student who is subletting the room via e-mail (use your student e-mail address);
- ✓ arrange for an appointment to visit the room.

HousingAnywhere operates on a student-to-student basis and is totally free of charge. Using HousingAnywhere.com is also **totally safe**: thanks to the agreement with the University of Parma, students can only access with the student e-mail address provided by the University. This reduces the risk of frauds or swindles.



# Moving around

## By bike and on foot

Cycling is the cheapest, healthiest and most effective way of getting around Parma. The locals usually ride their bicycle to go to work, move around or reach different parts of the city (especially the city centre), and in doing so they avoid traffic congestions and the trouble of having to find a parking space. Cycling in Parma is really pleasant and easy, thanks to over 100 kilometres of cycle lanes connecting opposite sides of the city. These lanes are convenient for both cyclists and pedestrians, as they are generally traffic free and clearly signposted.

A pleasant walk around the city centre is another relaxing way to move around Parma: most streets in the centre are pedestrianized, so vehicles are not allowed.



### If you don't own a bike...

... you can hire it! Thanks to the bike sharing service implemented by Parma Town Council you can rent a bike, collect it and leave it in dedicated bike parks, at affordable prices.

## By bus

If you feel more comfortable moving around by bus, you can use Parma's public transport network, provided by the local company **TEP**. Buses run both within the city and to the surrounding areas, and operate seven days a week. If you use the bus frequently, it may be worth investing in a travel pass, which entitles you to unlimited travel for a given period of time (one month, three months, one year) and therefore a cheaper way of travelling, if you make a lot of journeys each month. All tickets and bus passes must be stamped on the bus.

### Further information

on bus timetables, travel passes and tickets is available on the TEP website:

[www.tep.pr.it](http://www.tep.pr.it) (also in English).



Other special services:

**Pronto Bus:** on-call night-bus service from 8.00 pm to 1.00 am. Call toll-free number 800.22.22.23 and give your exact position; an operator will indicate the nearest Pronto Bus Stop and the estimated time of arrival. Tickets (available on board): €2.50 (valid for 1 hour); € 3,00 unlimited night ticket

**Disco Bus:** (jointly offered with the Province of Reggio Emilia) special bus service connecting Parma with the main discos and clubs in the provinces of Parma and Reggio Emilia. Return ticket (available on board): €2.50. In some partner clubs or discos, you can get a discount on entry when showing your bus ticket.

## By car...and car + bus

If you like travelling by car, Parma especially offers two options:

- ✓ If you want to move around by car, but haven't got one...you can hire one! In addition to the bike sharing service, Parma Town Council also offers a **car sharing service** at affordable prices. You pay for the car only when you use it! Moreover, car sharing vehicles can access Limited Traffic Areas freely and park in pay and display parkings (blue and white/blue lines) without paying. They can also circulate freely during traffic restraint days, since they are all environmentally friendly.



### Further information

on bike and car sharing:  
**Infomobility S.p.A.**  
[www.infomobility.pr.it](http://www.infomobility.pr.it)  
[info@infomobility.pr.it](mailto:info@infomobility.pr.it)

- ✓ If you own a car, it may be difficult to find a car parking space or reach the city centre without having to pay a fine. It is advisable to leave the car in a **"Park and Ride"** and take the bus to the city centre.

Parking is free. You can either use the ordinary bus ticket (€ 1,20 - valid for 1 hour) or purchase the bus ticket at the Park and Ride ticket machines: this ticket costs €2.00 and lasts all day long.

The Park and Ride facilities are connected to the city centre by the following bus numbers:

- The South Eastern Park and Ride, in via Traversetolo, is served by buses 8 and 11
- The Southern Park and Ride, in via Langhirano, near the University Campus roundabout, is served by buses 21 and 14 (at certain time intervals and during University terms) and by bus route 7 at weekends and on holidays.
- The Northern Park and Ride, near the A1 motorway exit, is served by buses 2 and 13
- The Western Park and Ride, near the Crocetta area, is served by bus 23
- The Eastern Park and Ride, near the Ex-Salamini area, is served by bus 23
- The new Park and Ride in Viale Villetta (with ticket machine on the corner of Viale Villetta and via Stirone) is connected to the city centre by bus 1
- The Palasport Park and Ride, in largo Beccaria, is served by buses 20 and 5
- The Cavagnari Park and Ride, is connected to the city centre by bus 6

# Cost of Living

On average, the standard of living in Parma corresponds to that of most cities in Northern Italy. The prices below are an estimate of the costs of main services and facilities.

- ✓ Average rent for apartments: € 300 - 550
- ✓ Average rent for two-room apartments: € 600 - 800
- ✓ Average rent for a single room in private apartments: € 200 - 350
- ✓ Average rent for a double room in private apartments: € 150 - 250
- ✓ Bed/Single room in a Youth Hostel: from € 20 to € 40



- ✓ Shopping for one week's supplies: approx. € 50 - €60

- ✓ Pizza + beverage + espresso / dessert: approx. € 15
- ✓ Meal in a trattoria (typical Italian restaurant): from € 25 - 30
- ✓ Breakfast in a café (cappuccino and croissant): approx. € 2.20
- ✓ Meal at the University canteen: from € 4.00 to € 8.00 (full lunch)
- ✓ Lunch in a café (sandwich and beverage): approx. € 6.00



- ✓ Single bus ticket: € 1.20 (validity: one hour)
- ✓ Day bus ticket: € 3.00
- ✓ Weekly adult bus-pass (contains 8 one-hour single tickets): € 8.00
- ✓ Monthly adult bus-pass: € 28.50
- ✓ Three-month student bus-pass: € 63.00



Cinema (premières): from € 7.00 to €9.00 (discounts on week days) - With Student Card € 5.00-5.50 from Monday to Friday (except holidays).



- ✓ Disco-pub: approx. € 10.00



# Meals and Canteens

## University canteens and cafés

Thanks to an agreement between the University of Parma and ER.GO (Regional Authority for the Right to Higher Education), students can have their meals at favourable prices in two self-service canteens and three cafés.

Foreign students enjoy the same treatment as Italian students as regards applications, requirements and assessment are concerned. No documents are required during the first stage. The self-service canteens and cafés are located in different parts of the city, i.e. near the Campus, the Department of Veterinary Medicine, the Main Hospital and in the city centre.

### Self-service canteens:

#### **"Campus" Self-service**

viale delle Scienze 57/A,  
in the University Campus - Parco Area delle Scienze  
Opening times: Monday – Friday, 12.00 – 2.00 pm.  
Closed on Saturdays, Sundays and in the evenings.

#### **"Grossardi" Self-service**

Vicolo Grossardi 4 (2nd floor) – near the city centre  
Opening times: Monday – Saturday, 12.00 – 2.00 pm.  
Monday – Friday, 7.30 pm – 9 pm (from October to June)  
Closed on Saturday evenings and Sundays.

In the Grossardi and Campus Self-Service canteens you can choose from different menus, including vegetarian dishes or pork-free food. Ingredients are indicated on the menu. If you suffer from food intolerances or allergies or you need a specific diet, you can ask the cooks for a personalised meal. Our cooks are specifically trained for the preparation of gluten-free meals.

### Cafés:

#### **"Campus"**

viale delle Scienze 57/A, in the University Campus - Parco Area delle Scienze  
Opening times: Monday – Friday,  
8.00 am – 4.00 pm.

#### **"Cornocchio"**

via del Taglio 8, in the Department of Veterinary Medicine  
Opening times: Monday – Friday,  
8.00 am – 4.00 pm.

#### **"Kennedy"**

Via Kennedy 4, in the Department of Economics (near the city centre)  
Opening times: Monday – Friday,  
8.00 am – 6.00 pm.

ER.GO self-service canteens and cafés are closed in August, during the Easter and Christmas Holidays, on Sundays and on other holidays.

### Other Self Service Restaurants:

ERGO has signed an agreement with three other self-service restaurants, where students are granted a 25% discount on their meals. Price lists are displayed in the restaurants and are visible to customers. Restaurants and self-service restaurants are open on Saturdays as well, and close one day a week, like all other Italian shops.

#### **"Isola Delle 12" self-service restaurant**

Strada dei Mercati 22/A, near the Department of Veterinary Medicine  
(lunch only)

#### **"La Piazzetta" self-service restaurant**

Via Gramsci, 14 (in the Main Hospital – lunch only)

#### **"Magnosfera" self-service restaurant**

Via Oberdan 5, near the Department of Law and Main University Building (city centre)



# Healthcare service

⇒ **EU and EU equated students** should already possess the **TEAM-European Health Insurance Card**, which is valid in Italy as well. If not, they need to have a health insurance policy which has to be valid on the Italian territory and must cover the entire duration of their stay.

⇒ **Non-EU students** should have a health insurance policy which has to be valid on the Italian territory and must cover the entire duration of their stay. For some non-EU countries there are special bilateral agreements with Italy as regards health assistance.

If you are staying more than 90 days in Italy (both EU and Non-EU students) and you do not hold a health insurance policy, you can choose to register with the **Italian National Health Service - Servizio Sanitario Nazionale (SSN)** upon payment of an annual fee of around 150 €, with ensuing issue of the healthcare card lasting for the corresponding calendar year. Registration allows you to have access to the services provided by the SSN to both Italian and foreign citizens, through both public and private institutions which have set up agreements with the SSN. Some of the services are free of charge, whilst others require the payment of a small fee, the so-called "ticket".

## How to be entitled to health assistance - voluntary registration with the SSN

To register with the Italian National Health Service, you must apply to the AUSL, the Local Health Authority of the area you live in, by presenting a proof of ID, your residence permit for study purposes (non-EU) and a self-certified statement of residence. The **AUSL (Local Health Authority)** is the reference point to register with the SSN - Italian National Health Service (and receive the health card), obtain information about health assistance, and book medical examinations,

### Please note!

Special regulations rule the services provided for foreign citizens who are staying in Italy on a temporary basis, for tourism, study or work, and likewise for Italian expatriates who return to Italy on a temporary basis, again for reasons linked to tourism, study or work. We invite you to visit the website of the SSN for further details: [www.salute.gov.it](http://www.salute.gov.it)

Once you have registered with the SSN, you will be issued a healthcare card. This document is personal and entitles you to health assistance (e.g. medical examinations, laboratory tests, hospital admissions). On registration, you choose a general practitioner and the name of your doctor will be printed on your healthcare card. For Non-EU citizens, the duration of the healthcare card corresponds to the duration of the residence permit.

Registering with the Italian National Health Service (SSN) is on a voluntary basis.

## Medical services and facilities in Parma

Parma is served by the main public hospital and private clinics.

Here is a list of services and facilities you need to bear in mind:

### ⇒ **Punto Bianco (First Aid Clinic)**

When your GP is out of office, go to the hospital **“Punto Bianco”** (First Aid Clinic) for minor and not urgent health problems. Entrance is on via Abbeveratoia. You will need your healthcare card and proof of identity to receive assistance. The service is totally free of charge. The clinic is open every day from 8.00 am to 8.00 pm. Please, only use this service when you cannot contact your own doctor. Phone number: +39 0521 703018.

### ⇒ **Guardia Medica (Doctor on Call)**

For serious problems at night, on holidays and non-working days, contact the **Guardia Medica** (Doctor on Call). The number for Parma is : +39 0521 292555. The service is located in via Rasori and is active from 8.00 pm to 8.00 am on the following day, and at weekends from 10.00 am on Saturday mornings to 8.00 am of Monday mornings. The doctor generally deals with the patient’s health issue over the phone and, in urgent cases, will visit him/her at home. After a medical examination and initial treatment, he/she might prescribe medication, issue medical certificates and/or recommend hospital admission.

### ⇒ **Pronto Soccorso (Accident and Emergency Department)**

The hospital Accident and Emergency department is open 24hours a day and is located in via Abbeveratoia. The structure has been recently renovated and equipped with modern electronic and computer devices to guarantee better assistance to the patients. Patients are first admitted to the triage section, where cases are classified according to colour codes from white (minor) to red (emergency) depending on how serious they are. The most serious cases are treated first, so, if your case is classified as white, you will probably have to wait some time before being treated. Please use this service only when really necessary; in any other case, call your GP or the Doctor on Call. Phone number: +39 0521 703084. Emergencies: +39 0521 703085.

### ⇒ **Spazio Salute Immigrati (Health Assistance for foreign citizens)**

This service is available for foreign students who need medical assistance. The Spazio Salute Immigrati is located at 27, via XXII Luglio (Phone number: +39 0521 393431).



# Safety

Parma is generally quite safe to live in and travel around. However, as in most other cities in the world, you should take precautions to protect yourself and your belongings. Here are a few tips for your safety, which you should take into account in your day-to-day life:

- ✓ Always close all windows and lock your room or apartment when you go out
- ✓ Never leave your personal belongings (especially your bag, wallet/purse, or any electronic device such as mobile phones, laptops or cameras) unattended in any public building or shop, on your bike or vehicle.
- ✓ Beware of pickpockets, especially at the train station, in shops, on the bus or crowded places
- ✓ Take extra care when using an ATM cash machine: be aware of our surroundings, especially in the evening, at night or if you are on your own
- ✓ Bicycle theft is common: if you have a bicycle, lock it with good quality chain and shackle whenever you are not using it. Fasten your bicycle through the frame rather than the wheel spikes.
- ✓ As in the most European countries, driving in Italy is on the right-hand side of the road (overtaking on the left). When you cross the road, look left first, then look right. Be extra careful when crossing wide roads, roundabouts or crossroads.

# Emergency Phone Numbers

The phone numbers listed below may prove useful in case of an emergency during your stay in Italy:

**Carabinieri (Italian military police) emergency 112**

**Carabinieri (headquarters) 0521 5371**

**Police emergency 113**

**Police station 0039 0521 2194**

**City Council Police 0039 0521 218730  
800977994**

**Fire Brigade 115**

**First Aid Emergency 118**

**Parma Hospital: 0039 0521 702111 -  
0039 0521 703111**

**Parma Red Cross: 0039 0521 283330**

**Doctor on duty - Guardia medica: 0039 0521 292555**

**Local Public Health Assistance (ambulance) 0039 0521 224911**

**Road accidents and assistance 116**

**Road recovery service 0039 0521 803116**

**Lost and Found 0039 0521 218738**

**Civil Protection 0039 0521.957320**

## Other useful numbers:

**Taxi service 0039 0521 252562**

**Town Hall 0039 0521 40521**

**Tourist Office 0039 0521 218889**

**7.**

# **Living in Parma**



## Discover Parma

Apart from being an important city for the learning opportunities it offers, Parma is also a very nice place to live in. Situated in the Emilia-Romagna region, in the North of Italy, this appealing medium-sized city perfectly combines cultural and economic activities with a pleasant way of life: just ride your bicycle or have a stroll along the charming streets of the city centre with their fashionable shops and cafés to enjoy this lovely atmosphere!

In the heart of the city, you can find its greatest artistic and architectural masterpieces: the magnificent square with the Romanesque Cathedral and the Baptistery; the churches of San Giovanni and of Santa Maria della Steccata, famous for their superb frescoes by local painters Correggio and Parmigianino; Camera di San Paolo, Teatro Regio, Palazzo della Pilotta and plenty of other landmarks.

Parma is an ideal destination for foreign students. Famous for its art and history, the city also offers efficient services and leisure opportunities. It is a compact city, welcoming and friendly, busy but not chaotic, tranquil but lively enough to host important cultural events.

### TOP 10 Parma

The list should really be longer, but some monuments, buildings and historical sites are an absolute must-see! Do not miss...

1

#### CATHEDRAL AND BAPTISTERY

These authentic architectural jewels are the main icons of Parma.

Built between 1060 and 1073, the Cathedral of Parma is one of the finest examples of Romanesque architecture in Italy. The severe exterior with regular architectural lines lends the building an air of grace and elegance. Within the bare sandstone walls is an impressive triumph of frescoes which cover the naves and aisles, and the magnificent octagonal dome, one of Correggio's greatest masterpieces. The dome's superb fresco depicts the Assumption of the Virgin, to whom the Church is dedicated. In the right transept, near the altar, you can admire the relief of the Deposition by Benedetto Antelami. The bell tower, topped by a gilt copper angel known as the "Angiol D'Or", was added between 1284 and 1294.

The octagonal Verona marble Baptistery was designed by Benedetto Antelami. It was started in 1196 and finished in 1260, but some parts were added in 1307. It is certainly the most noteworthy example of the transition from late Romanesque to Gothic art in Italy and a perfect fusion of architecture and sculpture. The exterior features three large portals with a wealth of details and decorations: the Redeemer's door to the West; the Virgin's door to the North and the southern door of Life. A magnificent zoophorus surrounds the building and portrays monstrous figures, symbols of vices and virtues. The interior, a sixteen-sided polygon, is richly decorated: the dome represents a blue starry sky and religious themes ( the Evangelists, St. John the Baptist, the prophets, the life of Jesus Christ, etc.) in 13<sup>th</sup> century style. The interior also features the notable sculptures by Benedetto Antelami representing the Months, the Seasons and the Signs of Zodiac, dating back to the first and second decade of the 13th century. The central octagonal Verona marble basin dates back to the same period.

**2****CHIESA DI SAN GIOVANNI - ST JOHN'S CHURCH**

Located just behind the Cathedral, this church was built

between 1498 and 1510 and features a Baroque-style façade with a bell tower. The magnificent dome in the interior was frescoed by Correggio between 1520 and 1521, while some of the frescoes decorating the arches of the inside-chapels are attributed to Parmigianino. On the left of the church entrance is the Benedictine monastery, a huge complex with a chapter-house frescoed by Correggio, a refectory and elegant Renaissance cloisters. Part of the Monastery are also a 16th century library (with frescoed walls and a collection of 20.000 books and rare codices) and the historic Pharmacy, probably dating back to 1201, with furnishings from the 16th and 17th centuries.

The ancient wooden shelves display a large collection of tall, cylindrical vases, including apothecary flasks, jugs and mortars for the preparation of remedies.

**BASILICA DI SANTA MARIA DELLA STECCATA - CHURCH OF THE HOLY MARY OF THE STECCATA****3**

This outstanding Renaissance church was built in 1521 to house an image of the Madonna which originally hung on the wall of a small oratory called "dello steccato", i.e. wooden shield, and was said to be miraculous. The interior is shaped like a Greek cross; above the presbytery, is a frescoed arch superbly painted by Parmigianino between 1530 and 1539, presenting the parable of the Wise and Foolish Virgins with animal and plant motifs set against a red background. A door on the left leads to the sacristy and the burial chapel which houses the tombs of the Farnese and Bourbon dukes of Parma.

**4****CAMERA DI SAN PAOLO - ST PAUL'S CHAMBER**

Saint Paul's cham-

ber used to be part of the abbess' apartment in the Benedictine Convent of Saint Paul, and was decorated starting from 1514 by order of Abbess Joan from Piacenza, whose priorate was characterized by a lively cultural life. The frescoes painted by Correggio in 1519 are a true masterpiece of Italian High Renaissance art. In the room, an umbrella vault is divided into 16 segments by late Gothic ribs. Influenced by the work of Mantegna, Raphael and Leonardo in Milan, Correggio created the illusion of a pergola with festoons of fruit held up by ribbons and ovals representing cherubs in playful poses. The fresco above the fireplace represents Diana, the goddess of hunting, and is the symbol of the abbess herself. The other room, decorated in 1514 by Alessandro Araldi is frescoed with grotesques, cherubs, fantasy creatures and gilt stucco rosettes standing out against a dark blue background.

**5****TEATRO REGIO - ROYAL THEATRE**

Commissioned by Marie Louise of Austria and

designed by Nicola Bettoli, the theatre was constructed between 1821 and 1829 and is still one of the most renowned Opera Houses in the world. The neoclassical façade leads to the entrance to the elliptical stalls, decorated in white and gold, surrounded by four tiers of boxes and the gallery. With its superb ceiling, decorated curtains and magnificent chandelier manufactured in Paris, this theatre is a real jewel.



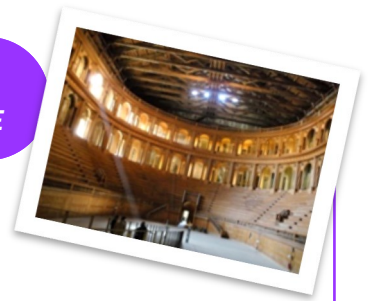


6

## PALAZZO DELLA PILOTTA - TEATRO FARNESE PILOTTA PALACE - FARNESE THEATRE

The Farnese theatre, located in the

complex of Palazzo della Pilotta, is one of the most beautiful historic theatres in Italy, as well as a rare example of theatre entirely made of wood. The theatre was built between 1618 and 1619 for Ranuccio I and was opened in 1628 for the wedding of Margherita de' Medici and Odoardo Farnese, with mythological and allegorical performances and a spectacular *naumachia*, i.e. a show representing a sea battle, with real water. The stage was equipped with an innovative system of movable scenery and galleries, the first example of such stage machinery in the history of Italian theatre. Special effects were used to recreate land and sea not only on stage but also in the huge auditorium. The theatre was almost completely destroyed by Allied bombing in 1944. It was rebuilt in 1950 using the same materials.



7

## PALAZZO DELLA PILOTTA - PILOTTA PALACE

This vast but unfinished

complex, named after the game *pelota* once played in one of the courtyards, was built in the second half of the 16th century by order of Ranuccio I Farnese. The Pilotta palace was designed not as a residence but as the headquarters for court and state services (stables, hay storage, armory, theatre and barracks). It now houses some of the town's most important institutions: the Palatina Library, the Archaeological Museum, the National gallery, the Farnese theatre, the Art institute of the University of Parma and the Bodoni museum, entirely dedicated to the typographer Giambattista Bodoni, who invented new typographical characters (later known as *bodonian*). This last collection includes about 80.000 original tools and

See also section:  
**MUSEUMS**  
(page ..)

items, rare works and prints, special equipment like punches, presses, perforating dyes and alphabet boxes, still used today to print precious works. The Palace also hosts important exhibitions in addition to cultural initiatives and concerts held in the inner courtyard during the summer.



8

## BIBLIOTECA PALATINA - PALATINA LIBRARY

Founded in 1761

by Philip of Bourbon and opened to the public in 1769, the historical Palatina library and its antique bookcases are located in the Pilotta Palace, next to the Farnese Theatre and the National Gallery. The library is divided into three halls: the Marie Louise Hall, the Dante Hall (frescoed by Scaramuzza with scenes from Dante's *Divine Comedy*), and the Petitot Gallery. It originally contained 40,000 volumes and was later extended through donations and purchases, including the De Rossi Oriental Fund, the private library of the Dukes of Bourbon-Parma, and the Ortalli collection of prints. Nowadays the library owns over 700,000 volumes, 3,000 incunabula, 6,600 manuscripts, 50,000 prints and illuminated manuscripts from the 16th and the 17th centuries.



9

## PARCO DUCALE - DUCAL PARK

Originally designed in 1561, the park, with its green architecture and centuries-old trees, was extended and subsequently adapted to the French style in the 18th century. It is adorned with groups of sculptures by J.B. Boudard and houses the 16<sup>th</sup> century Ducal Palace and the Palazzetto Eucherio Sanvitale, built in Renaissance style in 1520. This little palace boasts recently restored frescoes by Parmigianino depicting a Madonna and child, and a wall oil painting with scenes from

the Life of the Virgin in the late Mannerist style, with grotesques and landscapes dating back to the late 16th century. The park includes a large fountain with a small lake and a number of facilities: a playground for kids, sport tracks, an area for dogs, and a café with outdoor tables.





## PAGANINI AUDITORIUM

10

Last but not least, the Paganini Auditorium is an innovative example of the restoration of indu-

ustrial archaeology. A former sugar refinery, this building was converted into a concert hall by the famous architect Renzo Piano and named after Niccolò Paganini, one of the best violinists of all times.

The Auditorium houses 780 seats, a foyer, a cloakroom, a bar, service rooms and offices. Transparent glass walls make up the whole length of the building so that even during concerts

the park can be seen from any point, while a sophisticated sound system guarantees optimum functionality.



## Museums

If you wish to discover Parma's cultural and artistic treasures, you must visit the city museums: wonderful paintings, sculptures and important ancient artefacts are the pièces de résistance of the collections displayed. The University Museums are worth visiting as well, ranging from the CSAC (Study Centre and Communication Archive) to the Science Museums and the Botanical Garden. Art and science lovers will be all satisfied!

### Don't forget ...

...that Erasmus and International Students have access to all the galleries and museums at a reduced price: just show your International Students Identity Card to get concession! With the same card, Erasmus and international students obtain a discount on tickets for all the temporary exhibitions.



### The National Gallery - Galleria Nazionale

The National Gallery is considered as the main museum in Parma, as it displays masterpieces by various schools and artists from the 13<sup>th</sup> to the 19<sup>th</sup> century. Originally conceived by the Dukes of Parma, Don Philip and Don Ferdinand of Bourbon, the museum was then enriched by the acquisitions made by Duchess Marie Louise of Austria. The rich collection mainly includes paintings by Correggio, Parmigianino, Tintoretto, Lanfranco, Guercino and by important local and other regional art schools from the 15<sup>th</sup> to the 19<sup>th</sup> century. The collection also displays significant works of foreign schools, especially Flemish and French ones. The Gallery boasts some remarkable masterpieces by great Italian and foreign artists: a "Female head" (The Lady of the Dishevelled Hair or "La Scapigliata"), attributed to Leonardo Da Vinci; the Portrait of Erasmus from Rotterdam by Hans Holbein the Younger; the Madonna della Scodella and Madonna di San Girolamo by Correggio; the "Schiava Turca" by Parmigianino; the statue of Marie Louise of Austria by Antonio Canova. Location: P.le della Pilotta, 5. Website: [www.parmabeniartistici.beniculturali.it](http://www.parmabeniartistici.beniculturali.it)



### The Amedeo Bocchi Museum

Set up in 1999, the museum is dedicated to the Parmesan painter Amedeo Bocchi (Parma 1883 - Roma 1976), who was a prominent artist of 20<sup>th</sup> century, though his name may not be familiar to a wide public. The aim of the museum is to promote Bocchi's works while showing the quality and deep study lying behind his art, a mix of originality and various influences. The paintings reveal different stages of Bocchi's sources of inspiration, from 19<sup>th</sup> French painters (especially Cezanne), to the Roman and the Viennese Secessionist Painters (Gustav Klimt), passing through Matisse.







The visit to the museum follows a chronological itinerary through six rooms, which correspond to the artist's different life periods: The years of training, Rita (Bocchi's wife), The masterpieces, The drawings, Bianca (Bocchi's daughter), In the solitude of Villa Strohl-Fern. The rich collection is displayed in the restored room of Palazzo Sanvitale, located in the city centre (near via Cavour). The museum has also a wide room for temporary exhibitions and offers free workshops for children and schools. Location: Strada Cairoli (Palazzo Sanvitale).

Website: [www.museobocchi.it](http://www.museobocchi.it)

### The Stuard Gallery



This art gallery displays the most important private collection in the city: more than 270 paintings from the 14th to the 19th century, left to the Congregation of San Filippo Neri by will of Giuseppe Stuard in 1834. The collection includes paintings, portraits, artefacts, tapestries and documents witnessing the artistic history of Parma and the Stuard Family. The museum itinerary begins with Saint Paul's Sacellum, a former defensive tower converted into a tower bell featuring an impressive single-lancet window and a hemispheric dome. The visit then continues with the pre-medieval and medieval archaeological artefacts found during the restoration works. The rest of the collection comprises small religious paintings, valuable Tuscan paintings (especially from Siena and Florence), artworks from the 17<sup>th</sup>-century Emilian school (Guercino, Sebastiano Ricci, Giovanni Lanfranco) and a drawing of a greyhound attributed to Parmigianino, now symbol of the gallery. Location: B.go del Parmigianino, 2. Website:

[www.cultura.comune.parma.it](http://www.cultura.comune.parma.it)

### The Glauco Lombardi Museum



Set up in 1961, this museum preserves a rich artistic and historical memorabilia on the life, habits and costumes of the Duchy of Parma from 1748 to 1859, during the Napoleonic Era and the reign of Marie Louise of Austria. The collection is displayed in rooms decorated by Petitot and includes works of art, pieces of furniture, clothes, jewels, documents and other curiosities.

Among the exhibits, the most remarkable are Duchess Marie Louise's platinum-embroidered wedding cape with its platinum embroidery work, the letters from the King of Rome and from Napoleon to the Duchess, and the marble calque of her hand, sculpted by Antonio Canova. The collection also boasts water-colours by Naudin, engravings by P. Toschi and B. Bossi, a collection of 18th century Parmesan and French paintings and watercolors painted by the Duchess.

Location: Palazzo di Riserva - Strada G. Garibaldi, 15. Website: [www.museolombardi.it](http://www.museolombardi.it)

### The National Archeological Museum



The National Archeological Museum, founded in 1760 by Don Philip of Bourbon, is located in Palazzo della Pilotta (P.le della Pilotta, 5). The museum was conceived to preserve the artefacts found during the excavations carried out in Veleia, a small Roman town on the Apennines near Piacenza. During the French domination in the 19<sup>th</sup> century, the museum was stripped of its most prestigious items, which were returned only after the Congress of Wien. The collection was extended under the duchy of Marie Louise thanks to important purchases. The collections are currently located on two floors: the first floor displays the finds from Veleia (including Emperor Trajan's Tabula Alimentaria, containing instructions for the welfare of poor children), as well as non-local Greek, Roman and Etruscan sculptures, ceramics, glassware and coins; the ground floor houses the pre- and proto-historical sections and the section on Parma and its territory in the Roman period. A room on the first floor is dedicated to the Egyptian collection, including a limestone fragment from the Tomb of Amenemone from Memphis (1405-1370 BC).

Website: [www.archeobo.arti.beniculturali.it/parma](http://www.archeobo.arti.beniculturali.it/parma)



# The museums of the University of Parma

Entrance to all the [University Museums](#) (except from the CSAC) is free; in some the visit is by appointment only, as you can check on the University Museum website [ww.musei.unipr.it](http://ww.musei.unipr.it).

Entrance to the exhibitions organised by the University of Parma is free too.

## CSAC – Study Centre and Communication Archive

Founded in the late sixties, the CSAC has been located in the Cistercian Abbey of Valsere-na, Paradigna (in the northern outskirts of the city) since 2007. The rich collection boasts a series of contemporary art masterpieces including paintings, sculptures, photographs, graphics, design and architecture projects dating back from the end of 19<sup>th</sup> century to the present. The collections is constantly added to with new acquisitions and has now reached the impressive number of over 12 million items, organized into 5 sections: Fine Art, Media, Projects, Photography and Visual Arts. The CSAC is also a study and research centre for University students and professors, especially in the field of communication and art. It regularly organizes temporary exhibitions open to the public and fruitfully collaborates with the main museum institutions from Europe and the United States.

The CSAC is open to the public from May 2015. Location: Abbazia di Valsere-na - via Viazza di Paradigna, 1.

## Museum of Physics and Earth Sciences

The museum, created in 2013, is made up of four sections:

### 1-Section of Scientific Instruments “M. Melloni”

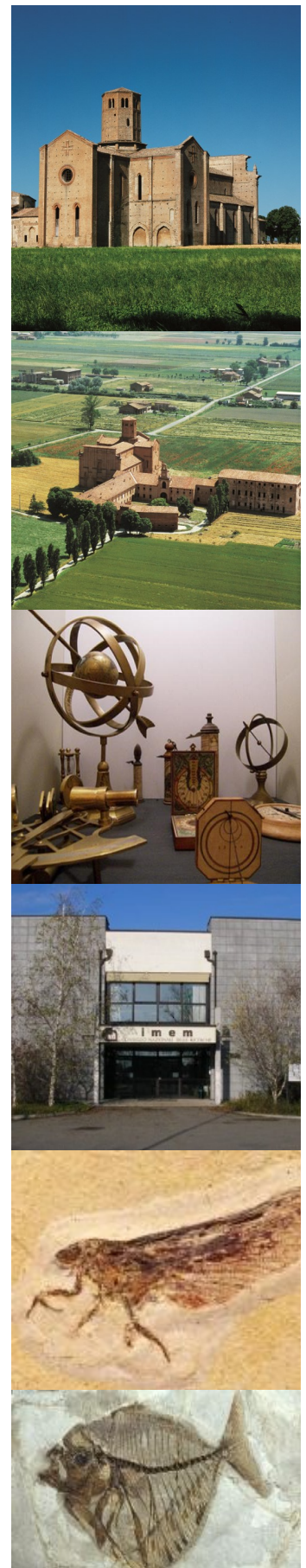
This section displays the scientific instruments used by Macedonio Melloni for his experiments in the early 19<sup>th</sup> century. Melloni, a professor of theoretical and experimental Physics at the University of Parma, won the “Rumford” medal in 1834 (an equivalent of the Nobel Prize for that age) for his experiments on infrared radiations. The section also includes other important instruments witnessing the evolution of experimental physical sciences: microscopes, optical benches, thermopiles and tuning forks dating from the 18<sup>th</sup> and 19<sup>th</sup> centuries. Location: Campus - Parco Area delle Scienze, 7/A (Dept. of Physics).

### 2- IMEM Laboratory – Permanent Scientific Interactive Exhibition “Microcosm with a view”

Inaugurated in June 2004, World Year of Physics, this permanent exhibition was organized in cooperation with the National Institute of Nuclear Physics (INFN), the Institute of Materials for Electronics and Magnetism (IMEM), and the European Council for Nuclear Research (CERN). “Microcosm with a view aims to better illustrate the world of elementary particles to the visitors. This is possible thanks to a number of functioning instruments which allows experiments to be carried out in real time. The visits to discover the subatomic world last approx. one hour. The Fog Chamber and the Spark Chamber allow visitors to see the particles originating from the decay of high-energy cosmic rays when entering the atmosphere. Location: Campus - Parco Area delle Scienze, 37/A.

### 3- Paleontological section

The Paleontological collection is prevalently made up of remains from the Neogene Era (above all molluscs and bivalves) found in the western part of Emilia Romagna. The section also displays remains of vertebrates coming from the same territory as well as of different areas and ages: Eocene fish of Bolca, Jurassic fish of Solenhofen, a Pleistocene rhino skull from the stream Stirone and mastodons from Columbia. Location: Campus - Parco Area delle Scienze, 157/A (Dept. Earth Sciences).





#### 4- Mineralogical section

The collection includes about 5,000 samples, 1,000 of which dating back to the early 19th century. The items are from different parts of the world and are of great importance from the scientific, historical and systematic point of view. Part of the collection includes a historical series of meteorites found between the 18th and 19th centuries; one of the meteorites was found near Fidenza and is still being analysed. Location: Campus - Parco Area delle Scienze, 157/A (Dept. Earth Sciences).

#### Museum of Mathematics and Information Technology

Created in 2013, the Museum is part of the Department of Mathematics and Computer Science and offers two permanent exhibitions (visits by appointment only). Location: Campus - Parco Area delle Scienze, 53/A.

##### Interactive permanent exhibition on the History of Personal Computers

The exhibition is based on interactive guided itineraries on the history of Personal Computers from 1966 to present times. Visitors can try functioning calculators and discover how computers have become an indispensable tool for everyday life, now replaced by smartphones and tablets.

The guided itineraries have been adapted to different kinds of visitors, so that everybody can access the materials and devices: play-based workshops for primary school teachers and their pupils; educational sessions on programming and advanced use of calculators and computers for secondary school students and teachers; possibility of concretely analyzing hardware and software on display for experts in IT; history and origins of a number of common devices for any visitor interested in technology.

##### Interactive permanent exhibition on Pythagoras and his theorem

The exhibition is based on interactive itineraries on the Theorem of Pythagoras, one of the theorems most widely known and used. Visitors can learn more about Pythagoras's life and teaching methods, while measuring themselves with a series of puzzles in order to discover the theorem's various possible applications. The exhibition also provides the opportunity to find out more about mathematical concepts connected with the theorem of Pythagoras: figurative numbers, regular solids, irrational numbers.

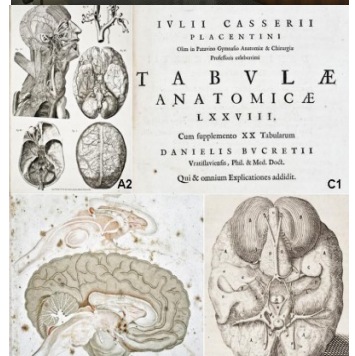
#### "Alessio Lemoigne" Veterinary Anatomical Museum

The museum is part of the Department of Veterinary Science, located in via del Taglio, 10. It displays 685 anatomical preparations (both natural and artificial) from the 19th and 20th centuries. The museum collection includes papier mâché models, especially a big horse made by professor Waldinger and given to the museum for its foundation year.

In 2013, the museum acquired a valuable ornithological collection made up of 165 preparations of birds from the Po territory. The museum provides educational itineraries for students of Veterinary Medicine. Location: via del Taglio, 10.

#### Museum of Biomedical, Biotechnological and Translational Sciences-S.Bi.Bi.T.

Created in 2012, this museum displays the collection of the former Anatomical Museum: preparations of organs and bones of human beings and mammals, and valuable wax masks (moulages) reproducing the faces of subjects whose bodies were donated to science and used for the collection. The museum also includes two wax statues of great historical, scientific and artistic value, which represent the superficial lymphatic vascularization as well as superficial and intrinsic muscles.



The collection has recently been enriched with new samples referring to clinical cases of different pathological conditions. The material displayed is generally used for didactic purposes by the professors and students of Medicine and Surgery, especially in relation to historical and experimental research in constitutional and forensic anthropometry, clinical anatomy and constitutional disorders.

Location: via Gramsci, 14 (Main Hospital).

## Natural History Museum

Created in 1766, the museum is now divided into two sections. The older one (via Università 12) features the "Eritreo Bottego" Zoological Museum, a collection of Congolese materials (in Sala Piola), a great exhibition of world vertebrates (in Galleria della Sistematica) and an interesting collection of vertebrate skeletons and internal organs. The modern area is located in the Botanical Garden (via Farini, 90) and displays a permanent exhibition on the natural history of the local territory, including fossils from the province of Parma.

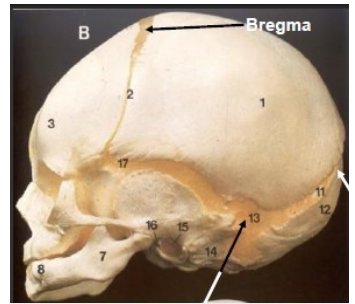
Visitors can also admire 19<sup>th</sup>-century and more recent collections of invertebrates, vertebrates from the Parma territory, the ornithological library, the room of urban fauna, the Congolese ethnographic collection and the rich collection of *lepidoptera* (butterflies and moths).

The Museum is part of the Department of Life Sciences. Besides its function of preserving collections and carrying out didactic activities, the Museum is also a centre for research on Environmental Zoology and Ethology.

## Botanical Garden

The Botanical Garden, created in 1768-70, features a collection of ancient herbariums of medicinal plants and of exotic and indigenous specimens. Among its important functions, the Botanical Garden takes care of the management, maintenance and implementation of botanical collections (of both living and desiccated plants); in addition, it helps to preserve vegetal biodiversity both inside and outside the institute itself. The Botanical Garden also promotes didactic initiatives including guided tours and visits for all students and citizens, with the aim of sensitising people to botanical issues and raising environmental awareness. The Botanical Garden is also used by the Department of Life Sciences for research activities.

Location: via Farini, 90.



### Further information on

#### City museums:

[www.turismo.comune.parma.it](http://www.turismo.comune.parma.it)

[www.parmabeniartistici.beniculturali.it](http://www.parmabeniartistici.beniculturali.it)

#### University Museums:

[www.musei.unipr.it](http://www.musei.unipr.it)

E-mail: [settore.musei@unipr.it](mailto:settore.musei@unipr.it)

**CSAC:** [www.csacparma.it](http://www.csacparma.it)

E-mail: [info@csacparma.it](mailto:info@csacparma.it)



## Leisure and Entertainment

Parma is a tranquil, people-oriented city where you can find cultural events and recreational activities for all tastes. The streets in the city centre, so busy during the day, become the gathering point for most University students from 6-7 p.m. until late at night, for the so-called “*movida*”. You can find fashionable bars and cafés, especially in via Farini or via D’Azeglio, where you can have appetizers while chatting with your friends and listening to music. If you prefer the warm atmosphere of a pub in-



stead, you can find very nice ones near via Cavour or the Cathedral. Parma also offers plenty of events and entertainment opportunities all year round: cinemas, theatres, music concerts and festivals, exhibitions and shows always attract a large public. On sunny days, especially in spring and summer, you can go jogging or simply enjoy a walk in one of Parma’s parks: the main ones, Parco Ducale and Cittadella, are near the city centre and loved by tourists too.

Here is a list of interesting leisure and entertainment opportunities in Parma. Just choose what most appeals to you...and enjoy yourself!

## Music

Music plays a leading role in Parma, renowned worldwide for its local composer Giuseppe Verdi and its prestigious opera house, the **Teatro Regio**. The **Opera Season**, running every year from January to April, offers great performances of both the most famous and least known operas, with important singers from all over the world and impressive scenography.

Every year, opera and lyric music lovers look forward to October, the month of the **Verdi Festival**, when the anniversary of the composer’s birth is celebrated with a full programme of concerts and performances. During this period, Parma and its surroundings are immersed in this magical musical allure, with complementary initiatives, exhibitions and meetings concerning Verdi’s operas.

The **Concert Season** takes place in both the Teatro Regio and the **Auditorium Paganini**, which is considered to be the other music temple of Parma as regards concerts. This remarkable building, a totally refurbished former sugar refinery, was designed by the well-known architect Renzo Piano. The Auditorium is now one of the greatest examples of modern architecture in the city.

If you prefer listening to modern and contemporary music, you cannot miss the “**Traiettorie Festival**”, organised by Fondazione Prometeo, a cultural foundation promoting music research activities and laboratories. The festival runs between September and November every year, offering significant contemporary music concerts of international artists performing in different theatres of the city.



Located next to the Erasmus and International Home, in the 15th-century Palazzo Cusani, the **Casa della Musica** is another major location for music concerts in Parma. Concerts are held especially during the summer, in the palace's marvellous inner courtyard. The building also includes an indoor concert hall, a music library, the Historic Archive of the Teatro Regio and the Musicology Section of the Department of Classics, Modern Languages, Education and Philosophy. On the ground floor, the **Museum of Opera** illustrates the history of opera in Parma from the 16<sup>th</sup> century to now.



### Remember...!

The International Students Identity Card allows Erasmus and international students to buy reduced tickets for the most important music halls in Parma: Auditorium Paganini, famous for its classical music concerts, and Teatro Regio, one of the most important Italian opera houses. A great opportunity – which is not to be missed! – is offered by the project **"Giovani al Festival"** ("The Youth Festival"): in both theatres, Italian, Erasmus and international students are offered a 75% special discount on their tickets!



If you are keen on other music genres, such as jazz, the **International Parma Jazz Festival "Frontiere"** is a must-see for you. Promoted by the cultural and musical association "Parma Frontiere", the festival hosts international jazz artists and bands performing

in different locations in the city including cafés and unconventional sites.

### Cinema

In your free time or in the evenings, going to the cinema with friends is something good to do in Parma. You can choose from 5 cinemas in the city: The Space Campus, The Space Barilla Center, Astra, D'Azeglio, and Edison. The first two are large modern multiplex cinemas which generally show

the latest films and blockbusters; the other three cinemas are more traditional and mainly show high-quality Italian and foreign films.

During the summer, Astra, D'Azeglio and Edison organise very pleasant outdoor showings. Movies in Italy are dubbed. However, thanks to the project "The Original Ones" in Cinema D'Azeglio, you can watch the latest art films in their original version (mainly in English or French) with Italian subtitles.

### Remember...!

By simply showing the International Students Identity Card, Erasmus and International Students are granted reduced cinema tickets. However, discounts are generally available from Monday to Friday only.

### Dance and ballet

Do you love watching ballet in a theatre? May will become your favourite month in Parma, as the Teatro Regio hosts the International Classical and Contemporary Ballet Festival "Parma Danza". You will have the opportunity to admire the performances of the most important ballet companies, dancers and choreographers, accompanied by the superb music and singing by the Regio Orchestra and Choir.

The festival also includes meetings with company directors, dancers and choreographers illustrating their activities and the "making of" of their performances. Such meetings are open to "Parma Danza" public and dance schools' pupils.





## Theatre

If you enjoy watching theatre performances, Parma will certainly meet your tastes with a number of different nice theatres located in various areas of the city. From Classical to Modern, from Traditional to Experimental theatre, Parma offers you a wealth of possibilities, with stunning performances of professional actors.

Here are the names of the most important playhouses in Parma:

### Teatro Due

Facing the stream Parma, this theatre includes four theatre halls and spaces for exhibitions, rehearsals and workshops. During the theatre season, you can attend the performances of renowned Italian and international actors, as well as take part in events, meetings and conferences with important directors, actors, writers, dramatists and experts of theatre disciplines. Teatro Due also has its own Actors Ensemble and production centre, with a repertoire of both classical and contemporary drama. Teatro Due organises courses, workshops, meetings and public debates open to anyone interested in theatre issues. In addition, the theatre hosts the Baroque Music Ensemble "Europa Galante", the Contemporary Music Ensemble "Nextime Ensemble" and the theatre ballet company "Balletto Civile" (v.le F. Bassetti, 12/A - [www.teatrodue.org](http://www.teatrodue.org)).

### Lenz Rifrazioni

This theatre puts on contemporary creative and unconventional performances and works for theatre festival at an international level. It also organises theatre courses (via Pasubio 3/E - <http://lenzrifrazioni.it>).

### Europa Teatri

The theatre and its company promote experimental theatre and different acting languages. It organises theatre and dance festivals and performances, as well as workshops, projects and events also dedicated to children and theatrical pedagogy (via Oradour, 14 - [www.europateatri.it](http://www.europateatri.it)).

### Nuovo Teatro Pezzani - Compagnia dei Borghi

Located in the "Oltretorrente" area (near via Bixio), this theatre mainly offers performances of classical drama, both Italian and European. However, it also puts on a number of contemporary theatre plays (B.go San Domenico, 7 - [www.nuovoteatropezzani.it](http://www.nuovoteatropezzani.it)).

### Teatro del Tempo

Teatro del Tempo often promotes projects for young and local theatre companies and organises courses and workshops for absolute beginners too. It also hosts important national and international acting companies. Teatro del Tempo is particularly unusual because of its architecture, featuring an Elizabethan-style balcony, red walls and a decorated proscenium arch (B.go Cocconi, 1 - [www.teatrodeltempo.it](http://www.teatrodeltempo.it)).

### Teatro al Parco - Solares Fondazione delle Arti

Teatro al Parco is located in Parco Ducale and has different theatre halls. It promotes special initiatives where drama is often combined with cinema, music and performing arts. This theatre appeals especially to a young audience, including children (Teatro delle Briciole) - (Parco Ducale, 1 - [www.solaresdellearti.it](http://www.solaresdellearti.it)).

### Teatro del Cerchio

This theatre is located outside the city centre, in the Western area of Parma and can sit about 200 spectators. The Theatre organises interesting performances, drama courses and laboratories for children too (via Pini, 16/A - [www.teatrodelcerchio.it](http://www.teatrodelcerchio.it)).



### Remember...!

Erasmus and International Students can obtain reduced tickets for performances at **Teatro Due** and **Teatro delle Briciole**: just show your International Students Identity Card...and take your seat at a lower price!



# Gastronomy and food

When in Italy, you cannot miss out on the opportunity of tasting delicious Italian dishes! And...what better choice than Parma, famous worldwide for its gastronomic excellence?

In Parma you can taste the real **Parmigiano Reggiano** and **Parma Ham**, in addition to plenty of other specialities: cured pork meats like **Culatello di Zibello** (a real delicacy, considered the best cold cut in the world), **Spalla Cotta di San Secondo** (pork shoulder cold cut), **Salame di Felino** (salami cold cut), often served with "**torta fritta**" (fried dough squares) and local red or white wine, namely **Lambrusco** and **Malvasia**.

The long list of delicious specialities continues with local traditional dishes: **tortelli di erbette** (pasta filled with greens such as Swiss chard and spinach, ricotta and Parmigiano Cheese), **anolini in brodo** (stuffed pasta rounds filled with a mix of Parmigiano, breadcrumbs and meat, served in capon broth), **Rosa di Parma** (rolled beef tenderloin roast stuffed with Parmigiano and Parma Ham) and "**vecchia**" or "**vécia**" (minced horse meat served with chopped potatoes and cooked vegetables).



Dedicate some of your free time to a gastronomy tour in the countryside: you will find typical cellars and country houses where you will discover the secrets of food and wine processing and taste delicious specialities. You will then realize that the food industry in Parma and its surroundings is not a mere economic activity, but a real art form.

Parma has dedicated four museums to some of its best-known products: the Museum of Parmigiano Reggiano (in Soragna, near the Rocca); the Museum of Prosciutto (in Langhirano, the hometown of Parma Ham); the Museum of

Salame (in Felino, near the Castle); the Tomato Museum (in Corte di Giandola, near Collecchio). In all these museums, you can learn more about the history of these typical products and their processing, as well as the images used to sell them and the most famous local recipes. In some museums there is an area for tasting and purchasing delicacies at the end of the tour. Due to its gastronomic excellence and high quality, Parma was assigned the **European Food Safety Authority (EFSA)** in 2004. The headquarters of this important institution have been located in the city since then.





Many typical restaurants (the so-called “trattoria” or “osteria”) in Parma and its surroundings will be able to satisfy your curiosity and above all...your appetite! Moreover, you can find deli shops where you will be able to buy local products to take home as a delicious and very appreciated souvenir.

Here is a list of some of the most famous trattorias/osterias and restaurants where you can enjoy a typical meal in Parma. Some mix local cuisine with creative recipes, others have a nice garden where you can eat out in the summer. Prices are generally quite affordable.



**Trattoria Sorelle Picchi - Rosi** (in via Farini – city centre)

**Trattoria del Tribunale** (near via Farini – city centre)

**Trattoria dei Corrieri** (near the Conservatory and via Mazzini – city centre)

**Angiol d’Or** (near the Cathedral – city centre)

**Osteria dello Zingaro** (near the Cathedral – city centre)

**Trattoria Rigoletto** (near Teatro Regio – city centre)

**Il Trovatore** (near Teatro Regio – city centre)

**Corale Verdi** (near Parco Ducale – near the city centre)

**Cocchi** (in via Gramsci, near the main Hospital)

**I Dù Matt** (near via Montebello, in the South-Eastern area of the city)

**I Tri Siochétt** (in Strada Farnese, near the Campus)

**Parma Rotta** (in via Langhirano, near the Campus)

*Please note that this list is only indicative and by no means exhaustive.*

*The University has just chosen the most popular names, as indicated in most travel guides of Parma.*

*For a complete list, visit <http://turismo.comune.parma.it>*

## Near Parma

In your spare time or during the summer, when lectures and exams are over, don't miss the opportunity to discover more of Parma and the area surrounding it. A tour of the countryside, with its fascinating castles and palaces, picturesque villages and natural parks is a wonderful way to enjoy the province of Parma, which extends from the fascinating Po valley in the north and to the woods of the Apennines in the south.

If summer to you inevitably means going to the seaside, Parma offers you this possibility as well: the lively Adriatic Sea to the east and the tranquil Ligurian Sea to the west are easily reachable by motorway, in less than two hours' drive or a few hours' ride by train.

There are many interesting places to see around Parma. Here is a list of some of the most famous ones... enjoy your visit!

### Colorno

Located in the Po valley (15 km north of Parma), this village is famous for the magnificent **Royal Palace (the Reggia) and its gardens**. The Reggia was the summer residence of the Farnese dukes of Parma in the 17th century and then of the Bourbons in the 18th century. The tour includes the Piano Nobile, the New Apartment of Duke Ferdinand of Bourbon and the Observatory, and the Ducal Chapel of Saint Liborius. The rooms, especially the ones on the Piano Nobile, are elegantly decorated with plant and rocaille stucco motifs and embellished by large marble fireplaces, superb multi-coloured marquetry floors and elaborate panelling on the walls, according to the French style of the period. The surrounding park really deserves a visit as well: first designed in 1480, it was then transformed into a huge park, an interesting mixture of an Italian and a French garden. In 1816 Duchess Marie Louise from Austria had it landscaped as an English garden. Thanks to recent restoration work, the park now looks like an elegant French garden again. Every year, in spring, it hosts a superb exhibition of plants and flowers called "Nel segno del Giglio".



### Fontanellato

Surrounded by a water-filled moat, the massive castle or "**Rocca**" dominates the village of **Fontanellato** (19 km west of Parma), whose name derives from the underground water which used to spout from the ground of the nearby marshlands. The present building dates back to the beginning of the 17th century, but the original square structure dates back to the 15th century. The Rocca has belonged to the Counts Sanvitale since the 14th century. The interior still preserves the noble apartments, with valuable furnishings and objects from the 16th, 17th and 18th centuries, including armours, fine china and paintings. A small room frescoed by the young Parmigianino is the real masterpiece of the castle: it represents Acteon's metamorphosis, when he is turned into a deer after spying on Diana and her maids bathing. The frescoes clearly recall the ones by Correggio in Saint Paul's Chamber in Parma.



### Amazing Maze...

Did you know? From May 2015, Parma welcomes you to the biggest maze in the world! The **Labirinto della Masone** (Maze of Masone) covers over 8 hectares of land, is made up of 200,000 bamboo plants of different species and includes a cultural foundation occupying more than 5,000 square meters. The maze, born from the idea of local publisher Franco Maria Ricci, also boasts a rich art collection of more than 500 pieces of art and a big library. More details on [www.labirintodifrancomariaricci.com](http://www.labirintodifrancomariaricci.com)





## Torrechiara

Set on a hill overlooking the Parma valley on the way to Langhirano, the **Castle of Torrechiara** (18 km from Parma) is one of the best preserved fortresses in the whole region. It was built between 1448 and 1460 by will of the nobleman Pier Maria Rossi, for his beloved lady Bianca Pellegrini. The whole complex is a fortified medieval hamlet dominated by the Castle, including a chapel and other small buildings where servants and other members of the court used to live.

The castle is surrounded by a triple wall and four corner towers joined by battlemented parapets. The towers and the main block feature beautiful frescoed halls dating back to different periods. However, the most striking decorated room of the castle is the Camera d'Oro (Golden Room), named after the pure gold that once trimmed the terracotta medallions set into the wall, whose fresco cycle dates to 1462. Do not miss the view of the Castle by night: simply amazing!



## Soragna

Situated between the river Po and the river Stirone, the perfectly preserved fortress or **Rocca of Soragna** (28 Kms north-west of Parma) is one of the most magnificent in the valley. The residence of the Meli Lupi family for centuries, it still has the features of a fine mansion from the 16th, 17th and 18th century. Almost bare in the exterior, the Rocca is instead richly decorated inside, with superb frescoes and Baroque furniture of the finest elegance. Particularly remarkable is the sumptuous Poets' Gallery, where ancient poets are represented with landscapes and mythological scenes.

From its panoramic position on a sheer outcrop of red jasper, the **Castle of Bardi** (60 kms south-west of Parma) imperiously looms over the village and the valley below. The Castle is an ex-

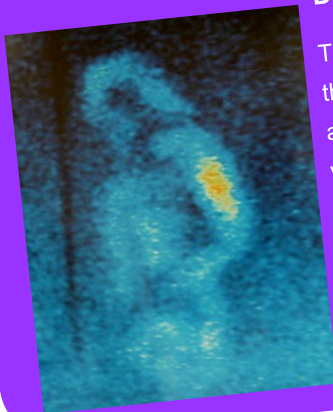
traordinary example of medieval siege architecture, with its sturdy curtain wall, embattled parapet-walks, guard towers, and castle keep. The Castle originally dates back to the 13th and 14th centuries, but it has undergone further modifications up to the present time. The residential section houses the "Museo della civiltà valligiana", a small museum displaying tools and items of local everyday use dating back to the 19th and early 20th centuries. Part of the Castle is also the Museum of Torture, featuring medieval instruments of torture and terrible prisons.

## Bardi



### Did you know?

The Castle is particularly famous for the legend of its ghost Moroello: the anguished soul of knight Moroello – who committed suicide for a tragic love story – is said to still haunt the castle. Night ghost tours of the Castle are available for guests!





## Fidenza

**Fidenza** (23 Km from Parma) is located along the Via Emilia between Parma and Piacenza and it is the second biggest city after Parma in the whole province. The town reveals its Roman origins in the area east of Piazza Garibaldi with the classical, rectangular outline of the ancient forum.

The medieval part of the town includes the **Cathedral** dedicated to San Donnino (Saint Dominus), a masterpiece of Romanesque art designed by Benedetto Antelami. Because of the veneration for the saint's holy relics, the Cathedral became a vital stopping place in the Middle Ages for pilgrims bound for Rome along the Via Francigena. Other noteworthy monuments and museums are the 14th-century Saint Dominus Gate (Porta San Donnino), the 19th-century Magnani Theatre, the 14th-century Town Hall and Church of Saint Michael, the Museum of fossils of the Stirone river and the Museum of the Italian Risorgimento Musini. And...if you like shopping, the Fidenza Outlet Village is just a few kilometres away!



## Salsomaggiore Terme

Located on the hills a few kilometres away from Fidenza and 32 Km from Parma, **Salsomaggiore Terme** is the third largest centre in the province of Parma. With its lively cultural life, it is famous as a spa town thanks to the underground water which has been used since ancient times for marketing salt and then for hydrotherapy. The baths palace **Terme Berzieri** (1913-23) is a superb example of Art Déco: the interior is richly decorated with marbles, murals, stucco rosettes on the ceiling and frescoes with environmental motifs. The monumental double staircase in the atrium leading to the upper floors immediately catches the visitors' eyes with its magnificence. The Terme Berzieri is still a famous wellness temple, a place where you can relax, enjoy specific spa treatments and the therapeutic properties of the town's natural mineral waters, the so-called "salso-bromo-iodic waters" - containing sodium chloride, bromide and iodide. Other noteworthy monuments and museums are the Warowland Gallery, the Town Hall, the Congress Centre, the Paleontological Museum and the Church of San Vitale.



## Cento Laghi Natural Park

If you love nature and mountain trekking, you cannot miss the **Cento Laghi Natural Park** (literally: "a hundred lakes"). Founded in 1995, the park lies in an area of about 12,600 hectares between Corniglio and Monchio delle Corti, in the province of Parma near the Apennines. The glaciers of the valleys crossed by the rivers Parma and Cedra have modelled the territory leaving evident traces such as glacial cirques and morainic drifts. Most lakes in the park were formed by glaciers. At the highest altitudes (from 1,500 to 1,800 meters) you can find rocky landscapes, moors, peat-bogs and glacial lakes. At lower heights you can wander through the woods with their many brooks, pastures and meadows. In the park, you can find rare and protected species of plants (such as the Primula of the Apennines) and animals (wolves, roe deers, wild boars, eagles and regal owls).

Visitors to the park can choose among several tracks and itineraries, which are ideal for walking, horse riding and cycling by mountain bike. You can either choose the itinerary of the

The list also includes plenty of other locations: the Rocca de' Rossi in San Secondo, the Birthplace of Giuseppe Verdi in Roncole Verdi – Busseto, the Rocca of Sala Baganza, the Castle of Compiano, the Magnani Rocca Art Gallery in Mamiano – Traversetolo... and many other treasures!

Just check out the tourist portal [www.turismo.comune.parma.it](http://www.turismo.comune.parma.it) and you will realize how rich Parma and its territory are.

lakes, through silent beech and fir-tree woods, or opt for a historical-cultural itinerary, to discover the ancient villages or "borghi" of the park area with their mansions, houses, towers and churches. The most impressive circuit, though, is the itinerary on the crest (on foot only): at a constant altitude of 1,700 meters – with a peak of 1,861 – you can admire the breathtaking view of the Gulf of La Spezia, the Apennines and the valley beneath.





# **Maps, contacts, links**

# Useful contacts

✓ **University of Parma (headquarters)**

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Certified e-mail address: protocollo@pec.unipr.it

✓ **Erasmus and International Home (EIH)**

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Phone number: +39 0521 904203  
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✓ **ER.GO. Office in Parma (information on tuition fees, scholarships, study grants)**

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✓ **University of Parma - UOS Contributi, Diritto allo Studio e Benessere Studentesco (Specialised Organization Unit on Fees, Right to Study and Students' Welfare)**

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✓ **URP - University of Parma Information Office**

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✓ **Parma Immigration Office**

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✓ **“Informastranieri” Office in Parma (information office for foreigners in Parma)**

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Phone Number +39 0521 273875  
informastranieri@comune.parma.it  
<http://stranieri.comune.parma.it>

✓ **“Informagiovani” Office in Parma (information office for young people in Parma)**

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Phone Number +39 0521 218749  
info@informagiovani.parma.it  
<http://informagiovani.parma.it/>

✓ **Tourist Offices in Parma**

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Phone Number +39 0521 218889  
turismo@comune.parma.it  
[www.turismo.comune.parma.it](http://www.turismo.comune.parma.it)

Strada Garibaldi, 18  
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Phone Number +39 0521 931800  
info@parmapoint.it  
[www.parmapoint.it](http://www.parmapoint.it)

## Useful links

*For information on the University of Parma*

⇒ **University of Parma website:** [www.unipr.it](http://www.unipr.it)

*For Universities in Italy, admission requirements, information on courses and enrolment procedures*

⇒ **Universitaly:** [www.universitaly.it](http://www.universitaly.it)

⇒ **MIUR - Italian Ministry of Education,  
Universities and Research:** <http://www.studiare-in-italia.it/studentistranieri/>

*For Tuition Fees, scholarships and grants*

⇒ **ER.GO. (Regional Authority for the right to Higher  
Education in Emilia Romagna):** [www.er-go.it](http://www.er-go.it)

*For entry visa requirements, residence permit and other documents for your stay in Italy*

⇒ **Italian Ministry for Foreign Affairs:** [www.esteri.it/mae/en/](http://www.esteri.it/mae/en/)  
<http://vistoperitalia.esteri.it/home.aspx>

⇒ **Italian Ministry for Internal Affairs:** [www.interno.gov.it](http://www.interno.gov.it)

⇒ **Polizia di Stato (Police) - for residence permit:** [www.poliziadistato.it](http://www.poliziadistato.it)

⇒ **Stranieri in Italia - (useful information for foreign people in Italy):** [www.stranieriinitalia.it](http://www.stranieriinitalia.it)

⇒ **Portale Immigrazione - (useful information for  
foreign people in Italy):** [www.portaleimmigrazione.it](http://www.portaleimmigrazione.it)





# Map of the University Locations

- 1** **Via Università, 12** - University Headquarters; URP- University Information Office; Department of Law
- 2** **Vicolo Grossardi, 4** - ER.GO. Office in Parma; ER.GO. "Grossardi" Self-service Canteen
- 3** **Strada D'Azeglio, 85** - Department of Classics, Modern Languages, Education, Philosophy; Department of Arts and literature, History and Social Studies; Student Registry Offices of the areas of: Economics; Political Sciences; Arts- and Humanities; ESN Office
- 4** **Via J.F. Kennedy, 6** - Department of Economics
- 5** **Via Gramsci, 14 - Via Volturno, 39** - Departments of: Clinical and Experimental Medicine; Biomedical, Biotechnological and Translational Sciences; Surgery; Faculty of Medicine and Surgery; Department of Neuroscience; Student Registry Offices of the area of Medicine and Surgery
- 6** **Via del Taglio, 10** - Department of Veterinary Science; Student Registry Offices of the area of Veterinary Medicine
- 7** **Vicolo dei Mulini, 5** - Le ELI-CHE - Services for special needs students, services for students with learning disability
- 8** **Via Cavour, 28** - Department of Arts and literature, History and Social Studies
- 9** **P. le San Francesco, 1 (Casa della Musica)** - Department of Classics, Modern Languages, Education, Philosophy  
**P. le San Francesco, 2** - UOS Contributi, Diritto allo Studio e Benessere Studentesco (Specialised Organization Unit on Fees, Right to Study and Students' Welfare)  
**P. le San Francesco, 3** - Erasmus and International Home
- 10** **Strada Del Prato, 3 - Borgo Carissimi, 10** - Department of Classics, Modern Languages, Education, Philosophy; Department of Arts and literature, History and Social Studies; Department of Neuroscience  
**Strada Del Prato, 4/1** - Student Registry Offices of the area of Law and Social Studies
- 11** **University Campus - Parco Area delle Scienze** - Departments of: Life Sciences; Chemistry; Civil, Environmental, Land Management Engineering and Architecture – DICATeA; Pharmacy; Physics and Earth Sciences "Macedonio Melloni"; Information Engineering; Industrial Engineering; Mathematics and Computer Science; Food Science; Department of Neuroscience; Student Registry Offices of the areas of: Food and Agriculture; Pharmacy; Engineering and Architecture; Mathematical, Physical and Natural Science
- 12** **Viale San Michele, 9** - Department of Classics, Modern Languages, Education, Philosophy
- 13** **P.le della Pace, 7/A** - Department of Arts and literature, History and Social Studies
- 14** **Abbazia di Valserena - via Viazza di Paradigna, 1** — CSAC - Study Centre and Communication Archive









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