The standard of living in Parma corresponds to that of most cities in Northern Italy. The prices listed below, although indicative, provide a preliminary indication.

- Average rent for studio flats: €300 - 550
- Average rent for two-roomed flats: €600 - 800
- Average rent for a single room in private flats: €200 - 350
- Average rent for a double room in private flats: €150 - 250
- Single room in a Youth Hostel: from €20,00 to €40,00
- Metropolitan bus ticket: €1,20 (validity: one hour)
- Weekly adult bus-pass (contains 8 one-hour tickets): €8,00
- Monthly adult bus-pass: €28,50
- Three-month bus-pass for students: €63,00
- One-week supermarket shopping: approx. €50,00
- Pizza + beverage + espresso / dessert: approx. €15
- Meal in a trattoria (typical Italian restaurant): from €25 - 30
- Breakfast in a café (cappuccino and croissant): approx. €2,20
- Meal at the University cafeteria: from €4,00 to €8,00 (full lunch)
- Lunch in a café (sandwich and beverage): approx. €6,00
- Disco-pub: approx. €10,00
- Cinema (premieres): €7,50 (discounts in midweek days) - With Student Card €4,00 from Monday to Friday (not on holidays).