





Moving to the groove: musical rhythm and the brain's motor system Jessica Grahn

Moving to music is an instinctive, often involuntary activity, experienced humans in all cultures. This talk will take a neuroscientific perspective on why humans may move to music, and how the brain's movement centres light up in response to music and rhythm, even when we aren't moving a muscle. We will how individuals vary in their ability to synchronize accurately to a musical beat, and the importance of considering the individual when exploring the exciting potential held by musical interventions for those with degenerative neurological diseases such as Parkinson's disease.

> March 31st, 2023 17:30-19:30 (GMT +1) **Click here** for link to talk (Microsoft Teams)