



**UNIVERSITÀ
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The Psychological Counseling Service at the University of Parma promotes the psychological and physical well-being of the student and staff population, including prevention and support actions.

Conferences, workshops, webinars are planned for students.

A training program for teaching and administrative staff is also provided, aimed at improving recognition of signs of distress.

**ALLIANCE FOR WELL-BEING
UNIPR Psychological Counseling Service staff
invite you to participate
in all the Webinars organized for you!**

Nourishing healthy relationships for the emotional well-being

May 22nd, 2025 from 4:00 pm to 6:00 pm CET

Dr. Arianna Gatti, psychologist and psychotherapist, University of Parma

**Prof. Rosana Stan, PhD Lecturer and Educational Psychologist, University of
Oradea**

As humans, we are social animals. Living better social relationships translates into increased individual well-being. The purpose of the webinar is to promote awareness of how human relationships are built and how to improve their quality.



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**You can register within 3 days before the event by filling out the form
or framing the q-code.**

<https://forms.office.com/e/swgKpCvZ92>

**ALLIANCE FOR WELL-BEING Webin
ars for psycho-physical well-
being at university**

