

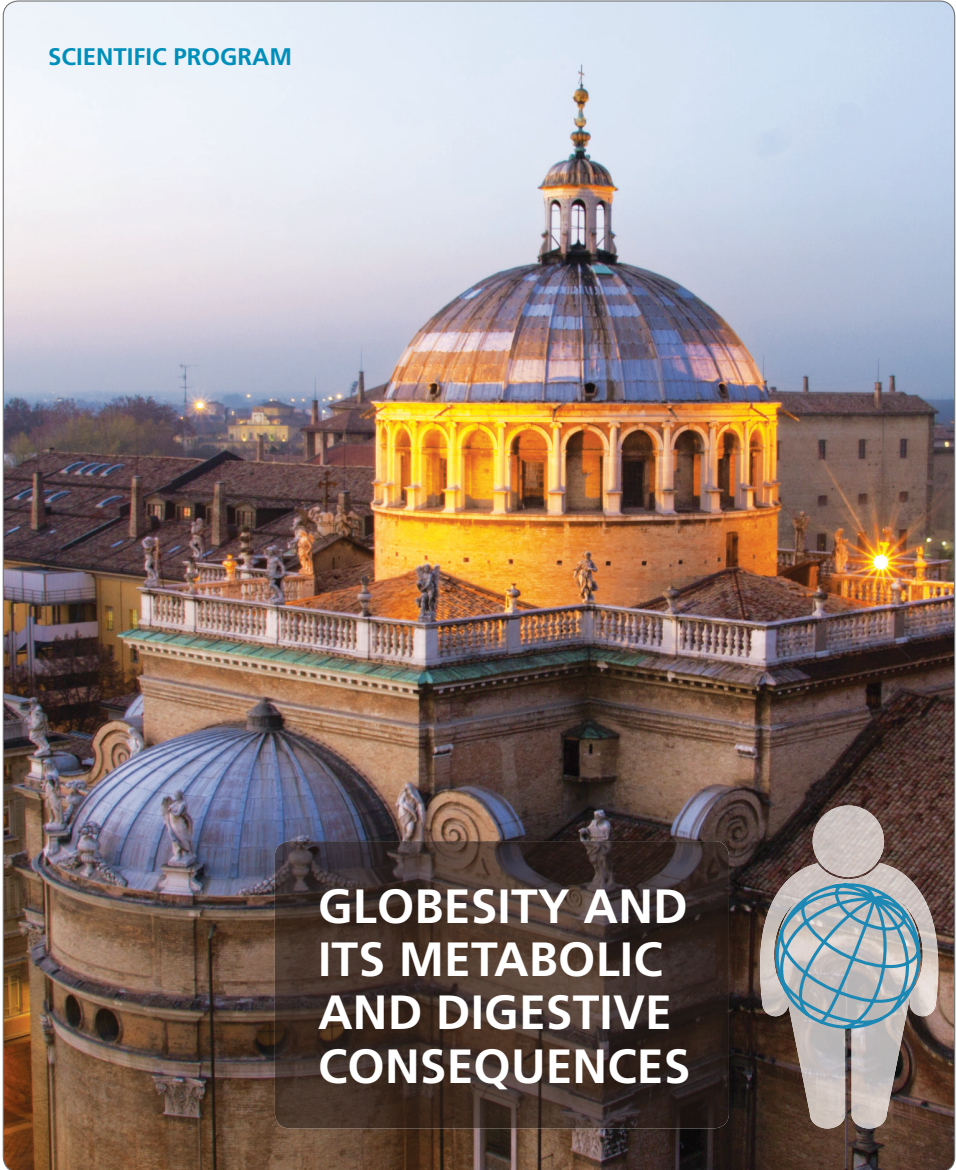


FONDAZIONE
INTERNAZIONALE
MENARINI

MENARINI FOUNDATION SYMPOSIUM N. 247
PARMA, April 10-12, 2014
CHAMBER OF COMMERCE OF THE PARMA COUNTY

1

SCIENTIFIC PROGRAM



**GLOBESITY AND
ITS METABOLIC
AND DIGESTIVE
CONSEQUENCES**



MENARINI FOUNDATION SYMPOSIUM N. 247

PRESIDENTS Carmelo Scarpignato, MD, DSc, PharmD – Claudio Borghi, MD, PhD

PRESIDENTS

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CME

The Symposium has been accredited for Health Professionals: Physicians (Cardiology, Endocrinology, Gastroenterology, Metabolic Diseases and Diabetology, Internal Medicine, Nefrology, Surgery, Nutritional Sciences, Primary Care), Biologists, Dietitians, Pharmacists, Nurses and given **8.5 CME credits** by Planning Congressi (CME Provider n. 38).

An effective presence to all meeting sessions as well as a correct answer to the at least 75% of the MCQs are needed to get the CME credits. No exception will be considered.



This event is accredited with SCOPE points
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CONGRESS VENUE

PARMA CHAMBER OF COMMERCE
Via Verdi, 2 – 43121 Parma (Italy)



The official language of the Congress is English and all the presentations will be delivered in English. A translation into and from Italian will be provided for the attendants.

FACULTY

Melinda A. Beck (*Chapel Hill, NC, USA*)

Anna Bertelé (*Parma, Italy*)

Lorenza Bicchieri (*Parma, Italy*)

Corrado Blandizzi (*Pisa, Italy*)

Daniel Blero (*Brussels, Belgium*)

Riccardo Bonadonna (*Parma, Italy*)

Claudio Borghi (*Bologna, Italy*)

Michele Carruba (*Milan, Italy*)

Manuel Castro Cabezas (*Rotterdam, NL*)

Gianpaolo Ceda (*Parma, Italy*)

Sandro Contini (*Parma, Italy*)

Elisabetta Dall'Aglio (*Parma, Italy*)

Chiara De Panfilis (*Parma, Italy*)

Nikhil V. Dhurandhar (*Baton Rouge, LA, USA*)

Anna Mae Diehl (*Durham, NC, USA*)

Francesco Di Mario (*Parma, Italy*)

Hashem B. El-Serag (*Houston, TX, USA*)

Sadaf Farooqi (*Cambridge, UK*)

Majid Hashemi (*London, UK*)

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Gavin Lambert (*Melbourne, Australia*)

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Fatima Perez de Heredia (*Liverpool, UK*)

Roberto Quintavalla (*Parma, Italy*)

Giorgio Ricci (*Ferrara, Italy*)

Michael G. Ross (*Los Angeles, CA, USA*)

Francesco Rossi (*Naples, Italy*)

Carmelo Scarpignato (*Parma, Italy*)

Bertha Schwartz (*Rehovot, Israel*)

Nicola Scopinaro (*Genoa, Italy*)

Stanley Ulijaszek (*Oxford, UK*)

Andrzej Wiecek (*Katowice, Poland*)

John P.H. Wilding (*Liverpool, UK*)

Ivana Zavaroni (*Parma, Italy*)

THURSDAY, April 10, 2014 – Morning

SIO – POST-GRADUATE COURSE

First part

HOW TO FACE OBESITY CHALLENGE: FROM BENCH TO BEDSIDE

Chairpersons: **Ivana Zavaroni** (Parma, Italy) – **Roberto Quintavalla** (Parma, Italy)

- 11:00** ■ Obesity: Pathophysiology and Clinical Picture
Michele Carruba (Milan, Italy)
- 11:30** ■ Obesity, Aging & Nutrition: the Challenge of Complexity
Enzo Nisoli (Milan, Italy)
- 12:00** *Questions & Answers*
- 12:30** ■ Management of Obesity:
Nutritional and Pharmacological Approach
Elisabetta Dall'Aglio (Parma, Italy)
- 12:50** *Questions & Answers*
- 13:00** *Light Buffet*
- 14:00** ■ Psychopathology Factors Affecting Obesity Treatment
Chiara De Panfilis (Parma, Italy)
- 14:20** ■ Management of Obesity: Behavioral Therapy
Lorenza Bicchieri (Parma, Italy)
- 14:40** *Questions & Answers*
- 15:00** ■ Endoscopic Treatment of Obesity:
Final Solution or Bridge to Bariatric Surgery?
Giorgio Ricci (Ferrara, Italy)
- 15:20** ■ Bariatric Surgery: Restrictive or Malabsorptive Procedures?
Marcello Lucchese (Florence, Italy)
- 15:40** *Questions & Answers*

THURSDAY, April 10, 2014 – Afternoon

OPENING CEREMONY

- 18:00** | Welcome Address
Regional Academic & Health Authorities
President of the MENARINI International Foundation
Symposium's Presidents
- 18:30** | **Opening Lecture** ■ Obesity: Antropological and Nutritional Perspectives
Stanley Ulijaszek (*Oxford, UK*)
- 19:15** | Welcome Cocktail

FRIDAY, April 11, 2014 – Morning

SESSION I: EPIDEMIOLOGY AND PATHOPHYSIOLOGY OF OBESITY

Chairpersons: Gianpaolo Ceda (Parma, Italy) – Lorenzo Iughetti (Modena, Italy)

- 09:00** | ■ Obesity and Cancer: Two Major Epidemics
Hashem B. El-Serag (*Houston, TX, USA*)
- 09:30** | ■ Developmental Programming of Hyperphagia and Obesity
Michael G. Ross (*Los Angeles, CA, USA*)
- 10:00** | ■ Obesity: Neurobiological and Endocrine Perspective
Sadaf Farooqi (*Cambridge, UK*)
- 10:30** | *Coffee Break*
- 11:00** | ■ Obesity and Its Associated Diseases: A Role for Microbes?
Nikhil V. Dhurandhar (*Baton Rouge, LA, USA*)
- 11:30** | ■ Adipose Tissue as an Endocrine Organ
Andrzej Wiecek (*Katowice, Poland*)
- 12:00** | ■ Impact of Obesity on the Immune System
Melinda A. Beck (*Chapel Hill, NC, USA*)
- 13:00** | *Working Lunch*

FRIDAY, April 11, 2014 – Afternoon

SESSION II: METABOLIC CONSEQUENCES OF OBESITY

Chairpersons: **Riccardo Bonadonna** (Parma, Italy) – **Francesco Rossi** (Naples, Italy)

- 15:00** | ■ Insulin Resistance and β -cell Dysfunction in Obesity and Diabetes: Effect of Bariatric Surgery
Geltrude Mingrone (Rome, Italy)
- 15:30** | ■ Sympathetic Nervous Activation in Obesity and the Metabolic Syndrome
Gavin Lambert (Melbourne, Australia)
- 16:00** | ■ Insulin Resistance: the Link Between Obesity and Cardiovascular Disease
Claudio Borghi (Bologna, Italy)
- 16:30** | Coffee Break
- 17:00** | ■ Endocrine Function in Obesity
Uberto Pagotto (Bologna, Italy)
- 17:30** | ■ Obesity and Lipid Disorders
Manuel Castro Cabezas (Rotterdam, The Netherlands)
- 18:00** | ■ Purine Metabolism in Overweight and Obese Patients
Naim M. Maalouf (Dallas, TX, USA)
- 18:30** | Panel Discussion

SATURDAY, April 12, 2014 – Morning

SESSION III: DIGESTIVE CONSEQUENCES OF OBESITY

Chairpersons: **Francesco Di Mario** (Parma, Italy) – **Richard H. Hunt** (Hamilton, ON, CA)

- 09:00** | ■ Obesity and GERD: A Dangerous Friendship
Carmelo Scarpignato (Parma, Italy)
- 09:30** | ■ Gastrointestinal Consequences of Obesity: Not Only GERD
Paul Moayyedi (Hamilton, ON, CA)
- 10:00** | ■ Hepatic Consequences of Obesity
Anna Mae Diehl (Durham, NC, USA)
- 10:30** | ■ Obesity and GI Cancer: What Is the Link?
Bertha Schwartz (Rehovot, Israel)
- 11:00** | Coffee Break

SESSION IV: MEDICAL AND SURGICAL MANAGEMENT OF OBESITY

Chairpersons: Corrado Blandizzi (Pisa, Italy) – Michele Carruba (Milan, Italy)

- 11:30** | ■ Diet, Physical Activity and Behavioral Therapy for the Management of Obesity
Fatima Perez de Heredia (Liverpool, UK)
- 12:00** | ■ Drugs for the Treatment of Obesity: What Is Left?
John P.H. Wilding (Liverpool, UK)
- 12:30** | ■ Endoluminal Treatment of Obesity
Daniel Blero (Brussels, Belgium)
- 13:00** | **Closing Lecture** ■ Bariatric Surgery: A Personal Perspective
Nicola Scopinaro (Genoa, Italy)
- 13:45** | *Closing Remarks*

SATURDAY, April 12, 2014 – Afternoon

SIO – POST-GRADUATE COURSE

Second part

HOW TO FACE OBESITY CHALLENGE: FROM BENCH TO BEDSIDE

Chairpersons: Nicola Scopinaro (Genoa, Italy) – Majid Hashemi (London, UK)

- 15:00** | ■ The Obese Patient with GERD: Antireflux Surgery or Bariatric Surgery?
Sandro Contini (Parma, Italy)
- 15:30** | *Discussion between experts and audience*
- 16:00** | ■ The Obese Pregnant Woman with Comorbidities: How to Cope with?
Anna Bertelé (Parma, Italy)
- 16:30** | *Discussion between experts and audience*
- 17:00** | ■ Emergency and Elective Abdominal Surgery in the Obese Patient: How to Afford It?
Federico Marchesi (Parma, Italy)
- 17:30** | *Discussion between experts and audience*

THURSDAY, April 10, 2014 – Afternoon

OPENING CEREMONY

Welcome Address

Gianpaolo Ceda, MD, PhD

*President, Faculty of Medicine & Surgery
University of Parma, Italy*

Pierantonio Muzzetto, MD

*President, Parma College of Physicians
Parma, Italy*

Antonio Mutti, MD, PhD

*Director, Department of Clinical & Experimental Medicine
University of Parma, Italy*

Alessandro Casini, MD

*President of the MENARINI International Foundation
Florence, Italy*

Carmelo Scarpignato, MD, DSc, PharmD

Co-President of the Symposium

Claudio Borghi, MD, PhD

Co-President of the Symposium

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for the Study of Obesity



European Association
for the Study of Obesity



The Italian Society
of Obesity



The Italian Society
of Internal Medicine



The Italian Society
of Pharmacology (SIF)



The Italian Society
of Endocrinology (SIE)



The Italian Society
of Gastroenterology (SIGE)